# Youth Tobacco Use in Monterey County

CHRISTABELLE OROPEZA, PUBLIC HEALTH PROGRAM MANAGER ELAINE NARCISO, HEALTH PROGRAM COORDINATOR/SUPERVISOR MAY 7, 2024



#### Today's Presentation





Youth and Young Adult Tobacco Use Public Health Efforts to Reduce Uptake



Gaps



Opportunities





NATIONAL, STATE AND LOCAL TOBACCO USE

#### National, 2022

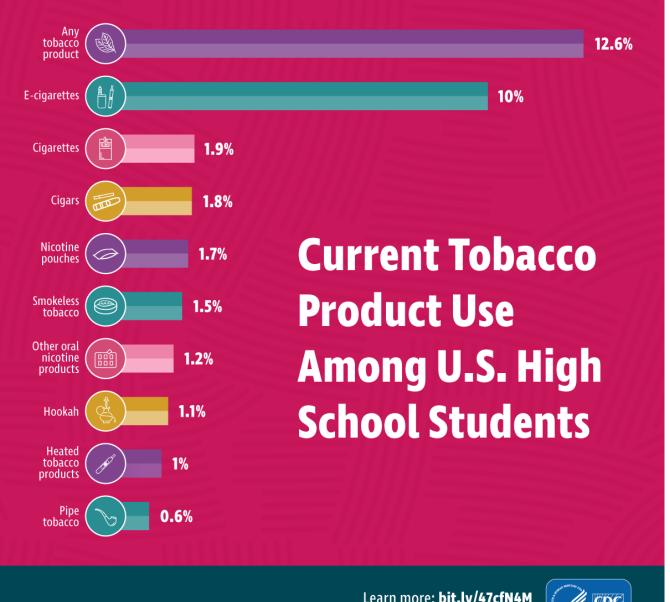
- Adults in U.S who use any tobacco product 14%. Percentage who smoke 11.6%.
- Adults aged 18–24 and 25–44 were more likely to be dual users of e-cigarettes and cigarettes compared with adults aged 45+.
- Increase in adult (18+) e-cigarette use from 4.5% (2021) to 4.9% (2022). The increases in e-cigarette use over the past two years have been driven by the 18- to 24-year-old age group.
- 65.5% of e-cigarette users in the 18-24 -year-old age group did not smoke e-cigarettes previously in 2022.



#### National, 2023









### California, 2022 & 2023



- Adult smoking rate 8.8%, 2<sup>nd</sup> lowest in the nation (2022), 9.7% (2023) 3<sup>rd</sup> lowest in the nation.
- 2<sup>nd</sup> highest number of new youth smokers per year. 2,850 (2022) and 2,650 (2023) new youth smokers per year.
- Current tobacco use rate among High School students 6.6% (2022).
   7.3% (2023).

### Monterey County, 2021

Health Factors			
Health Behaviors	Monterey County	California	United States
Adult Smoking	12%	9%	15%

In Monterey County, California, 12% of adults are current cigarette smokers.

**Definition:** Percentage of adults who are current smokers (age-adjusted).

Error margin: 10-15%

Years of data used: 2021



## Monterey County, 2017-2019

Current e-cigarette smoking/vaping:

> 7<sup>th</sup> Grade: 5%

> 9<sup>th</sup> Grade: 7%

> 11<sup>th</sup> Grade: 6%





#### Current Public Health Efforts to Reduce Tobacco Use Uptake



Tobacco Retail License, Flavors, E-cigarettes,

Smoke Free Housing



Education & Coalition Building





CHALLENGES AND GAPS

#### Challenges & Gaps

- Inconsistent Funding Streams
- Categorical Funding
- Program Gaps





Multidistrict Litigation (MDL)

JUUL Settlement

\$1,891,599.55

Prevention & Solutions to Address Vaping

**Annual Reports** 





OPPORTUNITIES

#### **Opportunities**



Evaluation

Education

Media & Arts

Subcontracts w/ CBO

Cessation Promotion Partnership

# Examples of Youth & Young Adult Prevention Options

- Some curriculum options: CATCH, Truth Initiative,
   Stanford REACH Lab
- Education campaigns for youth and parents
- Presentations, workshops and peer-led activities
- Social media
- Engaging local community-based organizations



# Examples of Youth & Young Adult Prevention Options











#### Youth Involvement

- Youth-led Campaigns
- Peer Education
- Creative Arts and Media
- Community Engagement
- Training & Leadership Development





# Example of Youth & Young Adult Vaping Cessation









SUPPORT FOR NEW OPPORTUNITIES

### Allocation Request

- Total Allocation of:
  - \$1,487,999 beginning FY 2024-25
- Annual allocation of:
  - FY 2024-25 for \$496,000,
  - FY 2025-26 for \$496,000, and
  - FY 2026-27 for \$495,999.



### Augmentation Request

Allocation Request	FY 24/25	FY 25/26	FY 26/27	Total
Evaluation	\$60,000	\$60,000	\$60,000	\$180,000
Educational components	\$160,000	\$160,000	\$159,999	\$479,999
Media & Arts	\$106,000	\$106,000	\$106,000	\$318,000
Engagement & subcontracts w/ CBO	\$120,000	\$120,000	\$120,000	\$360,000
Cessation promotion partnership	\$50,000	\$50,000	\$50,000	\$150,000
Total Request	\$496,000	\$496,000	\$495,999	\$1,487,999

#### Questions?

Christabelle Oropeza, Public Health Program Manager oropezacz@countyofmonterey.gov

> Elaine Narciso, Public Health Supervisor narcisoe@countyofmonterey.gov

