

County of Monterey

BOARD OF SUPERVISORS RESOLUTION

Resolution No.: 26-182

Adopt a resolution proclaiming **July 2026 as Parks and Recreation Month** and **July 17, 2026, as Park and Recreation Professionals Day** in the County of Monterey.....)
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WHEREAS, Parks and Recreation are an integral and fundamental component to the well-being of communities throughout the country, including in the County of Monterey; and

WHEREAS, Parks encourage physical activities by providing space for popular sports, hiking trails, and many other recreational venues that promote active lifestyles; and

WHEREAS, Parks allow area residents to escape to unique outdoor settings, where they can commune with nature and slow down and de-stress from the rigors of modern life, which positively impacts mental health by reducing stress and anxiety, improving mood and well-being, social interaction, and attention restoration; and

WHEREAS, Parks help preserve the natural environment and ecology essential to the viability of area plants and wildlife; and

WHEREAS, Parks are attributed with improving a community's economic prosperity through increased tourism, improved property values, expansion of the local tax base, attraction and retention of businesses, and crime reduction; and

WHEREAS, In 1985, the National Recreation and Park Association launched Park and Recreation Month as a way to celebrate the wonderful parks of our nation and the recreational activities that take place in all communities; and

WHEREAS, In 2009, the United States House of Representatives designated July as Parks and Recreation Month; and

WHEREAS, In 2019, the Pennsylvania Recreation and Parks Society created Park and Recreation Professionals Day as a statewide celebration, and since that time, many cities, counties, and states have proclaimed the third Friday in July as Park and Recreation Professionals Day; and

WHEREAS, the year 2026 marks the 41st Anniversary of National Park and Recreation Month, highlighted by the theme "*The Power Of*" parks and recreation, encompassing the power of play, nature, community, belonging, well-being, and the people who make these experiences possible; and

WHEREAS, the County of Monterey recognizes the great benefits derived from its parks and lakes and extends its deepest gratitude to the County parks and lakes professionals who work tirelessly to maintain and preserve these valuable resources.

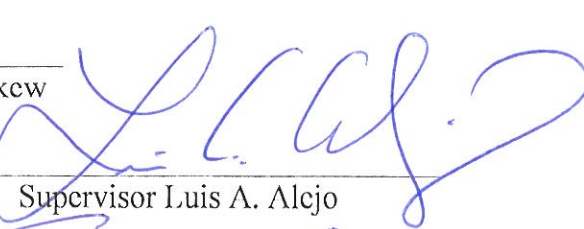
NOW, THEREFORE, BE IT RESOLVED, that the County of Monterey Board of Supervisors, on behalf of the County and all its residents thereof, hereby proclaims the month of **July 2026 as Parks and Recreation Month** and **July 17, 2026, as Park and Recreation Professionals Day** in the County of Monterey, celebrating the dedicated professionals who build strong, vibrant, and resilient communities through the power of parks and recreation, and encourages all County residents to visit our wonderful parks and lakes and reap the benefits they contribute to better health and quality of life.

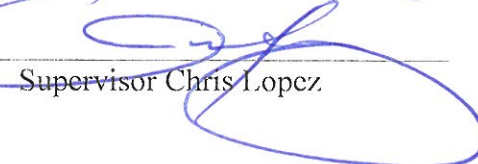
PASSED AND ADOPTED on this 23rd day of January 2026.


Chair Supervisor Wendy Root Askew


Vice Chair Supervisor Kate Daniels


Supervisor Glenn Church


Supervisor Luis A. Alcjo


Supervisor Chris Lopez

