



## Monterey County Board of Supervisors

### Board Order

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[www.co.monterey.ca.us](http://www.co.monterey.ca.us)

A motion was made by Supervisor Chris Lopez, seconded by Supervisor Luis A. Alejo to:

**Agreement No.: A-16729**

- a. Approve and authorize the Director of Health Services or designee to execute a Standard Agreement with LifeSpeak, Inc., to provide on-demand digital solutions available with short, engaging classes and programs addressing mental health, fitness, and nutrition, accessible through iOS, Android, Windows devices, and web browsers to County of Monterey eligible employees effective upon execution through June 30, 2026, for a total Agreement amount not to exceed \$274,104; and
- b. Approve and authorize the Director of Health Services or designee to sign up to three amendments where the combined amendments do not exceed 10% (\$27,410) of the original contract amount and does not significantly change the scope, and total not exceed maximum of \$301,514.

PASSED AND ADOPTED on this 27<sup>th</sup> day of February 2024, by roll call vote:

AYES: Supervisors Alejo, Church, Lopez and Askew

NOES: None

ABSENT: Supervisor Adams

I, Valerie Ralph, Clerk of the Board of Supervisors of the County of Monterey, State of California, hereby certify that the foregoing is a true copy of an original order of said Board of Supervisors duly made and entered in the minutes thereof of Minute Book 82 for the meeting February 27, 2024.

Dated: March 1, 2024

File ID: A 24-035

Agenda Item No.: 37

Valerie Ralph, Clerk of the Board of Supervisors  
County of Monterey, State of California

Vicente Ramirez, Deputy