



# County of Monterey

## BOARD OF SUPERVISORS RESOLUTION

Resolution No.: 25-134

Adopt a resolution recognizing the **National Alliance on Mental Illness (NAMI) Monterey County** during **Mental Health Awareness Month 2025**..... )

**WHEREAS**, May is recognized nationally as **Mental Health Awareness Month**, a time dedicated to raising awareness and understanding of mental health issues affecting individuals and communities; and

**WHEREAS**, the **National Alliance on Mental Illness (NAMI)** is the nation's largest grassroots mental health organization, dedicated to building better lives for millions of Americans affected by mental illness; and

**WHEREAS**, **NAMI Monterey County** has worked tirelessly to educate the public, support individuals living with mental health conditions, and provide critical resources to families and communities throughout the region; and

**WHEREAS**, **NAMI Monterey County** has empowered countless individuals with knowledge, tools and hope for recovery and resilience through programs such as Family-to-Family, Peer-to-Peer, Ending the Silence, and support groups; and

**WHEREAS**, **NAMI Monterey County** advocates for increased access to mental health services, supports decriminalization of mental illness and partners with local agencies, schools, and service providers to promote early intervention and holistic care; and

**NOW, THEREFORE BE IT RESOLVED**, that the County of Monterey Board of Supervisors on behalf of all the County and its residents, thereof, hereby recognize and commend **NAMI Monterey County** for its unwavering commitment to mental health advocacy and support during **Mental Health Awareness Month 2025** and encourage all residents to participate in activities and programs that promote mental well-being and reduce the stigma associated with mental illness.

**PASSED AND ADOPTED** on this 6<sup>th</sup> day of May 2025

Chair Supervisor Chris Lopez

Vice Chair Supervisor Wendy Root Askew

Supervisor Glenn Church

Supervisor Luis A. Alejo

Supervisor Kate Daniels

