

*Before the Board of Supervisors in and for the
County of Monterey, State of California*

Resolution No

Adopt Resolution proclaiming November as **National Family Caregiver Month in the County of Monterey**

WHEREAS, November is recognized as **National Family Caregiver Month**, a time for the County of Monterey and beyond to acknowledge the enormous contributions of informal caregivers (family and friends) to one another and our communities; and

WHEREAS, the national theme this year is “Caregiving Around the Clock”; and

WHEREAS, over 5 million Californians provide informal care for a family member or friend with a long-term illness or disability; and

WHEREAS, informal family caregivers experience considerable stress, physical and emotional burdens, and financial strain from their caregiving responsibilities; and

WHEREAS, women, particularly Black, Indigenous, Latino, and Asian-American women, are providing a disproportionately large share of this care – often while simultaneously caring for children; and

WHEREAS, this constitutes about 4 billion hours of unpaid time, valued at \$63 billion, each year. From taking a loved one to the doctor’s office, to managing medications, to the total care of a loved one, research suggests that caregiver’s personal health and overall well-being can be greatly affected by the physical and emotional strain of caregiving, but many caregivers are reluctant to ask for help; and

WHEREAS, all caregivers need information, education, support, respite, and flexible, reduced or alternative work arrangements to better manage their caregiving responsibilities; and

WHEREAS, the services and support provided by community organizations and county government to Monterey County caregivers is vital to maintaining and strengthening families and preserving the dignity of all Monterey County residents who are elderly, blind, disabled, or ill; and

WHEREAS, **National Family Caregivers Month** is celebrated each November, as a time to recognize and honor family caregivers across the country, as we pause to reflect on their value and that of other caregivers, we are especially grateful for the care they provide to our families, friends, and community; and

WHEREAS, Monterey County celebrates the contributions that all caregivers, paid or unpaid, make in our community.

NOW, THEREFORE, BE IT RESOLVED that the Monterey County Board of Supervisors, on behalf of the County and all residents thereof, do hereby proclaim **November 2022 National Family Caregiver Month**.

BE IT FURTHER RESOLVED that the Monterey County Board of Supervisors encourages all residents to recognize and support the contributions of all caregivers who give their time, patience, care and support to their families, friends and the entire community.

PASSED AND ADOPTED on this ___ day of ____ 2022, upon motion of Supervisor _____, seconded by Supervisor _____ by the following vote, to-wit:

AYES:

NOES:

ABSENT:

I, Valeria Ralph, Clerk of the Board of Supervisors of the County of Monterey, State of California, hereby certify that the foregoing is a true copy of an original order of said Board of Supervisors duly made and entered in the minutes thereof of Minute Book_____ for the meeting on _____.

Dated:

Valeria Ralph, Clerk of the Board of Supervisors
County of Monterey, State of California

By _____
Deputy