



# County of Monterey

## BOARD OF SUPERVISORS RESOLUTION

**Resolution No.: 24-172**

Adopt a resolution honoring **The Parenting Connection of Monterey County** for breathing acceptance and respect to all they serve, whilst promoting accessibility and inclusivity in Monterey County..... )

**WHEREAS, The Parenting Connection of Monterey County** knows that in the United States, perinatal mood and anxiety disorders, also known as maternal mental health conditions, are the most common complication of childbirth, impacting at least one in five pregnant individuals; and

**WHEREAS, The Parenting Connection of Monterey County** believes that when parents and caregivers thrive, families and communities soar

**WHEREAS, The Parenting Connection of Monterey County** recognizes untreated maternal mental health conditions affect the development of the fetus, resulting in an increased risk of physical and mental health conditions in the infant post birth, impacting child, family, and community health; and

**WHEREAS, The Parenting Connection of Monterey County** focuses on the complex social determinants of health including skin color, language, socioeconomic status, immigration status, lack of social support, fear, and stigma, all influence the likelihood that a birthing person will experience a maternal mental health condition and whether they seek treatment; and

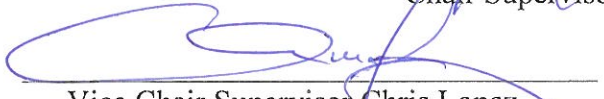
**WHEREAS, The Parenting Connection of Monterey County** is determined to increase the momentum on awareness, reduce stigma, expand capacity and training for family serving agencies and providers on maternal mental health, and;

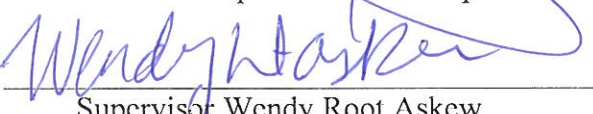
**WHEREAS, The Parenting Connection of Monterey County** Mission is: “all families in Monterey County benefit from equitable access to resources that reduce stigma, eliminate barriers, and provide support towards building positive parent-child interaction and family wellness through education and programming from pregnancy to age five. When caregivers are effectively supported, families thrive and children flourish.”

**NOW, THEREFORE BE IT RESOLVED,** County of Monterey Board of Supervisors, on behalf of the County and all residents thereof honors **The Parenting Connection of Monterey County** for breathing acceptance and respect to all they serve, whilst promoting accessibility and inclusivity in Monterey County.

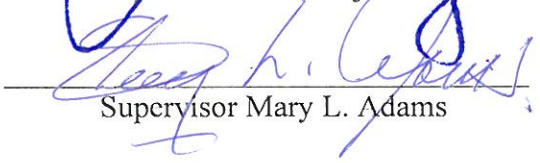
**PASSED AND ADOPTED** on this 11<sup>th</sup> day of June 2024

  
Chair Supervisor Glenn Church

  
Vice Chair Supervisor Chris Lopez

  
Supervisor Wendy Root Askew

  
Supervisor Luis Alejo

  
Supervisor Mary L. Adams

