

**Before the Board of Supervisors in and for the
County of Monterey, State of California**

Resolution No.

Adopt a resolution supporting the exploration of funding)
and policy measures, such as the establishment of a)
statewide California Wellness Trust to implement and)
sustain population-based efforts to prevent chronic)
disease, injury, and premature death and to promote)
health in Monterey County and California.....)

WHEREAS, chronic diseases and injuries, most of which are preventable, accounted for 80% of deaths in California in 2010; and

WHEREAS, we are in the midst of a large-scale epidemic of obesity and diabetes that shows little sign of slowing and may lead this generation of children to have shorter lives than their parents; and

WHEREAS, more than half of California’s adults are overweight or obese and therefore at greater risk for chronic conditions including diabetes, heart disease, cancer, arthritis, stroke and high blood pressure; and

WHEREAS, this burden of preventable illness generates enormous costs for families, employers, local and state government and health care systems, and

WHEREAS, the six leading chronic diseases alone generated treatment costs of \$1,009,092,286 in our county in 2010, and these continue to rise, and

WHEREAS, California had 18,152 injury deaths, with \$21 billion in lifetime costs (\$538 for every resident in the state) in 2014 alone, and

WHEREAS, poor diet is now the leading risk factor for death in the United States, followed by tobacco, high blood pressure, obesity and physical inactivity, and

WHEREAS, people who have access to healthy food and eat a healthy varied diet are at lower risk of obesity and chronic disease, and

WHEREAS, people who live in highly walkable, safe, mixed-use communities with easy access to green space and public transit options are more physically active and less obese, contributing to greater overall health, and

WHEREAS, this burden of illness is distributed unfairly. The place where you were born and live, your income, race, and ethnicity all play a role in determining how likely you are to become ill, be injured or die too young, and

WHEREAS, just \$10 per person for strategic investment in prevention would represent less than 1/1000th of our annual healthcare spending in California, and

WHEREAS, as our population ages, medical care becomes more complex and costly, and we seek to assure health care coverage for Californians, the need to invest in preventing those illnesses that can be averted has never been more urgent; and

WHEREAS, Oklahoma, Minnesota and Massachusetts have created wellness trusts or funds that provide sustained, dedicated funding to reduce leading causes of premature illness and death and have demonstrated positive outcomes in reducing risk factors for disease, and NOW, THEREFORE, BE IT RESOLVED THAT, the Board of Supervisors does hereby support the exploration of funding and policy measures, such as the establishment of a statewide California Wellness Trust, to implement and sustain population-based efforts to prevent chronic disease, injury, and premature death and to promote health equity in Monterey County and California.

PASSED AND ADOPTED upon motion of Supervisor _____, seconded by Supervisor _____ and carried this ____ day of _____ by the following vote, to wit:

AYES:

NOES:

ABSENT:

I, Valerie Ralph, Clerk of the Board of Supervisors of the County of Monterey, State of California, hereby certify that the foregoing is a true copy of an original order of said Board Supervisors duly made and entered in the minutes thereof of Minute Book ____, for the meeting on _____.

Dated:

Valerie Ralph, Clerk of the Board of Supervisors
County of Monterey, State of California.

By _____

Deputy _____