

*Before the Board of Supervisors in and for the
County of Monterey, State of California*

Resolution No.:

Adopt Resolution proclaiming the month of May as _____)
Mental Health Awareness Month in Monterey County.....)

WHEREAS, mental health is essential to everyone’s overall health and well-being; and

WHEREAS, half of people living in the United States will experience a mental health challenge during their lifetime; and

WHEREAS, less than half of children and adults with diagnosable mental health problems receive treatment and it can take six to eight years for young people to receive treatment from onset of symptoms; and

WHEREAS, 70% to 90% of individuals report improved quality of life after receiving support and treatment; and

WHEREAS, today, the issue of mental health disparities and mental health treatment inequities remain issues for the diverse communities in Monterey County despite the gains that have been made in these areas, and

WHEREAS, in Monterey County, with the passage of the California Mental Health Services Act in 2004, there is momentum towards more effective outreach, engagement and the provision of culturally and linguistically specific and relevant mental health programs, services and treatment to those diverse communities and people, and

WHEREAS, in Monterey County, the Board of Supervisors calls upon all of us, community based organizations, people, and local governments to know the signs of mental health issues, and to work together to meet the needs of all people with mental health needs, and to increase awareness about mental health to reduce the shame and stigma, too often leaving people feeling isolated and without treatment and support.

NOW, THEREFORE BE IT RESOLVED that the Monterey County Board of Supervisors, on behalf of the County and all its citizens thereof, hereby proclaims the month of May as **Mental Health Awareness Month**.

PASSED AND ADOPTED on this ___ of May 2015, upon motion of Supervisor _____, seconded by Supervisor _____, by the following vote,
to- wit:

AYES:

NOES:

ABSENT:

I, Gail T. Borkowski, Clerk of the Board of Supervisors of the County of Monterey, State of California, hereby certify that the foregoing is a true copy of an original resolution of said Board

of Supervisors duly made and entered in the minutes thereof of Minute Book_____ for the meeting on _____.

Dated:

Gail T. Borkowski, Clerk of the Board of Supervisors
County of Monterey, State of California

By _____
Deputy