

Monterey County

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Board Order

Resolution No.: 16-013

Upon motion of Supervisor Armenta, seconded by Supervisor Potter and carried by those members present, the Board of Supervisors hereby:

Adopted Resolution proclaiming February 7-13, 2016, 'Black Minds Matter: African American Mental Health Awareness Week" in Monterey County. (Full Board)

PASSED AND ADOPTED on this 2th day of February 2016, by the following vote, to wit:

AYES: Supervisors Armenta, Phillips, Salinas, Parker and Potter

NOES: None

ABSENT: None

I, Gail T. Borkowski, Clerk of the Board of Supervisors of the County of Monterey, State of California, hereby certify that the foregoing is a true copy of an original order of said Board of Supervisors duly made and entered in the minutes thereof of Minute Book 78 for the meeting on February 2, 2016.

Dated: February 3, 2016 File ID: CR 16-007 Gail T. Borkowski, Clerk of the Board of Supervisors County of Monterey, State of California

Denuty

Before the Board of Supervisors in and for the County of Monterey, State of California

Resolution No.: 16-013

Resolution proclaiming February 7-13, 2016, "Black Minds Matter:

African American Mental Health Awareness Week" in Monterey County.....)

WHEREAS, the Monterey County Board of Supervisors declares February 7-13, 2016 as "BLACK MINDS MATTER: AFRICAN AMERICAN MENTAL HEALTH AWARENESS WEEK" in Monterey County as part of California's "Each Mind Matters Movement"; and

WHEREAS, this week is dedicated to the memory of Dr. Francis Cecil Sumner, the first African American to receive a Doctorate in Psychology and Dr. Inez Beverly Prosser, the first African American woman to receive a Doctorate in Psychology, both being pioneers in the Black Psychology Movement of the early 1930's; and

WHEREAS, in their spirit, there is a need to support the recovery process of African American individuals and their family members struggling with the challenges of mental health issues through the delivery of community based, culturally responsive services, including but not limited to Community Defined Evidence Practices (CDEP); and

WHEREAS, mental health issues are among the leading causes of disability among all groups of people in the United States; and

WHEREAS, the 1999 Surgeon General's Report and the 2004 Mental Health Services Act identified African Americans as one of four major ethnic groups experiencing mental health services disparities in this nation; and

WHEREAS, Monterey County Behavioral Health, in 2008, supported the founding of The Village Project, Inc., an African American-focused Family Resource Center to bring culturally appropriate and responsive clinical services to Monterey County for African Americans and other underserved populations producing over seven and one-half years of positive outcomes for those communities; and

WHEREAS, among those critical outcomes were the reduction of stigma and cultural distrust among African Americans and others, thus breaking down two formidable barriers to those populations requesting, accessing and receiving mental health services; and

WHEREAS, the goal of this week is to heighten awareness of mental health in the African American community and encourage people to put misconceptions and stereotypes to rest.

NOW, THEREFORE, BE IT RESOLVED, that the Monterey County Board of Supervisors, in its acknowledgment of BLACK HISTORY MONTH and its use of the significance of this month to proclaim FEBRUARY 7-13, 2016 as "BLACK MINDS MATTER: AFRICAN AMERICAN MENTAL HEALTH AWARENESS WEEK", demonstrates its ongoing commitment to encouraging collective efforts by governmental agencies, community based organizations, community volunteers, spiritual leaders and families to replace misinformation about mental health care and erase prejudice, fear and blame, thereby reducing stigma and disparities in the African American and other historically underserved communities in Monterey County.

PASSED AND ADOPTED upon motion of Supervisor Armenta, seconded by Supervisor Potter and carried this 2nd day of February 2016, by the following vote, to wit:

AYES: Supervisor Armenta, Phillips, Salinas, Potter and Parker

NOES: None ABSENT: None

I, Gail T. Borkowski, Clerk of the Board of Supervisors of the County of Monterey, State of California, hereby certify that the foregoing is a true copy of an original order of said Board of Supervisors duly made and entered in the minutes thereof of Minute Book 78 for the meeting on February 2, 2016.

Dated: February 3, 2016 File Number: CR 16-006 Gail T. Borkowski, Clerk of the Board of Supervisors County of Monterey, State of California

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Deputy