



MONTEREY COUNTY

BEHAVIORAL HEALTH COMMISSION

1270 Natividad Road, Salinas, CA 93906
(831) 755-4509

November 1, 2022

Monterey County Board of Supervisors

Supervisor Chris Lopez

168 W Alisal, 3rd Floor

Salinas, CA 93901

district3@co.monterey.ca.us

SUBJECT: RECOMMENDATION OF APPOINTMENT OF CLAUDIA GOMEZ

Dear Supervisor Lopez,

On behalf of the Monterey County Behavioral Health Commission, we would like to recommend the appointment of Claudia Gomez to the Commission. Ms. Gomez has demonstrated both personal and professional experiences in a variety of mental and behavioral health issues. Ms. Gomez also has awareness with not only the English and Spanish speaking populations, but indigenous populations as well. This, in addition with her work with Door to Hope as a parent educator, would be beneficial to the Behavioral Health Commission. We believe that Ms. Gomez would bring good perspective and insight into the Commission's topics of discussion.

Thank you,

DocuSigned by:

Cathy Gutierrez

11/2/2022 | 3:40 PM CDT

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Dr. Cathy Gutierrez, LCSW, PsyD

Chairperson, Monterey County Behavioral Health Commission

DocuSigned by:

Katryn Eckert

11/2/2022 | 10:11 AM PDT

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Katy Eckert

Monterey County Behavioral Health Bureau Chief



Submitted application for BEHAVIORAL HEALTH COMMISISON

Email *

cgomez@doortohope.org

This Form and its contents may be subject to the California Public Records Act, and as such may therefore be subject to public disclosure unless otherwise exempt under the act.

First Name *

Claudia

MI

Last Name *

Gomez

Address 1 *

City *

State *

CA

Postal Code *

Some boards and commissions require membership to be racially, politically or geographically proportionate to the general public. The following information helps track our recruitment and diversity efforts.

Ethnicity

Hispanic/Latino

Gender

Female

What district do you live in? *

District 3

Primary Phone *

Alternate Phone *

Please identify how you prefer to be contacted.

Email

Are you currently serving on a County of Monterey Board, Commission, Committee or other Community Advisory Group? *

No

Interests & Experiences

Please tell us about yourself and why you want serve

Hello, my interest in serving on this commission is both personal and professional. I am a parent educator and child development specialist at Door To Hope and over the past 15 years I have directly worked with countless families in dire need of behavioral health services. I have seen first hand the many challenges and barriers our diverse communities face and I have worked tirelessly to help them recognize their own strengths and share with them the tools needed to break down those barriers to access the resources needed to support the well-being of their families. Now as the Director of Family Services at Door To Hope I am not only seeing our systems from the families' point of view, I am now learning about how systems like behavioral health work and how as leaders we have the ability and responsibility to make sure systems are actually designed with the community's best interest front and center. Because of these experiences I am now not only aware of the gaps and barriers in behavioral health services, but also understand why these exist and how we can work in collaboration to address them. My interest is also a personal one. I come from a family where mental and behavioral health challenges are prevalent. My younger brother of 33 years, along with several aunts, cousins and uncles on both sides of my family, suffer from both mental health and substance use disorders. They have all needed and accessed both public and private mental and SUD services, all with their pros and cons. My brother is currently participating in an Interim program that is helping him learn positive coping and life skills to help him stay clean, healthy and balanced. After countless rehab, therapy, psychiatry, hospital holds, and other services we hope he will finally be able to stay on track to live a fulfilled life.

Please state the reason you would like to be a member of this board committee/commission/district.

I would like to be a member of this commission because I feel like I have a wide perspective on this topic and can use this perspective to inform those that manage behavioral health services in Monterey County. I want to use my personal and professional experience to enhance the lives of the Monterey county families as well as the countless individuals like my brother, uncles, cousins, and aunts who suffer in silence because it is sometimes to difficult and complicated to access the help they need.

Have you served on an advisory group before?

No

How did you hear about the position?

First 5 grants manager Oscar Flores

Monterey County Policy - states that Commissioners are required to attend meetings on a regular basis. If appointed, will you be able to attend meetings regularly and devote the time necessary to fulfill your duties as a member *

Yes

Background Information

Upload a resume with the names, addresses, and dates of employers for the last five (5) years.

[View Resume \(/BCAndCAApply/Files/451e9b46-ac75-408f-9aa0-605705c91b13.resume.pdf\)](#)

Employer

Door To Hope

Job Title

Director of Family Services

Occupation

Administrator - Oversee F5 Collaborative and other family services programs

Employer Address

60 West Market Street Suite 140, Salinas CA 93901

Information Regarding Conflict of Interest and Filing of Statements of Economic Interests (Form 700)

State and local law requires that you abstain from participation in decisions that may affect your financial interest, including sources of income and interest in real property or investments. In addition, if appointed you may be required to fill out a disclosure statement that identifies certain of your financial interest beginning with the immediate 12 months period prior to your appointment.

In accordance with Government Code Sections 87313 and the County of Monterey's Conflict of Interest Code, this Board/commission/Committee/District, you may be required to file statements disclosing certain types of information so that the public can be made aware of potential conflicts of interest. The types of disclosures are:

- Investments
- Interests in Real Property Held by a Business Entity or Trust
- Investments Held by a Business Entity or Trust Income (other than loans and gifts)
- Income – Travel Payments, Advances, Reimbursements
- Income gifts
- Business Positions

- Commission Income Received by Brokers, Agents, and Salespersons
- Income and Loans to a Business Entity or Trust Income from Rental Property

If you have any questions regarding disclosure requirements, please contact the Clerk of the Board's office at 831-755-5066.

Please identify any specialized accommodations needed for equal participation:

N/A

I DECLARE, UNDER PENALTY OF DISQUALIFICATION AND TERMINATION, THAT ALL STATEMENTS IN THIS APPLICATION ARE TRUE AND COMPLETE TO THE BEST OF MY KNOWLEDGE.

Enter Your Initials *

cbg