Before the Board of Supervisors in and for the County of Monterey, State of California

Resolution No.:
Adopt a resolution designating May 2025 as Mental Health Awareness Month in the County of Monterey.

WHEREAS, mental health is a critical component of overall well-being and affects individuals, families, and communities across Monterey County; and

WHEREAS, one in five adults in the United States experiences a mental health condition each year; stigma, misinformation, and lack of access to care continue to create barriers to treatment; and

WHEREAS, Mental Health Awareness Month, observed nationally since 1949, aims to reduce stigma, increase public understanding, and promote access to life-saving mental health services; and

WHEREAS, the County of Monterey Behavioral Health Bureau, in collaboration with community-based organizations, schools, health care providers, and peer advocates, provides culturally responsive and trauma-informed services to support residents throughout the county; and

WHEREAS, the County of Monterey remains committed to addressing mental health disparities, prevention and early intervention efforts, and fostering inclusive spaces where residents can talk openly about mental health without fear or shame; and

WHEREAS, throughout May, the County of Monterey Behavioral Health and our partners will host educational campaigns, community events, and outreach initiatives to raise awareness and connect individuals to vital resources and support.

NOW, THEREFORE, BE IT RESOLVED, that the County of Monterey Board of Supervisors on behalf of all the County and residents thereof, hereby proclaims **May 2025 as Mental Health Awareness Month** and encourages all residents, employers, schools, and organizations to engage in conversations about mental health and support efforts to promote mental wellness for all.

PASSED AND ADOPTED this [Date] day of May, 2025, upon the motion of Supervisor _____, seconded by Supervisor _____ by the following vote, to wit.

AYES:
NOES:
ABSENT:

I, Valerie Ralph, Clerk of the Board of Supervisors of the County of Monterey, State of

California, hereby certify that the foregoing is a true copy of an original order of said Board of Supervisors duly made and entered in the minutes thereof of Minute Book _____ for the meeting on _____.

Dated:

Valerie Ralph, Clerk of the Board of Supervisors
County of Monterey, State of California

By _____
Deputy