

*Before the Board of Supervisors in and for the
County of Monterey, State of California*

Resolution No.:

Adopt resolution supporting the ()
work of the **Blue Zones Project**.....)

WHEREAS, Across the globe lie blue zones areas – places where people reach age 100 at an astonishing rate. Blue Zones Project was born out of National Geographic explorer Dan Buettner’s eight-year examination of these communities; and

WHEREAS, Leveraging the secrets discovered in blue zones around the world, Blue Zones Project delivers proven tools and resources to transform communities across the U.S. — helping generations of people live longer, healthier, happier lives by making changes to their environment, policy, and social networks so healthy choices become the easiest to make; and

WHEREAS, Salinas was selected as the 47th Blue Zones demonstration community, the only community in Northern California, and will represent Phase 1 of the Blue Zones Project Monterey County. Blue Zones Project Monterey County is sponsored by Salinas Valley Memorial Healthcare System, Taylor Farms, and Montage Health; and

WHEREAS, By engaging individuals, restaurants, schools, faith-based and community organizations, grocery stores, and worksites, we help people transform where they live, work, learn, and play so that the healthy choice is the easy choice; and

WHEREAS, The vision for Monterey County and Blue Zones Project is to facilitate public collaboration with businesses and private organizations to make for a healthy, livable community. For people to live longer, to experience fewer medical issues, to live happy, healthy lives with less stress and with stronger connections; and

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WHEREAS, The Blue Zones Project Blueprint for Monterey County provides the roadmap for implementing well-being strategies focusing on people, places, and policy, and will help achieve Blue Zones Community Certification; and

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors, on behalf of the County and all of the citizens thereof, is proud to support the Blue Zones Project Monterey County and to help create a healthy community for our residents and to positively impact the lives of future generations.

PASSED AND ADOPTED this _____ day of _____, 2019, by the following vote,
to wit:

AYES:

NOES:

ABSENT:

I, Valerie Ralph, Clerk of the Board of Supervisors of the County of Monterey, State of California, hereby certify that the foregoing is a true copy of an original order of said Board of Supervisors duly made and entered in the minutes thereof of Minute Book _____ for the meeting on _____, 2019.

Dated:

Valerie Ralph, Clerk of the Board of Supervisors
County of Monterey, State of California

By _____
Deputy