Sid Williams was born in Missouri and spent his youth following his father and mother as an Army "brat." After school he joined the U. S. Army in early 1966 and began his service with Basic Training and Infantry Advanced Individual Training at Ft. Ord, CA. After attending Parachute School at Ft. Benning, GA he attended training as a Special Forces Medical Specialist at Ft. Bragg, N.C. graduating in October of 1967. After his training he served multiple overseas tours in Viet Nam, Thailand, Okinawa, Korea and Germany with many side trips to other nations around the world. He served tours in Ft. Devens, MA, Ft. Lewis, WA and at the University of North Dakota as an instructor with the Army ROTC Department. During his 18 years in Special Forces he served 11 years overseas. After duty in Special Forces he moved into the big Army serving as a 1st Sergeant in the 9th Infantry Division, as a Staff Sergeant Major at Department of the Army in Washington D.C. and as a Command Sergeant Major in the 2nd Infantry Division in Korea. His final assignment was back at Ft. Ord as the Command Sergeant Major of the 8th Evacuation Hospital which deployed to Saudi Arabia in support of Operations Desert Shield and Desert Storm. CSM Williams retired from the Army in 1992 serving nearly 27 years. After his retirement he worked in the real estate and property management business and spent 5 years as a city of Marina planning commissioner followed by 5 years as a member of the Marina Coast Water District Conservation Committee.

Sid has been the Chairman of the County Military and Veteran Affairs Commission since 2008. He was the Vice President and Treasurer of the Monterey Bay Retired E9 Association, the Secretary and Treasurer of the local Chapter of the Retired Enlisted Association, a member of the FORA Veteran Issues Advisory Committee and a member of the Veterans Transition Center of Monterey County board of Directors. He is also a Meals on Wheels driver. In his spare time he likes to play golf with his friends. Sid and his wife Marilyn have been married for 45 years and now reside in Marina.