



# MONTEREY COUNTY BEHAVIORAL HEALTH

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Avanzando Juntos Forward Together

**FY 2019-20**  
**Mental Health Services Act**  
**Annual Update**  
**\*\*MID-YEAR ADJUSTMENT\*\***

**FINAL**

## Introduction

Monterey County Behavioral Health (MCBH) is pleased to present this MID-YEAR ADJUSTMENT to the FY19/20 MENTAL HEALTH SERVICES ACT (MHSA) ANNUAL UPDATE (“FY19/20 Annual Update”). This is an adjustment to the second Annual Update in the current 3-Year MHSA planning period.

All components of the originally submitted and approved FY19/20 Annual Update remain unchanged, with the following exceptions:

- One of the “FY20 MHSA Budget Worksheets” has been updated
  - ‘FY2017-18 through FY 2019-20 MHSA Expenditure Plan Funding Summary’
    - Where possible, estimated values have been updated to reflect Actual numbers
    - CSS funds have been transferred to the Prudent Reserve Account, and the Workforce Education & Training (WET), and Capital Facilities & Technological Needs (CFTN) components
- Narrative descriptions are included below which describe the intended uses of the transferred funds

**\*\*\*This MID-YEAR ADJUSTMENT does not affect previously budgeted expenditures for services\*\*\***

## Background

In November 2017, the Monterey County Board of Supervisors approved the FY18-20 MHSA 3-Year Program and Expenditure Plan (“3-Year Plan”). Significant planning efforts took place in the development of that strategic plan, resulting in a transformation of our local MHSA programming efforts. Several Monterey County Behavioral Health commissioners concurred regarding the needs for increased services to Latino communities, continued dedication for expanding capacity for mental health services in South County, and a commitment to improving local stakeholder planning processes.<sup>1</sup> Additionally, this 3-Year Plan presented a new framework for structuring our local MHSA programs to be in greater compliance with the State regulations.

This Mid-Year Adjustment satisfies the State requirement that the FY19/20 Annual Update Expenditure Plan reflects the proposed fund transfers as detailed below.

## MHSA Funding Components

**Community Services & Supports (CSS)** –Seventy-six (76%) of MHSA funds received by counties must be allocated for the CSS component. MHSA funds may only be used to pay for those portions of the mental health programs/services for which there is no other source of funding available. CSS programs serve individuals affected by moderate to severe mental illness and their families. These services are to be community based, recovery-oriented and culturally competent. MHSA funding can only be used for voluntary services and no less than fifty-percent (50%) of CSS funds must be allocated to “full service partnerships” (FSP). FSP services provide a “whatever it takes” level of services, also referred to as “wraparound” services, to support the most severely mentally ill clients and their families, twenty-four hours a day, seven days a week. These wraparound services can include treatment, case management,

peer support, transportation, housing, crisis intervention, family education, vocational training and employment services, as well as socialization and recreational activities, based upon the individual's needs to obtain successful treatment outcomes.

MHSA regulations indicate that up-to-20% of CSS funds may be transferred on an annual basis to the Prudent Reserve account, WET component, and/or the CFTN component. This Mid-Year Adjustment is exercising that opportunity in order to address local workforce training needs and capital improvements to facilities where MHSA-funded services are delivered. The following sections describe how the funds will be used by the WET and CFTN components.

**Workforce Education & Training (WET)** - programs are intended to enhance the recovery-oriented treatment skills of the public mental health service system and to develop recruitment and retention strategies for qualified professionals serving community mental health. Education and training programs are required to be consumer-centered, culturally competent, and driven by the values of wellness, recovery, and resiliency.,

**Training.** MCBH is a training organization. A significant portion of the knowledge and skills clinical staff members need to perform their jobs are gained on the job through training and supervision. Approximately half of our 460 employees are Psychiatric Social Workers (PSWs) who provide most treatment services for clients. Approximately half of these PSWs are newly graduated from master's level programs, and typically have limited experience providing direct services. Additionally, the majority of supervisory staff are promoted from within. MCBH continues to experience high vacancy rates in its clinical workforce, with an average vacancy rate of nearly 20% or higher.

During the initial implementation of the MHSA, counties were allocated WET component funds to address on-going training needs; however, those funds have since been exhausted. Redirection of funds from the Community Services & Supports component to Workforce Education & Training will help support a robust training program to assure high quality services that meet the needs of our residents.

Funds will be used to:

- Improve Core Competencies
- Increase Use of Evidence Supported Practices
- Develop a Supervisor Academy
- Increase Technical Assistance
- Purchase Treatment Manuals and Videos
- Improve Training Facilities

A portion (\$800,000) of the CSS Funds to be transferred to WET will be used to address these ongoing training activities.

**Loan Forgiveness.** Monterey County's salary levels are not the highest in the greater Bay Area region. Left un-addressed, many employees, once trained, will continue to quickly move on to higher-paying jobs to relieve the financial burden of the extensive student-loans many are required to obtain to finance their degrees and training. "Loan Forgiveness" is an established practice in helping reduce or eliminate student debt in the public behavioral health workforce. Monterey County will use the remaining portion

(\$200,000) of the fund transfer to match the State of California's State Loan Repayment Program (SLRP), thus doubling loan forgiveness available to MCBH SLRP awardees.

**Capital Facilities & Technological Needs (CFTN)** – Capital Facilities funds allow counties to acquire, develop or renovate buildings to house and support MHPA programs. Technological Needs funds support counties in transforming and modernizing clinical and administrative information systems as well as increasing consumer and family member's access to health information within a variety of public and private settings.

Through facility assessments, and community input from prior MHPA outreach efforts, these Capital Facilities projects have been identified to properly support MHPA programs:

- HVAC replacement at the Marina Clinic. Equipment has reached the end of its useful life and is unrepairable. Budget estimate: \$2,500,000.
- Renovations on an East Salinas facility, located directly behind the Women, Infants & Children Program office on the corner of East Alisal Street and Pearl Street. This will enable and enhance mental health services for East Salinas residents of all ages. Budget estimate: \$1,500,000.
- Development of a new facility on East Sanborn Road in Salinas. This facility will provide mental health services to children, youth and their families. Budget estimate: \$25,000,000.

The proposed transfer of \$6.201million to the CFTN component will be used to partially fund these projects. Additional funding streams will be required and sought.

The following "FY2017-18 through FY 2019-20 MHPA Expenditure Plan Funding Summary" sheet has been updated to reflect updated actual values and the transfer of CSS funds to the Prudent Reserve Account, and the Workforce Education & Training (WET), and Capital Facilities & Technological Needs (CFTN) components.

<sup>1</sup> Several Monterey County Behavioral Health Commissioners concurred regarding the need for replacing the sentence that began: "This transformation included a directive from the Monterey County Behavioral Health Commission to...". The term 'directive' was improperly used in the initial draft version of this document. This change more appropriately describes the action taken by the Commission.

**FY 2017-18 Through FY 2019-20 Three-Year Mental Health Services Act Expenditure Plan  
Funding Summary**

County: Monterey

Date: 1/15/20

	MHSA Funding					
	A	B	C	D	E	F
	Community Services and Supports	Prevention and Early Intervention	Innovation	Workforce Education and Training	Capital Facilities and Technological Needs	Prudent Reserve
<b>A. Estimated FY 2017/18 Funding</b>						
1. Estimated Unspent Funds from Prior Fiscal Years	0	0	3,608,797		0	
2. Estimated New FY2017/18 Funding	17,979,205	4,446,385	1,179,316			
3. Transfer in FY2017/18 <sup>a/</sup>	(2,791,200)				2,791,200	0
4. Access Local Prudent Reserve in FY2017/18	0	0				0
5. Estimated Available Funding for FY2017/18	15,188,005	4,446,385	4,788,113	0	2,791,200	
<b>B. Estimated FY2017/18 MHSA Expenditures</b>	11,994,335	3,917,425	0	0	0	
<b>C. Estimated FY2018/19 Funding</b>						
1. Estimated Unspent Funds from Prior Fiscal Years	0	0	4,788,113	0	2,791,200	
2. Estimated New FY2018/19 Funding	17,490,347	4,325,487	1,147,249			
3. Transfer in FY2018/19 <sup>a/</sup>	(2,942,648)				1,210,270	1,732,378
4. Access Local Prudent Reserve in FY2018/19	0	0				0
5. Estimated Available Funding for FY2018/19	14,547,699	4,325,487	5,935,362	0	4,001,470	
<b>D. Estimated FY2018/19 Expenditures</b>	14,640,564	3,784,002	517,500	0	0	
<b>E. Estimated FY2019/20 Funding</b>						
1. Estimated Unspent Funds from Prior Fiscal Years	0	0	0	0	4,001,470	
2. Estimated New FY2019/20 Funding	18,013,629	4,503,407	1,185,107			
3. Transfer in FY2019/20 <sup>a/</sup>	(3,200,302)			1,000,000	2,200,302	
4. Access Local Prudent Reserve in FY2019/20						
5. Estimated Available Funding for FY2019/20	14,813,327	4,503,407	1,185,107	1,000,000	6,201,772	
<b>F. Estimated FY2019/20 Expenditures</b>	13,033,560	4,360,099	2,472,256	0	0	
<b>G. Estimated FY2019/20 Unspent Fund Balance</b>	1,779,768	143,309	(1,287,149)	1,000,000	6,201,772	

<b>H. Estimated Local Prudent Reserve Balance</b>	
1. Estimated Local Prudent Reserve Balance on June 30, 2017	3,062,858
2. Contributions to the Local Prudent Reserve in FY 2017/18	0
3. Distributions from the Local Prudent Reserve in FY 2017/18	0
4. Estimated Local Prudent Reserve Balance on June 30, 2018	3,062,858
5. Contributions to the Local Prudent Reserve in FY 2018/19	1,732,378
6. Distributions from the Local Prudent Reserve in FY 2018/19	0
7. Estimated Local Prudent Reserve Balance on June 30, 2019	4,795,236
8. Contributions to the Local Prudent Reserve in FY 2019/20	0
9. Distributions from the Local Prudent Reserve in FY 2019/20	0
10. Estimated Local Prudent Reserve Balance on June 30, 2020	4,795,236

a/ Pursuant to Welfare and Institutions Code Section 5892(b), Counties may use a portion of their CSS funds for WET, CFTN, and the Local Prudent Reserve. The total amount of CSS funding used for this purpose shall not exceed 20% of the total average amount of funds allocated to CSS for the previous five years.

## Notice of 30-Day Public Comment Period

In accordance with MHSA regulations and procedures, the draft FY19/20 Annual Update Mid-Year Adjustment was made available for public review and comment for a minimum 30-day period prior to approval by the Monterey County Behavioral Health Commission (“Commission”) and Board of Supervisors.

Public comments **must be in writing** and were to be submitted via any of the following methods:

- the MCBH website  
<https://www.co.monterey.ca.us/government/departments-a-h/health/behavioral-health/mental-health-services-act>
- mail to: Behavioral Health Administration, 1270 Natividad Rd., Salinas, CA 93906
- delivered anytime during regular business hours (Monday through Friday between 8 a.m. and 5 p.m.) or,
- sent via email to [MHSAINNOVATIONS@CO.MONTEREY.CA.US](mailto:MHSAINNOVATIONS@CO.MONTEREY.CA.US).

**All comments MUST HAVE BEEN RECEIVED by Monday, FEBRUARY 24, 2020 at 5:00 PM.**

## Public Hearing

The Monterey County Behavioral Health Commission conducted a Public Hearing on Thursday, February 27, 2020 at 5:30 PM at the Monterey County Health Department located at 1270 Natividad Road in Salinas, CA.

There were no Public Comments submitted during the 30-Day Public Comment period from key stakeholders, interested parties, and members of the public. The Commission received a brief report from MCBH staff informing them of the lack of public comments.

During the Public Hearing, members of the public were offered the opportunity to provide face-to-face public comment. Spanish language interpretation services were available. Commissioners then reviewed the draft FY19/20 Annual Update Mid-Year Adjustment and provided their comments.

The Hearing concluded upon the Commission taking action to approve the FY19/20 Annual Update Mid-Year Adjustment, to include the summary of substantive feedback received at the Hearing, for forwarding to the Board of Supervisors for adoption.

Please refer to the draft version of the February 27, 2020 Meeting Minutes of the Monterey County Behavioral Health Commission included at the end of this document. The regularly scheduled Commission meeting for March 26, 2020 was cancelled due to the COVID-19 Shelter in Place Order by the Monterey County Health Officer, and therefore, the Minutes remain in draft form until such time the Commission can resume meeting.

# Monterey County Behavioral Health Commission

## Draft Meeting Minutes

Mark Lopez, Chairperson  
Cathy Gutierrez, Chairperson Elect

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Thursday, February 27, 2020 5:30 PM

1270 Natividad Road, Salinas, CA 93906  
Monterey County Health Department

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### 1. 5:30 P.M. - CALL TO ORDER

The meeting was called to order by Chair M. Lopez at 5:30 P.M.

### 2. INTRODUCTIONS

#### COMMISSIONERS

##### **Present:**

Heather Deming  
Maribel Ferreira  
Linda Fosler  
Cathy Gutierrez  
Jesse Herrera

Supv. Christopher Lopez  
Mark Lopez  
Alma McHoney  
Rosa Gonzalez-Rivas

##### **Absent:**

Anthony Ivanich  
Margie Sokotowski  
Mario Ramirez  
Cortland Young  
Hailey Dicken-Young

### 3. CORRECTIONS TO THE AGENDA

None.

### 4. PUBLIC COMMENT

Pamela Weston, Cal Voices and State Access Ambassador submitted documents of public statement which included request to present before the Commission on the March agenda. In addition, Ms. Weston requested an amendment to the November 21<sup>st</sup> minutes to have her name added to replace the “member of the public” that requested to make a presentation, along with wording to clarify statement regarding the public as first responders.

Kontrena McPheter, Outreach & Advocacy Coordinator with Interim Inc. gave a verbal save the date for the screening of the documentary “The S Word,” at Fox Theatre on May 14, 2014, 4:30 p.m. - 8:00 p.m. Registration will be required through Eventbrite.

Jorge Ruiz, Central Coast Center for Independent Living (CCCIL) shared updates on their Whole Person Care program.

Miriam Gonzalez-Gomez, Division Director of Program Services for Interim, Inc. provided an update on The Bridge House in Marina.

Roxanne Rossiter, a community member requested a subcommittee for the Mental Health Services Act for Cultural Competency as a monthly meeting, governed by the Behavioral Health Commission.

Betty Davis, a community member shared that better communication is still needed Between the community, city and County during sweeps.

Rita Acosta, a community member shared that her quality of life is negatively affected by the lack of coordination between the community, city and County during sweeps.

Wes Wyatt, community member and Co-President with Salinas Homeless Union stated that the City is not following guidelines currently in place for sweeps.

## 5. **ACCEPTANCE OF MINUTES**

It was moved by Commissioner Ferreira, seconded by Commissioner Fosler to approve the January 30, 2020 meeting minutes, with correction to page three, under Commissioner Guitierrez's update, change: "...17 of the 70 beds filled" to "...17 of the 20 beds filled. The motion passed unanimously.

## 6. **ACTION:** Public Hearing on the Mental Health Services Act (MHSA) FY19/20 Annual Update Mid – Year Adjustment

Chair M. Lopez read the opening comments.

Jon Drake, Assistant Bureau Chief gave presentation referring to handout of power point: *FY 2019-20 Mental Health Services Act Annual Update \*\*Mid – Year Adjustment\*\**

### Key points included:

- Staff report is same document distributed before the 30 – day comment period and at the January 30, 2020 meeting: *FY 2019-20 Mental Health Services Act Annual Update \*\*Mid – Year Adjustment\*\* Draft For Public Review & Comment, January 21, 2020.* The document has remained unchanged.
- No comments were received during the public comment period between January 21, 2020 – February 24, 2020.

### Commissioners comments received at the meeting:

- Commissioner Fosler asked for clarification on the use of the new facility on East Sanborn Street.
- Supv. C. Lopez suggested a conversation regarding the potential to partner with First 5 at the East Sanborn facility. He also commented on the State Loan Prepayment Program (SLRP); there are certain programs which help offset the cost of school, but by the time one reaches the ability to get money back, the amount of money owed has significantly increased, and asked about analysis that has been done to allow for the possibility of other programs or developing another program. In regard to, the MCBH having high vacancy rate, if that also means high turnover, completing exit interviews to determine challenging factors and how to keep employees with the County will be beneficial. It was confirmed with MCBH staff that the \$800,000 being transferred under Workforce Education & Training (WET) will be applied towards the bulleted items under the “**Training**” section on page 3 of the staff report.



- Commissioner Herrera suggested an issue with the vacancy rate (in relation to) the push for Cultural Competence Inclusion and language accessibility, is that there are few bilingual/bicultural professionals coming out of schools. Therefore, the competition for Spanish speaking graduates is high. He recommended looking at the salaries for the master's level psychiatric social worker/social worker positions; the bilingual differential is not sufficient.
- Commissioner Gonzalez-Rivas suggested considering additional incentives for employees in the social worker position such as childcare services.
- Commissioner Ferreira expressed concern regarding if \$800,000 is sufficient to fund the SLRP program.
- Commissioner Fosler shared that in working with a variety of groups/agencies (police, sheriffs, teachers), the largest challenge in hiring and retaining employees identified is (affordable) housing. Also, the option of a childcare stipend for employees (as a follow-up to Commissioner Gonzalez-Rivas statement).
- Chair M. Lopez raised point in regard to Capital Facilities & Technological Needs (Slide 8) to provide consideration for local contractors during the bidding process for these projects.

Public comments received at the meeting:

- Pamela Weston, Cal Voices State Access Ambassador raised concern regarding the November 2017, Board of Supervisor approval of the 3-year Program & Expenditure Plan and read the requirements from the document; the focus is on the Latino population when South County encompasses a more diverse population. There also needs to be a PEER component to the WET program to allow for PEER specialists to be another level of support in the community on behalf of MCBH through the MHSA. In regard to technology and renovation of buildings, in areas such as South County, there is no access within the district. There needs to be another 3-year Expenditure Plan that address the unmet needs of the underserved/unrepresented population.

Commissioners' further review and discussion of Draft FY19/20 Annual Update Mid-Year Adjustment & Public Comments Received:

- Supv. C. Lopez thanked MCBH staff for their work on this report. He also stated that when the report is brought before the Board of Supervisors (BOS), if it is a consent item, he will pull the item to address Commissioner Ferreira's suggestion regarding further analysis of the dollar amounts being allocated to the Loan Forgiveness Program in acknowledgement that the report addresses the program as a starting point.
- Comm. Fosler thanked MCBH staff for their work and approved the way the money has been allocated. In addition will be looking forward to impact measurements surrounding the Loan Forgiveness Program as it starts out as a pilot program.
- Comm. Ferreira expressed concern regarding the low figure (\$400,000) allocated towards the Loan Forgiveness program; asked MCBH staff to revisit the numbers in the future/now to determine if the current amount is realistic, and sufficient to make an impact on staff recruitment and retention.
- Comm. Gutierrez suggested gathering data from established Loan Forgiveness Programs (Federal Government) to determine dollar amounts that have been allocated to MCBH staff that have applied for their program(s).
- Comm. Herrera expressed concerned about no public comments being received during the 30-day open comment period and suggested looking at ways to make sure the community is notified and able to provide comment; such as asking for time to speak at existing meetings/events being held throughout the communities.

- Comm. McHoney noted that not everyone accesses social media. She suggested advertisement via a banner at the movie theaters.

**It was moved by Supv. C Lopez, seconded by Commissioner McHoney to approve the Draft FY19/20 Annual Update – Mid Year Adjustment, to include the summary of substantive recommendations received during the 30- day public comment period and at the Public Hearing, for forwarding to the Board of Supervisors for adoption. The motion passed unanimously.**

**7. INFORMATION:** Receive a report on Maternal Mental Health

Dana Edgull, Prevention Manager and Relindis Diaz, Behavioral Health Service Manager for Early Childhood Services Team gave presentation referring to handout provided:

1. Power Point (PP): *Perinatal Mood & Anxiety Disorders-Far Beyond The Baby Blues*

Key points included:

- MCBH plans to work closely with the County’s Department of Social Services to help recognize when a mother in the community may be communicating that they need assistance.
- Reference materials for the Parenting Connections Warmline (referenced on Slide 13) were provided for attendees to take
- The “Week of the Mother” is May 4-8, 2020, with more information to come

**8. INFORMATION:** Receive a Report from a Member of the Board of Supervisors

Supervisor Lopez shared the following announcements:

- The Board of Supervisors (BOS) initiated some unique things in relation to financing and housing in January 2020, which is a first for Monterey County.
  - A significant amount of money was put towards new projects in cities: Marina-The Veteran’s Transition Center (70 additional beds); Greenfield-300 units with 20-30 beds being permanent supportive units and including Transitional Age Youth housing
- Governor Newsom released Regional Housing Needs Assessment (RHNA) figures to push jurisdictions to build additional housing which does not incentivize counties to work with cities.
  - The BOS decided that if housing is going to be built in Monterey County, it will be prudent to build in or near the cities (instead of building new cities) due to the significant need for housing.
- Outcomes (for last year) presented by the County’s team to address Opioid use were quite unfavorable.
  - On March 10, 2020, the BOS will receive a presentation and public training on Narcan.
  - Natividad Medical Center will also be presenting on their new a program that offers a medication similar to Methadone to transition off of Opioid use.

**9. INFORMATION:** Receive the Commissioner’s Reports/Updates

- Comm. Gutierrez shared news about a fundraiser being held in King City (Casino Night), sponsored by Rancho Cielo, Friday, April 3, 2020; contact her for tickets. Greenfield has concerns for people ages 15-24 and substance abuse. March is Social Worker

Appreciation Month; there will be a Social Work Celebration at the Kinship Center (River Road), March 13, 2020.

- Comm. Deming thanked Dana and Relindis for their presentation on Maternal Mental Health.
- Comm. Gonzalez-Rivas suggested the Maternal Mental Health team could partner the local schools and their weekly parenting classes, “Positive Discipline.” She also shared she heard outreach from MCBH being aired on a Spanish radio station.
- Comm. Herrera shared information about an ongoing T.V. series called, “What’s Eating America?” It airs on Sunday, 9 p.m. (EST) and is also available on YouTube. The first episode highlighted the importance of farmworkers’ jobs and their lifestyle.
- Comm. Fosler attended the Monterey County Stepping Up Initiative meeting. The state challenged counties to join the Stepping Up Initiative which focuses on the treatment of prisoners in the jail system and following their release.
- Comm. Ferreira shared she has been reassigned to the Juvenile Court system. She thanked the MCBH staff for their engagement and responsiveness for juveniles in/out of custody.

**ADJOURN**

The meeting was adjourned at 7:26 p.m.