

# County of Monterey

## BOARD OF SUPERVISORS RESOLUTION

Resolution No.: 25-138  
Adopt a resolution designating May 2025 as **Mental Health** )  
**Awareness Month** in the County of Monterey..... )

WHEREAS, mental health is a critical component of overall well-being and affects individuals, families, and communities across Monterey County; and

WHEREAS, one in five adults in the United States experiences a mental health condition each year; stigma, misinformation, and lack of access to care continue to create barriers to treatment; and

WHEREAS, **Mental Health Awareness Month**, observed nationally since 1949, aims to reduce stigma, increase public understanding, and promote access to life-saving mental health services; and


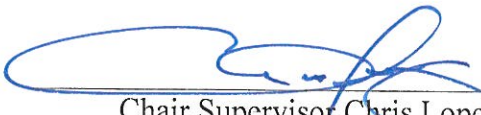
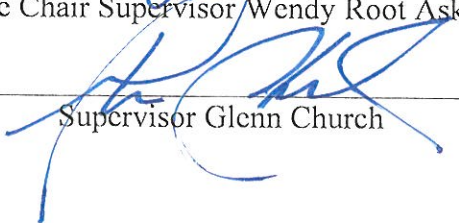
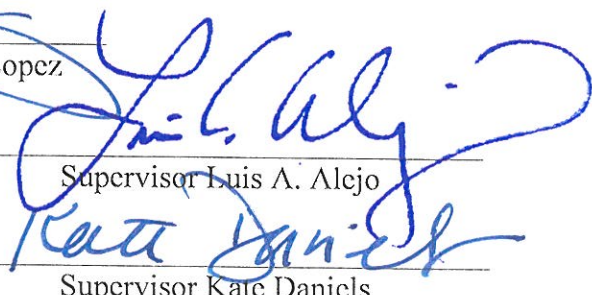

WHEREAS, the County of Monterey Behavioral Health Bureau, in collaboration with community-based organizations, schools, health care providers, and peer advocates, provides culturally responsive and trauma-informed services to support residents throughout the county; and

WHEREAS, the County of Monterey remains committed to addressing mental health disparities, prevention and early intervention efforts, and fostering inclusive spaces where residents can talk openly about mental health without fear or shame; and

WHEREAS, throughout May, the County of Monterey Behavioral Health and our partners will host educational campaigns, community events, and outreach initiatives to raise awareness and connect individuals to vital resources and support.

NOW, THEREFORE, BE IT RESOLVED, that the County of Monterey Board of Supervisors on behalf of all the County and residents thereof, hereby proclaims **May 2025** as **Mental Health Awareness Month** and encourages all residents, employers, schools, and organizations to engage in conversations about mental health and support efforts to promote mental wellness for all.

PASSED AND ADOPTED on this 6<sup>th</sup> day of May 2025

 Vice Chair Supervisor Wendy Root Askew	 Chair Supervisor Chris Lopez
 Supervisor Glenn Church	 Supervisor Luis A. Alejo  Supervisor Kate Daniels

