

**Before the Board of Supervisors in and for the
County of Monterey, State of California**

Resolution No.:

Resolution proclaiming **May 2021**)
as **Mental Health Matters Month**)
in Monterey County.)

WHEREAS, Half of the population will experience some type of mental health challenge over the course of a lifetime; and

WHEREAS, Mental health challenges are one of the most common health conditions in California, affecting one out of six adults and impactingⁱ both the person experiencing mental health challenges and those persons who care and love the person facing the challenge; and

WHEREAS, One out of every twenty-four Californian's with a serious mental illness have difficulty functioning in everyday life and if left untreated, have life expectancies twenty-five years shorter than the general population;ⁱⁱ and

WHEREAS, Every day, millions of people face stigma related to mental health and may feel isolated and alone, going years before receiving any help; and

WHEREAS, Recovery can and does happen, and all Monterey County residents should know that support and help is available regardless of any individual's situation; and

WHEREAS, Creating a community where everyone feels comfortable reaching out for the support they deserve is crucial to ending the stigma around mental health; and

WHEREAS, Access to equitable support that is responsive to the diverse cultural and linguistic needs of all of Monterey County's residents is of paramount importance; and

WHEREAS, The Monterey County Board of Supervisors wishes to enhance public awareness of mental health and encourages everyone to do their part in raising awareness that recovery from mental health conditions is possible and that united together we can hope for change.

NOW THEREFORE BE IT RESOLVED that the Monterey County Board of Supervisors, on behalf of the County and all its residents thereof, hereby proclaims **May 2021** as **Mental Health Matters Month**.

PASSED AND ADOPTED on this ____ day of _____ 2021, upon motion of Supervisor _____, seconded by Supervisor _____, by the following vote, to wit:

AYES:

NOES:

ABSENT:

ABSTAIN:

I, Valerie Ralph, Clerk of the Board of Supervisors of the County of Monterey, State of California, hereby certify that the foregoing is a true copy of an original order of said Board of Supervisors duly made and entered in the minutes thereof of Minute Book _____, on _____, 2021.

Dated:

Valerie Ralph, Clerk of the Board of Supervisors,
County of Monterey, State of California

By _____
, Deputy
