

Monterey County Jail Programs and Activities

Introspect:

Introspect which is our only inmate programs provider, offers an employability group that focuses on applications, resume writing, interviewing, and skills on how to maintain a job. Other life skill groups which touch on literacy and job skills, is done through the Choices Group, working on self-assessment/intervention. Conflict Resolution understanding that in the workplace you may have many conflicts that occur, and how do you deal with the situation. Introspect also, has the Beyond Anger group, liberties pride group, and Relapse Awareness which cover the health and substance abuse education courses for inmates.

Inmate Religious Services:

General religious service/counsel is being provided by a Christian based Chaplin, and continues to be funded by the IWF.

Corrections Programs Manager:

In July 2014, the Office of the Sheriff hired a Corrections Programs Manager with AB109 funding allocated by the Community Corrections Partnership. The first task of the Corrections Programs Manager was to in part audit the programs and services that we provide to the inmate population. The Corrections Programs Manager also identified future possibilities that with funding we would like to bring into the Monterey County Jail

- CSUMB University Education Project is for inmates within the Monterey County Jail, as a way to extend education to people incarcerated within the jail system. This educational program is part of the Monterey Community Education Project (MCEP), it is a university professor, certified counselor led program which would include credentialed volunteers (Master's Degree or above).
- Inmate Industry/Vocational Training programs, such as laser engraving, embroidery C-Tech Certification and, a Broadband Academy. These types of programs reflect 21st Century Competencies in high demand industries. Each program would result in an Industry Recognized Certification! These programs would teach inmates skills which transfer from the classroom to the workplace, all while being taught at an entry level, making learning attainable. These programs would bring a cohesive sequence of science and technology paired with cooperative learning, real world activities, real time assessments, and project based learning.
- Reclaiming Integrity, Self Awareness, and Empowerment (RISE), and Gemma Day Programs were designed with the primary purpose to reduce recidivism by providing structure, services and support to inmates returning to the community after incarceration. The RISE program would target high-risk behaviors by building the foundation, providing education and supporting inmates to practice the skills necessary to safely reenter the community. This RISE model was developed from evidence-based practices of successful reentry programs across the state and country and specifically based on the success of the women's Gemma Day Program which has resulted in a reduction in recidivism that is double the national average. These programs would be provided by credentialed and certified facilitators.

- Prison University Project, currently operational at San Quentin State Prison. This program would allow inmates with extensive sentences the ability to begin or complete a Bachelor of Arts/Science or Master's Degree program while incarcerated. This access to education would increase the inmate's ability to seek gainful employment and become a more productive citizen.
- Partnership with Monterey County Behavioral Health Department, in which license Social Workers and other clinical professionals would provide psychiatric, therapeutic group and programs for the increasing inmate mental health population. Inmates having access to the same health and education providers while incarcerated and as they transition back to the community, are more likely to be successful and productive citizens.
- Salinas Adult School. We recently have taken steps to renew the MOU and contract with Salinas Adult School to provide a certified GED course to our inmates. This contract will provide a credentialed teacher to the jail 15 hours a week to assist inmates in obtaining a GED certificate. The MOU has not been approved by Salinas Adult School.

Current Monterey County Jail Programming Statistics:

