

# Relindis Lorie Diaz

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## Objective

**First 5 Board Commissioner**

## Experience

1997 to Present (retiring in December)

**Early Intervention Supervisor for Monterey County Behavioral Health - IFECMH Endorsed**

**Early Intervention Mental Health Therapist for Monterey County Behavioral Health - IFECMH Endorsed**

**Program Manager and Clinical Supervisor for Kinship Center Adoption and Early Intervention Programs, ACT Trainer, Curriculum Development and Parent Educator For Kinship Center**

**CSUMB Educator Psycho-Biology and Clinical Psychology**

**CSUF, Educator, Graduate Counseling Program**

**FamiliesFirst, Inc. Supervisor, Clinician, Mentor, Trainer**

**Hospice Preferred Choice, Educator, Bereavement Coordinator**

**Workshop Facilitator: First 5 Monterey County, ATTACH, Family Strengths Training Institute, CCSLO, California Advocates for Children and Youth, Families First Inc., Fresno County Headstart, New Horizons**

**Reflective Practice Facilitator, Monterey County Children's Council**

2/2016 to Present

### **Early Intervention Supervisor**

- Supervised up to 17 staff providing therapy and adjunct services to children 0-8 and their families in both Reflective Practice and Administrative Management.
- Coached existing staff and trained newer staff around County policies related to changes in administrative/audit responsibilities, use of County time and County facilities, expectations to increase services in underserved areas and strategies to engage families in underserved areas.
- Coached existing staff and trained newer staff around MediCal acceptable documentation and took responsibility for underestimating the needs for coaching in a very seasoned clinician, leading to a change in process so that very seasoned clinicians get the same oversight as newer clinicians.
- Engaged staff in strategies to demonstrate medical necessity for children 0-5 that would be understood by MediCal auditors unfamiliar with Infant/Young Child Mental Health.
- Helped staff who had become accustomed to taking a "maverick" approach to the work return to a consultation model and practices aligned with best practice and Behavioral Health expectations.

- Actively engaged with my Manager in problem solving strategies and activities to promote team cohesion and collaboration.
- Evaluated and gave feedback to staff across the multiple domains touch by Annual Evaluation. Facilitated staff increasing productivity through use of Win-Win agreements and active coaching.
- Developed a strategy for managing and maintaining referrals process in collaboration with SWIII. Co-Developed, with Manager, a Triage Tool for capturing appropriate information to determine initial medical necessity in 0-5 children.
- Developed in tandem with Manager team capacity to train and sustain an MSW intern placement for two interns.
- Utilized an existing model and input from Team Psychologists to develop a Psychology Clinic as part of one team meeting per month to triage client needs for further evaluation
- Participated with FAST Supervisor in cross training opportunities across teams.
- Sought and shepherded staff in development of a cohort to provide EBP trauma focused therapy in the form of Child Parent Psychotherapy.
- Participated actively in Manager/Supervisor meetings and Process.
- Participated in MCSTART Steering Committee meetings and assisted with supportive actions during change in the nature of the collaborative relationship between Door to Hope and Behavioral Health.
- Participated in collaboration, training and networking opportunities on behalf of MOCO Early Intervention team with other Community Partners serving the 0-5 community.
- Collaborated with External Infant Mental Health Community to begin conversation about having UCSF consider MOCO Behavioral Health as an APA accredited placement site for Psychology Interns who are specializing in Infant Mental Health.

6/2014 to Present

**Early Intervention Mental Health Therapist Monterey County  
Behavioral Health**

- Provided assessment, diagnosis and therapy to children 0-8 and their families.
- Participated in training and networking opportunities on behalf of MOCO Early Intervention team with other Community Partners serving the 0-5 community.

9/2006 to 6/2014 Kinship Center

**Program Manager/Clinical Supervisor for Community Based Early  
Intervention and Adoption Services**

- Coordination of all aspects of parent education and adoption preservation program
- Provided clinical supervision of therapists, home visitors and therapeutic playgroup facilitators with focus on 0-5

- Developed curricula individually and in team
- Provided Parent Education (early development emphasis)
- ACT Professional Education Educator

11/2005 to 2006 Families First, Inc.

**Supervisor III – Community Based Mental Health**

- Supervised Mental Health Team delivery of services to children and families Provide training for certification in 0-3 service provision.
- Provided staff training and direct services for Autistic Spectrum Disordered Clients.
- Provided direct therapy services for an ongoing caseload with an emphasis on 0-5..
- Observe and manage all HR issues related to supervision.

**Clinician** 6/2001 to 11/2005 Families First, Inc.

- Provided direct therapy services to children and families, including assessment and diagnosis with an emphasis on 0-5.
- Specialized skills and training in Theraplay and Floortime.
- Certified for 0-3 population by Fresno County.
- Mentor/Trainer for Grief/loss, clinical assessments,0-3 therapy, Narrative approaches to therapy, and practical management related to paperwork management and progress note writing

2/2000 to 6/2001 FamiliesFirst Inc.

**Mental Health Rehabilitation Specialist**

- Provide Therapeutic Interventions to Children and Families Under Clinician Direction.
- Provide Case Management Services: IEPs, 504s, Interagency Staffings, Interface with Attorneys and the Court in Tandem with Families.
- Coordinate and Collaborate Intra-agency Team Services: C2s, Clinical Services, PFC Staff, Play Group Attendance.

8/1999 to 2/2000 FamiliesFirst, Inc.

**Counselor II**

- Advocate/Help/Support Consumer with Direct Services
- Collaborate with MHRS and Treating Therapist.

2/1999 to 8/1999 Safe Harbor Adult Day Health Center (559)442-4567 853  
Van Ness, Fresno, CA 93721

**Program Director**

- Provide Assessments, Referrals and Counseling to Patients
- Supervise Nursing and Therapy Services
- Ensure Program Compliance with State Licensing and Medical Regulations

8/1997 to 1/1999 Hospice Preferred Choice, Inc (Now Closed – A Beverly Healthcare Operation)

**Social Worker / Volunteer Coordinator/Bereavement Counselor**

- Provided Assessments, Referrals, and Counseling to Hospice Patients
- Developed Community Education Program for Hospice Services
- Provided Loss and Bereavement Counseling
- Volunteer Recruitment, Training and Supervision

**Educator**

Spring 2011 and 2015/16 CSUMB

**Part Time Faculty**

- Psychology Department

Fall 2001-2006 CSUF

**Part Time Faculty**

- Practicum Counseling Instructor/Supervisor Graduate Studies, School Counseling, Rehabilitation Counseling, MFT.
- Child and Adolescent Counseling, Graduate Studies, School of Counseling and Special Education.
- Marriage/Family Therapy Theories, Graduate Studies, School of Counseling and Special Education

**Highlights of Qualifications**

Licensed Marriage and Family Therapist  
0-5 Specialized Mental Health Clinician  
Adoption Specialized Mental Health Clinician  
Solid Knowledge Base of Theoretical and Practical Aspects of Clinical Services  
Respected Provider of Clinical and Consultation Services  
Practitioner and Educator of Narrative/Solution Focused Approaches  
University Educator – Graduate Studies  
Workshop Facilitator for Attachment and Mental Health Related Topics  
Outstanding Interpersonal and Collaborative Skills  
Experience Working With Patients Living With Life Limiting Illness and Declining Abilities  
Experienced Grief and Loss Counselor

**Education**

2000 California State University, Fresno

- MS, Counseling MFT, 4.00 GPA

1981 California State University, Fresno

- B.A. Psychology, 3.55 GPA

**Volunteer Work  
History**

Kinship Center Fundraising Events

Central Valley AIDS Team, Buddy Training, Grief Session

Hospice of St. Agnes, Volunteer Care Giver

Central Valley AIDS Team, Information Line Volunteer

Community Birth Center Association, Inc., Former Board Member