

**Before the Board of Supervisors in and for the  
County of Monterey, State of California**

**Resolution No.:**

Adopt Resolution Designating July as **Parks and Recreation Month** in the County of Monterey.

**WHEREAS**, Parks and Recreation are an integral and fundamental component to the well-being of communities throughout the country, including in the County of Monterey; and

**WHEREAS**, County Parks encourage physical activities by providing space for popular sports, hiking trails, and many other recreational venues that promote active lifestyles; and

**WHEREAS**, County Parks allow area residents to escape to unique outdoor settings, where they can commune with nature and slow down and de-stress from the rigors of modern life, which positively impacts mental health by increasing cognitive performance and well-being as well as alleviating illnesses, such as depression, attention-deficit disorders, and Alzheimer's; and

**WHEREAS**, County Parks help preserve the natural environment and ecology essential to the viability of area plants and wildlife; and

**WHEREAS**, County Parks are attributed with improving a community's economic prosperity through increased tourism, improved property values, expansion of the local tax base, attraction and retention of businesses, and crime reduction; and

**WHEREAS**, The United States House of Representatives designated July as **Parks and Recreation Month**, and the National Recreation and Park Association proclaimed July 21, 2023 as Park and Recreation Professionals Day; and

**WHEREAS**, The County of Monterey recognizes the great benefits derived from our County Parks and recreation resources and extends its thanks to our County Parks Professionals who work daily to maintain and preserve these valuable resources.

**NOW, THEREFORE BE IT RESOLVED**, that the Monterey County Board of Supervisors, on behalf of the County and all residents thereof, hereby proclaim the month of July 2023, as **Parks and Recreation Month** in the County of Monterey and encourages all its residents to visit and acquaint themselves with our wonderful County Parks and reap the benefits that they contribute to our health and quality of life.

**PASSED AND ADOPTED** this \_\_\_\_\_ day of \_\_\_\_\_, 2023, by the following vote,  
to wit:

**AYES:**

**NOES:**

**ABSENT:**

I, Valerie Ralph, Clerk of the Board of Supervisors of the County of Monterey, State of California, hereby certify that the foregoing is a true copy of an original order of said Board of

Supervisors duly made and entered in the minutes thereof of Minute Book \_\_\_\_\_ for the meeting on \_\_\_\_\_, 2023.

Dated:

Valerie Ralph, Clerk of the Board of Supervisors  
County of Monterey, State of California.

By \_\_\_\_\_  
Deputy