Before the Board of Supervisors in and for the

County of Monterey, State of California

Resolution No

Adopt Resolution proclaiming April as
Cesarean Awareness Month
in Monterey County

WHEREAS, women who undergo cesarean surgery may have a long recovery time, and are subject to complications such as increased rates of unexplained stillbirth, placental abnormalities, and uterine rupture; and

WHEREAS, while a cesarean can be lifesaving for a mother and her baby in certain circumstances, maternal and child health are improved by preventing unnecessary cesareans; and

WHEREAS, the Labor and Delivery team at Natividad Medical Center lead by example in providing women access to full and complete information on the risks and benefits of vaginal birth and cesarean section so expecting mothers can make informed choices about their health care; and

WHEREAS, while April is **Cesarean Awareness Month** - the topic should be one that is routinely and thoroughly covered in birth education classes and communicated by health care professionals, so parents can be prepared and informed to avoid giving birth by cesarean when there is not a medical need; and

WHEREAS, it is imperative that there be greater awareness of this health issue, and more must be done to increase activity at the local, State and National levels;

NOW, THEREFORE BE IT RESOLVED that the Monterey County Board of Supervisors, on behalf of the County and all residents thereof, proclaim April 2022 **Cesarian Awareness Month in Monterey County** and urges all residents to learn more about cesarian births.

PASSED AND ADOPTED on this __ day of ____ 2022, upon motion of Supervisor _____, seconded by Supervisor _____ by the following vote, to-wit:

AYES:

NOES:

ABSENT:

I, Valeria Ralph, Clerk of the Board of Supervisors of the County of Monterey, State of California, hereby certify that the foregoing is a true copy of an original order of said Board of Supervisors duly made and entered in the minutes thereof of Minute Book_____ for the meeting on _____.

Dated: Valeria Ralph, Clerk of the Board of Supervisors
                                              County of Monterey, State of California
                                              By _____
                                                              Deputy