



County of Monterey

BOARD OF SUPERVISORS RESOLUTION

Resolution No.: 25-204

Adopt a resolution recognizing the accomplishments of **Young Adults with Epilepsy (YAWE)** and proclaiming **September 7–13, 2025**, as **Young Adult Epilepsy Awareness Week** in the County of Monterey...

WHEREAS, epilepsy is a neurological condition that affects 1 in 26 people in their lifetime, with young adults facing distinct challenges during their transition to independence; and

WHEREAS, young adults living with epilepsy may experience seizures, medication side effects, and social stigma that significantly impact their mental health, education, employment, and quality of life; and

WHEREAS, **Young Adults with Epilepsy (YAWE)** was founded in Monterey County to address an unmet need for support, advocacy, and community among young people living with epilepsy; and

WHEREAS, **YAWE** provides vital services—including peer support, mental health resources, creative educational content, and workshops—that foster independence, confidence, and a sense of belonging among young adults navigating life with epilepsy; and

WHEREAS, **YAWE's** programs promote empowerment for individuals and families, address health equity gaps, and cultivate resilience within a population often overlooked in traditional healthcare and support systems; and

WHEREAS, **YAWE** through community events such as the Walk 4 Epilepsy Monterey, Tee Off for Epilepsy Golf Tournament, Mental Health & Epilepsy Symposium, and the Tides of Hope Gala, has educated hundreds of families, providers, and policymakers on the complex realities faced by young adults with epilepsy; and

WHEREAS, **Young Adult Epilepsy Awareness Week** offers a dedicated opportunity to raise awareness, foster support, and celebrate the strength and perseverance of young adults living with epilepsy—culminating in the Walk 4 Epilepsy event on September 13 at the Monterey YMCA

NOW, THEREFORE BE IT RESOLVED, that the County of Monterey Board of Supervisors on behalf of all the County and its residents, thereof, hereby recognizes the accomplishments and continued impact of **Young Adults with Epilepsy (YAWE)**, and proclaims **September 7–13, 2025**, as **Young Adult Epilepsy Awareness Week** in Monterey County.

PASSED AND ADOPTED on this 1st day of July 2025

Chair Supervisor Chris Lopez

Vice Chair Supervisor Wendy Root Askew

Supervisor Glenn Church

Supervisor Luis A. Alejo

Supervisor Kate Daniels

