

*Before the Board of Supervisors in and for the
County of Monterey, State of California*

Resolution No.:

Adopt a resolution recognizing **The Birth Network of Monterey on Maternal Mental Health Awareness Week April 29th - May 5th, 2024** in Monterey County.

WHEREAS, in the United States, perinatal mood and anxiety disorders, also known as maternal mental health conditions, are the most common complication of childbirth, impacting one in five pregnant individuals; and

WHEREAS, **The Birth Network of Monterey** knows maternal mental health is essential to a family's overall health and well-being, and;

WHEREAS, untreated maternal mental health conditions affect the development of the fetus, resulting in an increased risk of physical and mental health conditions in the infant post birth, impacting child, family, and community health; and

WHEREAS, in Monterey County, it is estimated that more than sixteen % of individuals who gave birth between 2019 and 2021 experienced postpartum depressive symptoms, which negatively impacts vulnerable infants and families; and

WHEREAS, **The Birth Network of Monterey** focuses on the social determinants of health, including race, ethnicity, socioeconomic status, lack of social support, fear, and stigma, all influence the likelihood that a birthing person will experience a maternal mental health condition and whether they seek treatment; and

WHEREAS, **The Birth Network of Monterey** in determined to increase the momentum on awareness, reduce stigma, expand capacity and training for family serving agencies and providers on maternal mental health, and;

WHEREAS, **The Birth Network of Monterey County's** Mission is: "to protect the birth experience by providing parents and their families with education, resources, and advocacy; and

WHEREAS, **The Birth Network of Monterey County's** Vision is "We are dedicated to empowering birthing persons to honor and celebrate the birthing process. We envision a community where parents access resources to make informed choices for their birth and early parenting experiences."; and

NOW THEREFORE BE IT RESOLVED that the County of Monterey Board of Supervisors, on behalf of the County and all its citizens thereof, hereby recognizes **The Birth Network of Monterey County** during **Maternal Mental Health Awareness Week, April 29th - May 5th, 2024**.

PASSED AND ADOPTED this _____ day of _____, ____, by the following vote, to wit:

AYES:

NOES:

ABSENT:

I, Valerie Ralph, Clerk of the Board of Supervisors of the County of Monterey, State of California, hereby certify that the foregoing is a true copy of an original order of said Board of Supervisors duly made and entered in the minutes thereof of Minute Book _____ for the meeting on _____, 2024.

Dated:

Valerie Ralph, Clerk of the Board of Supervisors
County of Monterey, State of California.

By _____
Deputy