



Monterey County

Board Report

Legistar File Number: 22-808

Item No.

Board of Supervisors
Chambers
168 W. Alisal St., 1st Floor
Salinas, CA 93901

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Introduced: 8/23/2022

Current Status: Agenda Ready

Version: 1

Matter Type: General Agenda Item

a. Receive a presentation from the Monterey County Health Department, on the Employee Wellness Program's activities and impact.

RECOMMENDATION:

It is recommended that the Health, Housing, and Human Services Committee of the Board of Supervisors:

a. Receive a presentation from the Monterey County Health Department, on the Employee Wellness Program's activities and impact.

SUMMARY/DISCUSSION:

The Employee Wellness Program (EWP) will provide an PowerPoint presentation about the Program's activities and impacts in 2021 and 2022.

The EWP work aims to build healthy working environments, policies, and holistic programs that support and enhance employees' physical, psychological, financial, personal, and career well-being. The purpose of the Program is to build a healthy workforce by implementing the following wellness strategies and focus areas: (1) increase employees' knowledge about health, prevention, and management of chronic diseases, (2) encourage employees' involvement in their own health decisions, (3) encourage employees' adoption of healthy lifestyle habits, and (4) facilitate recommendations for organizational change that promote a safe and healthy work environment.

Employee Wellness Program Offerings:

- Wellness Committee
- Online Live Group Learning
- Virtual Well-Being Challenges
- Mandatory Online Courses: Lactation at Work
- Vaccine Clinics | Onsite Biometric Screenings
- Health Fairs
- Lending Library | Online Employee Book Club
- Schilling Fitness Center | Employee Gym Discounts
- Communication Channels:
 - New Employee Orientation
 - Website
 - E-mails
 - Monthly E-Newsletter | Monday Health Tips
 - Electronic & Printed Materials

The Employee Wellness Program collaborates with internal and external departments and organizations to maximize our impact and leverage a "whole person" perspective. The EWP coordinator recently presented at the Department Heads' meeting on May 25th the findings of the 2022 Countywide Employee Wellness Program and Employee Engagement Survey, in which we reached 2,979 employees. More than double the number of employees reached in 2021. While final 2022 participation data for all wellness activities is not available we expect participation data will also show an increase from last year. Below is the final participation data for 2021.

Participation & Impact in 2021

See Table in Attachment

This work supports the Monterey County Health Department 2018-2022 Strategic Plan Goals: 1. Empower the community to improve health; and 2. Enhance public health and safety through prevention. Additionally, this work supports one of the ten essential public health services, specifically: 3. Communicate effectively to inform and educate people about health, factors that influence it, and how to improve it.

OTHER AGENCY INVOLVEMENT:

EWP collaborates with all county departments.

FINANCING:

There is no effect to the County General Fund resulting from the receipt of this presentation.

BOARD OF SUPERVISORS STRATEGIC INITIATIVES:

Check the related Board of Supervisors Strategic Initiatives:

Economic Development:

- Through collaboration, strengthen economic development to ensure a diversified and healthy economy.

Administration:

- Promote an organization that practices efficient and effective resource management and is recognized for responsiveness, strong customer orientation, accountability and transparency.

Health & Human Services:

- Improve health and quality of life through County supported policies, programs, and services, promoting access to equitable opportunities for healthy choices and healthy environments in collaboration with communities.

Infrastructure:

- Plan and develop a sustainable, physical infrastructure that improves the quality of life for County residents and supports economic development results.

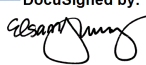
Public Safety:

- Create a safe environment for people to achieve their potential, leading businesses and communities to thrive and grow by reducing violent crimes as well as crimes in general.

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Approved by:

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Date 8/26/2022 | 1:53 PM PDT

Elsa Mendoza Jimenez, Director of Health, 755-4526

Attachment:

PowerPoint Presentation

Participation & Impact in 2021 Table