Before the Board of Supervisors in and for the County of Monterey, State of California

Resolution No.:

Adopt a Resolution Proclaiming the Month of September 2023, as **National Suicide Prevention Month.**

WHEREAS, September is National Suicide Prevention Month where mental health advocates, prevention organizations, survivors, allies, and community members unite to promote suicide prevention awareness; and

WHEREAS, Suicidal thoughts, much like mental health conditions, can affect anyone regardless of age, gender, or background and are often the result of untreated mental health conditions; and

WHEREAS, Monterey County Behavioral Health has established a suicide prevention coalition, MC HOPES, and developed a strategic plan with a long-term vision of zero suicides in Monterey County; and

WHEREAS, Over the past year there was a one-hundred and thirteen percent increase in call volume to the 988 Suicide Crisis Line; and

WHEREAS, From 2019 to 2021, the suicide rate in Monterey County was one hundred four per one hundred thousand people, which makes our county the forty-second for the highest rate of suicide during this period; and

WHEREAS, Everyone in Monterey County can help prevent suicide and take steps to know the warning signs, find the words to reach out to someone you are concerned about, and reach out to local resources for help and support; and

WHEREAS, The Monterey County Board of Supervisors desires to enhance public awareness of suicide, which is a highly stigmatized topic, and spread hope and vital information to people affected by suicide.

NOW, THEREFORE BE IT RESOLVED, that the Monterey County Board of Supervisors, on behalf of the County and all residents thereof, hereby proclaim September 2023 as **National Suicide Prevention Month.**

PASSED AND ADOPTED this	day of	, 2023, by t	he following vote,
to wit:			
AYES:			
NOES:			
ABSENT:			
I, Valerie Ralph, Clerk of the Board of	f Supervisors of the	County of Monterey	, State of
California, hereby certify that the fore	going is a true copy	of an original order	of said Board of
Supervisors duly made and entered in	the minutes thereof	of Minute Book	for the meeting
on 2023.			

Valerie Ralph, Clerk of the Board of Supervisors County of Monterey, State of California.
By

Dated: