

# County of Monterey

## BOARD OF SUPERVISORS RESOLUTION

Resolution No.: 25-208

Adopt a Resolution designating July as **Parks and Recreation** )  
**Month and July 18, 2025, as Park and Recreation** )  
**Professionals Day** in the County of Monterey..... )

**WHEREAS**, Parks and recreation are an integral and fundamental component to the well-being of communities throughout the country, including in the County of Monterey;

**WHEREAS**, Parks encourage physical activities by providing space for popular sports, hiking trails, and many other recreational venues that promote active lifestyles;

**WHEREAS**, Parks allow area residents to escape to unique outdoor settings, where they can commune with nature and slow down and de-stress from the rigors of modern life, which positively impacts mental health by increasing cognitive performance and well-being as well as alleviating illnesses, such as depression, attention-deficit disorders, and Alzheimer's;

**WHEREAS**, Parks help preserve the natural environment and ecology essential to the viability of area plants and wildlife;

**WHEREAS**, Parks are attributed with improving a community's economic prosperity through increased tourism, improved property values, expansion of the local tax base, attraction and retention of businesses, and crime reduction;

**WHEREAS**, in 1985, the National Recreation and Park Association launched Park and Recreation Month as a way to celebrate the wonderful parks of our nation and the recreational activities that place in all communities; and

**WHEREAS**, the year 2025, marks the 40th Anniversary of National Park and Recreation Month with the theme of "Build Together, Play Together"; and

**WHEREAS**, in 2019, the Pennsylvania Recreation and Parks Society created Park and Recreation Professionals Day as a statewide celebration, and since that time, many cities, counties and states have proclaimed the third Friday in July as Park and Recreation Professionals Day; and

**WHEREAS**, in 2009, the United States House of Representatives designated July as National Park and Recreation Month; and

**WHEREAS**, the County of Monterey recognizes the great benefits derived from our County Parks and Lakes and recreation resources and extends its thanks to our County Parks and Lakes Professionals who work daily to maintain and preserve these valuable resources.

**NOW, THEREFORE, BE IT RESOLVED THAT** the County of Monterey Board of Supervisors do hereby proclaim the month of July 2025, as Parks and Recreation Month and July 18, 2025 as Park and Recreation Professionals Day, in the County of Monterey and encourages all its residents to visit and acquaint themselves with our wonderful County Parks and Lakes and reap the benefits that they contribute to our health and quality of life.

**PASSED AND ADOPTED** on this 1<sup>st</sup> day of July 2025

Chair Supervisor Chris Lopez

Vice Chair Supervisor Wendy Root Askew

Supervisor Glenn Church

Supervisor Luis A. Alejo

Supervisor Kate Daniels

