

Cesar Lara Bio

Cesar Lara was raised in Monterey County California; he's currently the executive director of the **Monterey Bay Central Labor Council**. The Labor council is the local body of the AFL-CIO. They serve as a coalition of the Labor Community in Monterey and Santa Cruz Counties. Over 80 unions are affiliated with the MBCLC, representing more than 37,000 union members and their families. The mission of the MBCLC is to improve the lives of workers, their families, and our community – to help bring economic justice to the workplace and social justice to the Monterey Bay Area.

Cesar Lara is all very active on several statewide and local boards, besides his role at the Labor Council; Cesar is also the Director of Policy and Programs for [MILPA Collective](#), MILPA is a community-based organization that is cultivating change-makers for the next seven generations by improving the health and well-being of the most impacted communities, by creating opportunities for cultural healing, intergenerational leadership, and empowerment through community-driven decision making for healthier communities

Cesar along with his role at the Labor Council and MILPA, He is also the former Secretary-Treasurer of Teamsters Local 890 and director of the Central Coast Citizenship Project in East Salinas California. Cesar was the State Director for the United Farm Workers Nonprofit La Union Del Pueblo Entero (LUPE) and a Congressional Aid to Congressmen Sam Farr. Cesar attended California State University, Chico to obtain his bachelor's in International Relations. The child of immigrant farm workers, immigrant rights and the needs of his community are a priority in his life.