



# Monterey County

Board of Supervisors  
168 W. Alisal St., 1st Floor  
Salinas, CA 93901

## Board Report

Legistar File Number: A 19-256

June 25, 2019

**Introduced:** 6/12/2019

**Current Status:** Agenda Ready

**Version:** 1

**Matter Type:** BoS Agreement

- a. Approve and authorize the Acting Director of the Department of Social Services to sign an agreement with Meals on Wheels of the Monterey Peninsula for \$406,275 to provide health education, congregate meals, and home-delivered meals to seniors on the Monterey Peninsula for the period July 1, 2019 through June 30, 2020; and
- b. Authorize the Acting Director or the Director of the Department of Social Services to sign up to three (3) amendments to this Agreement where the total amendments do not exceed 10% (\$40,627) of the original contract amount and do not significantly change the scope of work.

### RECOMMENDATION:

It is recommended that the Board of Supervisors:

- a. Approve and authorize the Acting Director of the Department of Social Services to sign an agreement with Meals on Wheels of the Monterey Peninsula for \$406,275 to provide health education, congregate meals, and home-delivered meals to seniors on the Monterey Peninsula for the period July 1, 2019 through June 30, 2020; and
- b. Authorize the Acting Director or the Director of the Department of Social Services to sign up to three (3) amendments to this Agreement where the total amendments do not exceed 10% (\$40,627) of the original contract amount and do not significantly change the scope of work.

### SUMMARY/DISCUSSION:

This Agreement provides congregate (group dining) and home-delivered meals to seniors living in the Monterey Peninsula area. The area includes the Monterey Peninsula/Western Region defined as Big Sur, Carmel by the Sea, Carmel Valley, Del Rey Oaks, Marina, Monterey, Pacific Grove, Sand City and Seaside. Elderly nutrition program dining sites are the Sally J. Griffin Active Living Center in Pacific Grove, the Monterey Senior Center in Monterey, and the Oldemeyer Center in Seaside.

The Agreement also funds health education and promotion services at the Sally J Griffin Senior Center in Pacific Grove. Evidence based programs have been developed using research approaches and are proven to work to improve the health and well-being of senior participants. Specific interventions to be offered will include Tai Chi for arthritis and Matter of Balance for fall prevention.

This Agreement was awarded to Meals on Wheels of the Monterey Peninsula through a formal Request For Proposal (RFP #10606) process in April 2017 and is in alignment with the Federal Older Americans Act.

### OTHER AGENCY INVOLVEMENT:

The Auditor-Controller and Purchasing have reviewed and approved this Agreement. County Counsel has approved the Agreement as to form.

FINANCING:

Funding is provided by the Older Americans Act. Sufficient appropriations and estimated revenues for SOC010 are included in the FY 2019-20 Recommended Budget.

BOARD OF SUPERVISORS STRATEGIC INITIATIVES:

This Agreement correlates to the Health & Human Services Strategic Initiative adopted by the Board of Supervisors by working towards the goals of improving health and quality of life outcomes by providing nutrition and health promotion services to seniors in Monterey County.

Mark a check to the related Board of Supervisors Strategic Initiatives

- Economic Development
- Administration
- Health & Human Services
- Infrastructure
- Public Safety

Prepared by: Kathleen Murray-Phillips, MAIII x3530

Approved by: Henry Espinosa, Acting Director, x4430

Attachments: MOWMP Agreement 2019-20

MOWMP Agreement 2019-20

Proposed agreement is on file with the Clerk of the Board as an attachment to this Board Report