

**Before the Board of Supervisors in and for the
County of Monterey, State of California**

Resolution No.:

Adopt a resolution proclaiming the month of September 2022, as “National Suicide Prevention Month 2022

WHEREAS, September is National Suicide Prevention Month, a time in which individuals, organizations and communities around the country join their voices to amplify the message that suicide can be prevented; and

WHEREAS, Monterey County is committed to suicide prevention and is focusing efforts to reduce suicide related deaths which increased in our County by 18% between 2009 and 2019; and

WHEREAS, Monterey County Behavioral Health has established a suicide prevention coalition, MC HOPES, and developed a strategic plan with a long-term vision of zero suicides in Monterey County; and

WHEREAS, attitudes and perceptions about gender, aging, behavioral health challenges, and suicide have a significant impact on individual wellness and the willingness to reach out for support and services that can alleviate distress; and

WHEREAS, it is recognized that people of all ages benefit from common tenets of wellness, such as access to effective health and behavioral health care, social support, and a sense of meaning and purpose; and

WHEREAS, Access to equitable support that is responsive to the diverse cultural and linguistic needs of all of Monterey County’s residents is of paramount importance; and

WHEREAS, knowing the signs of suicide, finding the words to talk with someone that may be thinking of suicide, and reaching out to local resources are actions everyone can take to care for themselves and others; and

WHEREAS, the Monterey County Board of Supervisors desires to enhance public awareness of suicide prevention to create a community where everyone feels comfortable reaching out for the help that they deserve and encourages everyone in our community to find their role in suicide prevention.

NOW THEREFORE BE IT RESOLVED, by the Monterey County Board of Supervisors on behalf of the County and all its residents thereof, proclaims September 2022 as ‘SUICIDE PREVENTION MONTH’ and that the day of September 10th be declared ‘WORLD SUICIDE PREVENTION DAY’.