## Before the Board of Supervisors In and for the County of Monterey, State of California

**Resolution No.:** Resolution proclaiming the month of May as ) **Mental Health Awareness Month** in Monterey County....)

WHEREAS, as many as 50% of mental health problems begin before the age of 14; and

**WHEREAS**, early childhood experiences matter and can help shape patterns that will influence how a child learns, makes relationships, and perceives the world. As the number of Adverse Childhood Experiences (ACEs) increases, so does the risk for negative physical and mental health outcomes; and

**WHEREAS**, a holistic approach to children's mental health that includes the provision of supports that strengthen parents and families as they nurture resiliency is essential; and

**WHEREAS,** today, the issue of mental health disparities and mental health treatment inequities remain issues for the diverse communities in Monterey County despite the gains that have been made in these areas; and

**WHEREAS**, in Monterey County, with the passage of the California Mental Health Services Act in 2004, there is momentum towards more effective outreach, engagement and the provision of culturally and linguistically specific and relevant mental health programs, services and treatment to our diverse communities and people; and

**WHEREAS,** in Monterey County, the Board of Supervisors calls upon all of us, community based organizations, childcare providers, caregivers, schools, institutions of early learning, and local governments to become trauma informed; and invest in prevention and early intervention for children, youth, families, and communities.

**NOW, THEREFORE BE IT RESOLVED** that the Monterey County Board of Supervisors, on behalf of the County and all its citizens thereof, hereby proclaims the month of May as **Mental Health Awareness Month**.

PASSED AND ADOPTED on this \_\_ day of May, 2016.

AYES: NOES: ABSENT:

I, Gail T. Borkowski, Clerk of the Board of Supervisors of the County of Monterey, State of California, hereby certify that the foregoing is a true copy of an original resolution of said Board of Supervisors duly made and entered in the minutes thereof of Minute Book\_\_\_\_\_ for the meeting on \_\_\_\_\_.

Dated:

Gail T. Borkowski, Clerk of the Board of Supervisors County of Monterey, State of California

By\_\_\_\_\_