



County of Monterey

BOARD OF SUPERVISORS RESOLUTION

Resolution No.: 24-193

Adopt a resolution designating July as *Parks and Recreation*)
Month in County of Monterey.....)

WHEREAS, Parks and recreation are an integral and fundamental component to the well-being of communities throughout the country, including in the County of Monterey;

WHEREAS, Parks encourage physical activities by providing space for popular sports, hiking trails, and many other recreational venues that promote active lifestyles;

WHEREAS, Parks allow area residents to escape to unique outdoor settings, where they can commune with nature and slow down and de-stress from the rigors of modern life, which positively impacts mental health by increasing cognitive performance and well-being as well as alleviating illnesses, such as depression, attention-deficit disorders, and Alzheimer's;

WHEREAS, Parks help preserve the natural environment and ecology essential to the viability of area plants and wildlife;

WHEREAS, Parks are attributed with improving a community's economic prosperity through increased tourism, improved property values, expansion of the local tax base, attraction and retention of businesses, and crime reduction;

WHEREAS, in 2009, the United States House of Representatives designated July as *Parks and Recreation Month*, and the National Recreation and Park Association proclaimed July 21, 2024, as Park and Recreation Professionals Day; and

WHEREAS the County of Monterey recognizes the great benefits derived from our County Parks and Lakes and recreation resources and extends its thanks to our County Parks and Lakes Professionals who work daily to maintain and preserve these valuable resources.

NOW, THEREFORE BE IT RESOLVED THAT, the County of Monterey Board of Supervisors do hereby proclaim the month of July 2024, as *Parks and Recreation Month* in the County of Monterey and encourages all its residents to visit and acquaint themselves with our wonderful County Parks and Lakes and reap the benefits that they contribute to our health and quality of life.

PASSED AND ADOPTED on this 25th day of June 2024

Chair Supervisor Glenn Church

Vice Chair Supervisor Chris Lopez

Supervisor Wendy Root Askew

Supervisor Luis Alejo

Supervisor Mary L. Adams

