

## Attachment A:

### Summary of current programming and services provided by the Monterey County Behavioral Health Bureau that mirrors the AOT Program under Laura's Law

- **Full-Service Partnership (FSP) programs:** FSPs are funded thru the Mental Health Services Act (MHSA). They are designed to do “whatever it takes” to assist people with severe, long term mental illness. These programs are structured to much like that of the required AOT program and are demonstrating excellent outcomes for their participants.
- **Specialized Collaborative Courts:** Monterey County Superior Court oversees the treatment courts for those whose offense has been attributed to their illness. These therapeutic justice courts include: Mental Health Treatment Court, Drug Treatment Court, DUI Treatment Court, Veterans Treatment Court and Military Diversion. Additionally, there are Mental Health Diversion (PC100.36), Restoration to Competency (PC1370.01) and AB109 (post release community supervision and high-risk felony probation) services. Each of these specialized programs has proven outcomes of reducing recidivism and improving behavior among individuals.
- **Reaching Recovery:** A recovery focused level of care approach with efficacy in treatment of individuals with severe mental illness in addressing their mental health needs. The underpinnings of this effort are a strength-based and wellness-oriented approach to partnering with the people we serve. The Reaching Recovery program is well-integrated in the Adult System of Care (ASOC) and provides services in the office and in the community including outreach, engagement, case management, family education, support and therapy for the most challenging diverse adult clients experiencing mental illness. The goals are to support individuals in their recovery efforts by providing the appropriate level of services and empower families / caretakers to continue providing care in the community.
- **Assertive Community Treatment (ACT):** In addition to Reaching Recovery, which has an ACT level of care (level 1 of the 5 levels), MCBHB has also established an additional stand-alone ACT program focused on engagement and treatment of individuals of Latino background in Salinas, Soledad, and King City regions to better meet the needs of this population. The ACT service programs focus on providing individuals with the tools and personal support needed to embrace recovery and self-sufficiency in the community, providing access to mental health and medical care, housing, employment or volunteer activities along with intensive case management and medication support services.
- **Conservatorship:** MCBHB works collaboratively with the Public Guardian's (PG) Office. When an individual's mental illness creates such a grave disability that they are unable to provide for their own care, a conservatorship can be established based on specific criteria. In collaboration with the Public Guardian, MCBHB evaluates individuals for conservatorship, which under current law, allows the Public Guardian to assume legal responsibility for an individual's finances, mental health treatment and placement needs.
- **Crisis Residential Treatment:** The Crisis Residential Treatment programs are staffed 24/7 and

function as a diversion or step-down option for individuals experiencing a mental health crisis that may otherwise seek treatment services in an emergency department or psychiatric inpatient unit. While individuals may be hospitalized after evaluation, services at the crisis residential treatment programs are geared toward recovery and return to the community in a supported restricted setting.

- **Urgent crisis intervention** is available in all outpatient settings and available 24/7 through the MCBHB crisis team, co-located at Natividad Hospital. The crisis team provides screening and assessment services to individuals who come to the emergency room at Natividad for voluntary or involuntary evaluation for inpatient treatment. Services include crisis assessment, crisis intervention, advocacy, case management and discharge planning to maintain individuals safely in the community. This may also include admission for inpatient psychiatric treatment.
- **Mobile Response Team (MRT) for children and youth (up to age 21):** The MRT provides crisis intervention services to children, youth and families in the field including homes, businesses, school campuses and community settings countywide. The response team includes mental health professionals and family partners.
- **Mobile Crisis Team (MCT):** The MCT is anticipated to restart by July 1, 2021. The staff in this program were temporarily reassigned due to COVID-19 health pandemic. This team provides crisis intervention services and support to individuals and families in psychiatric distress throughout the county. They work closely with law enforcement and community based treatment providers. Clinical staff provide safety assessments, consultation, brief crisis intervention, referrals, and linkage to needed services.
- **Homeless Services:** The intensive case management and outreach program is a Full-Service Partnership (FSP) program that provides mental health and shelter services to adults who are experiencing severe mental illness and homelessness. The program collaborates with other programs that offer other long-term housing options through transitional housing programs that support recovery with an aim on permanent housing. Additionally, programs offering transitional and permanent housing and support are part of our continuum of care.