

*Before the Board of Supervisors in and for the
County of Monterey, State of California*

Resolution No.

**Adopt Resolution Honoring Dr. Valerie Bengal)
Upon Her Retirement from the County of Monterey)
After 32 Years of Public Service)
With Natividad Medical Center)**

WHEREAS, *Dr. Valerie Bengal* has been at Natividad Medical Center for 32 years, becoming an attending physician for the Natividad Residency Program in 1982 and as a family physician, has devoted her career to providing outstanding, thoughtful, compassionate and holistic care for thousands of patients in Monterey and Santa Cruz counties; and

WHEREAS, *Dr. Valerie Bengal* graduated from the prestigious Northwestern University School of Medicine, began her career in 1981 working as a National Merit Scholar in Soledad, providing care as a GP in a community health clinic as well as at Planned Parenthood, then completed her residency in Family Medicine at Natividad Medical Center in Salinas in 1986 and has dedicated her entire professional life to working in public service; and

WHEREAS, *Dr. Valerie Bengal* has provided care for many years in the Family Medicine Clinic at Natividad Medical Center and more recently, at the Natividad Medical Group and has treated generations of university students at the University of California, Santa Cruz at the student health clinic, and has provided over three decades of dedicated and respectful service to Monterey County, especially to the poor, the underserved and those who cannot advocate for themselves; and

WHEREAS, *Dr. Valerie Bengal* is a Diplomat of the American Board of Family Medicine and an Associate Clinical Professor through the Department of Family and Community Medicine at the University of California, San Francisco, and has greatly contributed to the quality and success of the Natividad Family Medicine Residency Program, training and mentoring hundreds of resident physicians and medical students and has been an outstanding and beloved teacher and role model and will long be remembered for her sympathy and understanding towards her patients and her wisdom, kindness and friendship; and

WHEREAS, *Dr. Valerie Bengal* has maintained a lifelong passion for environmental health, especially in striving to better the health for our County's agricultural workers; and

WHEREAS, *Dr. Valerie Bengal* herself lives a mindful and creative life, playing the viola for the Monterey and the Santa Cruz symphonies, growing an organic garden, sustaining a loving relationship with her fellow musician and partner Vladimir for many years and maintaining friendships with people all over the world; and

WHEREAS, *Dr. Valerie Bengal's* ethics and service are beyond reproach, and her leadership exemplifies the knowledge, the judgment and the integrity that the public justifiably expects

from physicians, and will continue to spend her life helping others through her commitment to international medicine, especially Central America, and will serve as a teacher through Capacitar, a world-wide program that helps empowers communities through energy based healing practices that helps awakens people to their own wisdom and strength; and

NOW, THEREFORE, BE IT RESOLVED, that the Board of Supervisors of the County of Monterey, on behalf of the County and all of its citizens hereof, hereby acknowledges, commends, and thanks *Dr. Valerie Bengal* for all of her contributions and dedication of service to Monterey County.

BE IT FURTHER RESOLVED that the Board hereby congratulates *Dr. Valerie Bengal* upon her retirement from Natividad Medical Center and wishes her success, good health, and happiness.

PASSED AND ADOPTED on the _____, upon motion of Supervisor _____, seconded by Supervisor _____ by the following vote, to-wit:

AYES:

NOES:

ABSENT:

I, Gail T. Borkowski, Clerk of the Board of Supervisors of the County of Monterey, State of California, Thereby certify that the foregoing is a true copy of an original order of said Board of Supervisors duly made and entered in the minutes thereof of Minute Book _____ for the meeting _____.

Dated:

Supervisors,

Gail T. Borkowski Clerk of the Board of
County of Monterey, State of California

By _____
Deputy

