

Fiscal Year 2015-16

## System of Care Data

- Access to Treatment
- Adult System of Care (ASOC)
- Children System of Care (CSOC)
- Crisis, Hospital and Other
- Alcohol and Other Drug Services (AOD)

## System of Care: Access to Treatment

Access to Treatment programs are primary entry point for eligible county residents of Monterey County seeking mental health services. After an initial assessment, treatment services are typically provided in group settings and/or individual counseling sessions that focus on skill-building and support. In addition, specialty counseling services for LGBTQ, HIV/AIDS, and persons with cultural/linguistic needs, are provided by Behavioral Health and/or our community partners

Number of Clients Served: 4,046

Total Service Value: \$6,749,160.69

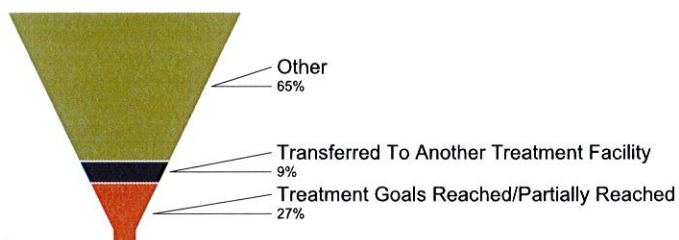
Average Service Value per Client: \$1,668.11

Average Age: 32

Number of New Clients: 2,619

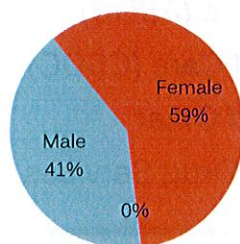
Number of Clients Discharged: 2,585

### Discharge Disposition/Outcome

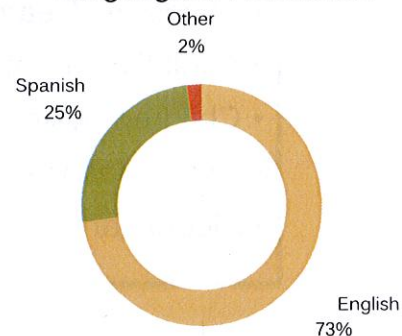


Of the Clients Served, 17 % had a Substance Use Diagnosis.

### Gender



### Language of Preference



### Top 5 Primary Diagnosis

Diagnosis Type	% of Clients with this Diagnosis Type
Depressive Disorders	20 %
OTHER	18 %
Adjustment Disorders	15 %
Bipolar / Mood Disorders	8 %
Anxiety Disorders	8 %

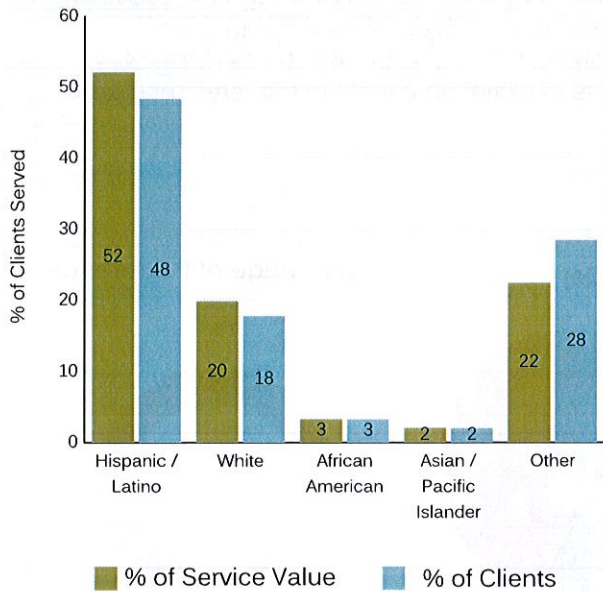
### Breakdown of Service Type

			Number of Services	% of Total Service Minutes	% of Clients
Primary Insurance Source of Clients Served	% of clients served	Assessment/Evaluation	5,664	28 %	61%
		Collateral/Family Therapy	533	2 %	5%
		Crisis Intervention	198	0 %	2%
		Group Counseling	1,337	3 %	6%
		Linkage/Brokerage	5,770	12 %	42%
		Medication Support	1,818	5 %	15%
		Mental Health Counseling	7,645	29 %	34%
		Non Billable	11,756	20 %	76%
		Other	133	0 %	2%
Medi-Cal	86%	Total	34,854	100%	100%
Medicare B	5%				
Others	2%				
Private Insurance	4%				
Self Pay	4%				

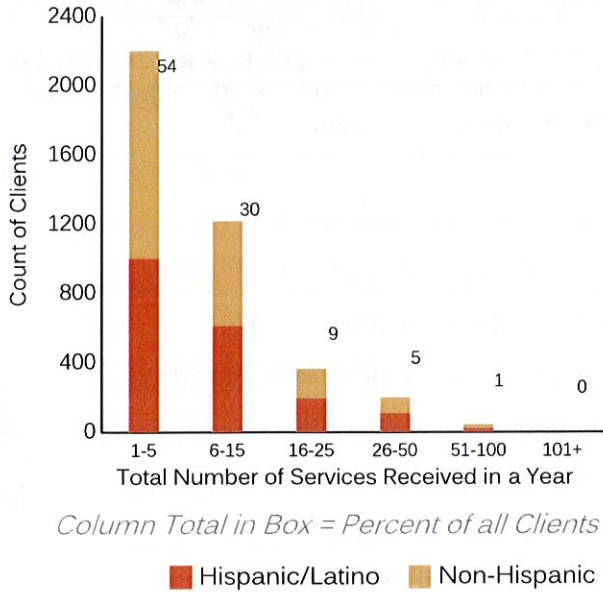


## Health Equities

Breakdown of Clients Served by Ethnicity

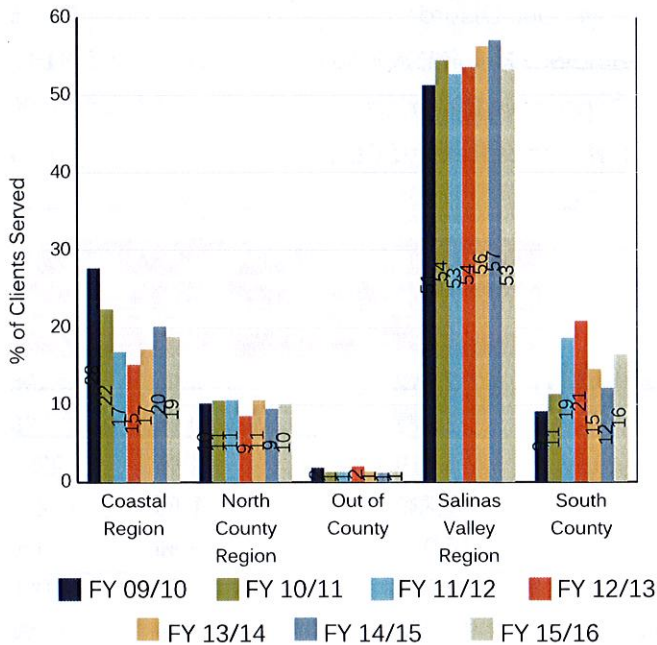


Clients Served Grouped by Number of Services Received During the Year

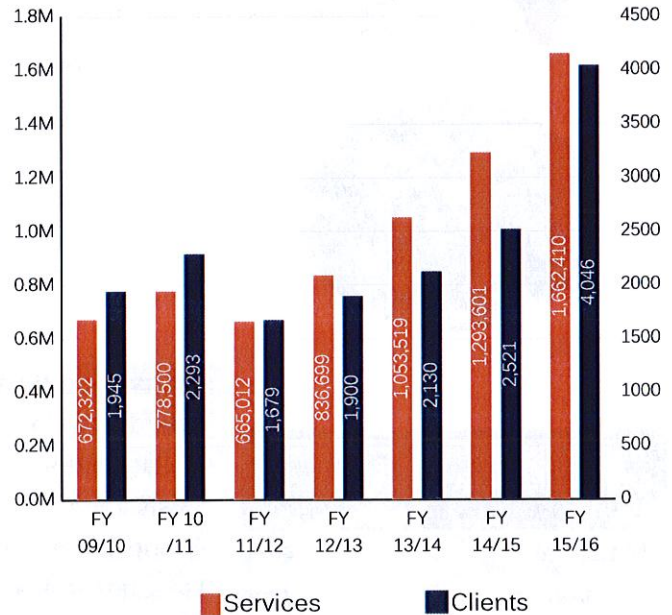


## Seven Year Service Trend

Percent of Clients Served by Region of Residence



Total Service Minutes Compared to Total Client Count





## System of Care: Adult System of Care (ASOC)

Monterey County Behavioral Health staff collaborates with local agencies to provide a range of services to adults ages 18 years and older with serious and persistent mental illness. The overarching goal is to help consumers establish and/or maintain independence, self-sufficiency and recovery through the provision of integrated health care services that includes psychiatric, mental health, physical health and case management services. These services are provided at locations in three (3) regional clinics (Monterey Peninsula, Salinas, and Soledad/King City). The primary goal is to maintain clients in the least restrictive environment to enhance quality of life.

Number of Clients Served: 1,865

Total Service Value: \$26,865,622.97

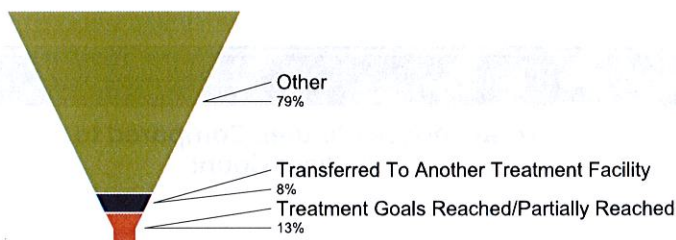
Average Service Value per Client: \$14,405.16

Average Age: 45

Number of New Clients: 322

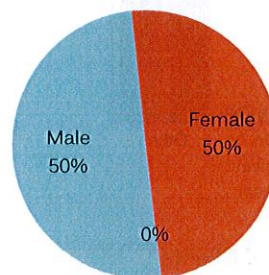
Number of Clients Discharged: 237

### Discharge Disposition/Outcome

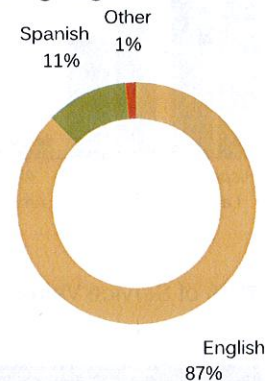


Of the Clients Served, 48 % had a Substance Use Diagnosis.

### Gender



### Language of Preference



### Top 5 Primary Diagnosis

Diagnosis Type	% of Clients with this Diagnosis Type
Psychotic Disorder	51 %
Bipolar / Mood Disorders	31 %
Depressive Disorders	8 %
Substance Related Disorders	1 %
OTHER	1 %

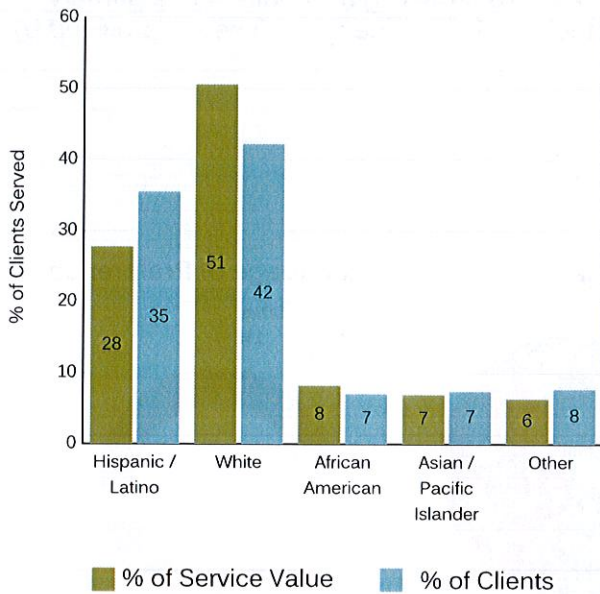
### Breakdown of Service Type

		Number of Services	% of Total Service Minutes	% of Clients	
Primary Insurance Source of Clients Served	% of clients served	Assessment/Evaluation	2,542	6 %	61%
		Board and Care	21,272	0 %	5%
		Collateral/Family Therapy	1,218	1 %	22%
		Crisis Intervention	1,230	1 %	12%
		Group Counseling	16,015	9 %	25%
		Linkage/Brokerage	26,643	29 %	80%
		Medication Support	11,021	9 %	83%
		Mental Health Counseling	28,660	34 %	61%
		Residence Bed Day	9,135	0 %	11%
		Non Billable	20,025	11 %	88%
		Other	14,949	0 %	14%
		Total	152,710	100%	100%

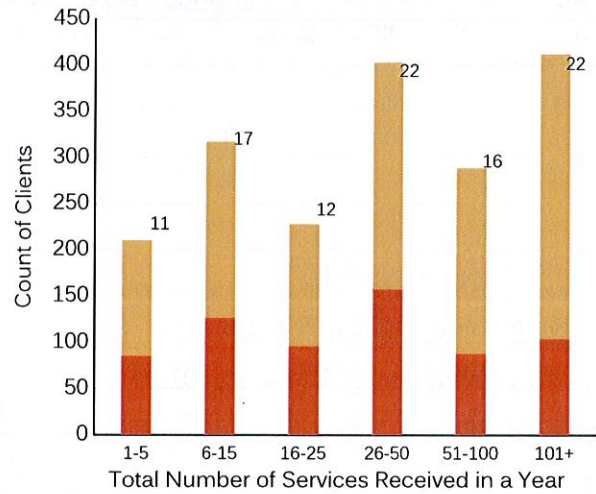


## Health Equities

Breakdown of Clients Served by Ethnicity



Clients Served Grouped by Number of Services Received During the Year

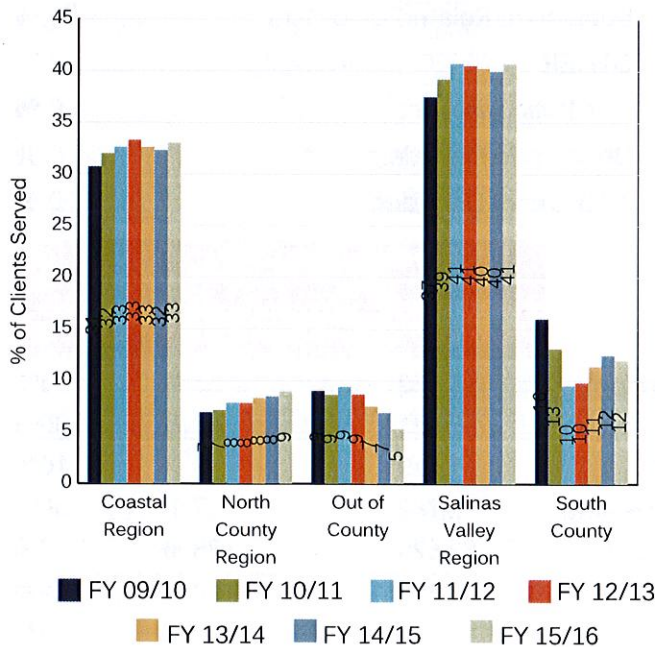


Column Total in Box = Percent of all Clients

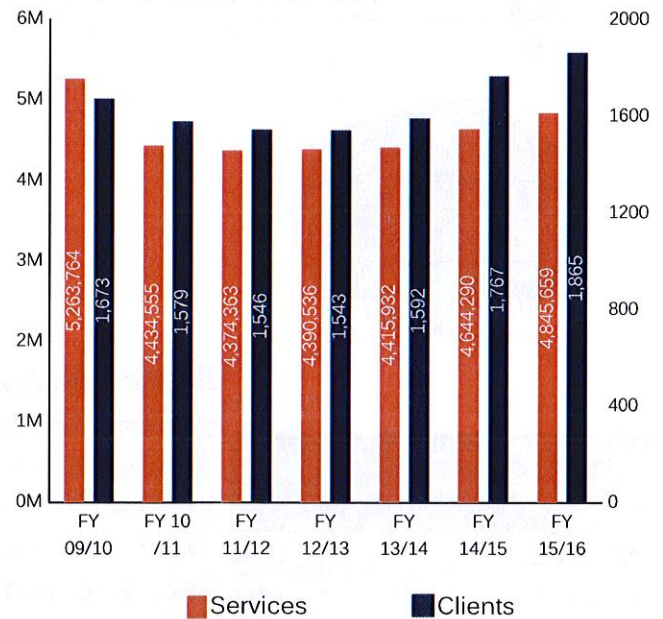
Hispanic/Latino Non-Hispanic

## Seven Year Service Trend

Percent of Clients Served by Region of Residence



Total Service Minutes Compared to Total Client Count





## System of Care: Alcohol and Other Drug Services (AOD)

Services consist of intensive structured recovery support for Monterey County residents age 18 years and above with a primary addiction to alcohol/other drugs. Intravenous drug users and HIV+ clients receive priority admission. Narcotic maintenance services are available to Medi-Cal eligible adults with a primary addiction to heroin or other opiates to stabilize and decrease their addiction. These services are provided by local agencies.

Number of Clients Served: 1,246

Total Service Value: \$4,237,692.11

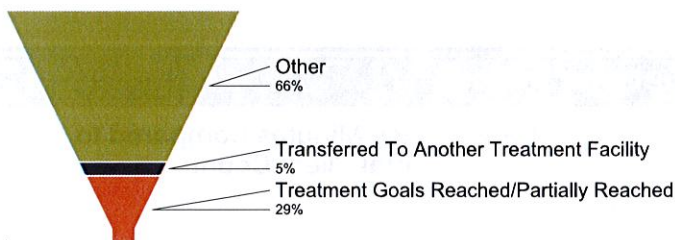
Average Service Value per Client: \$3,401.04

Average Age: 38

Number of New Clients: 482

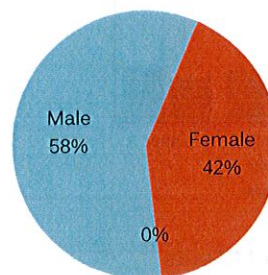
Number of Clients Discharged: 717

### Discharge Disposition/Outcome

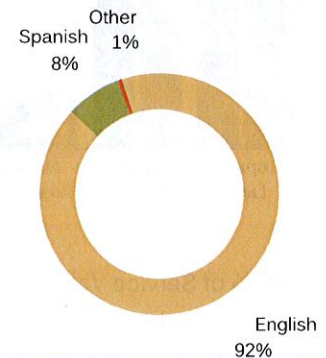


Of the Clients Served, 78 % had a Substance Use Diagnosis.

### Gender



### Language of Preference



### Top 5 Primary Diagnosis

Diagnosis Type	% of Clients with this Diagnosis Type
Substance Related Disorders	72 %
OTHER	1 %
Psychotic Disorder	0 %
Depressive Disorders	0 %
Adjustment Disorders	0 %

### Breakdown of Service Type

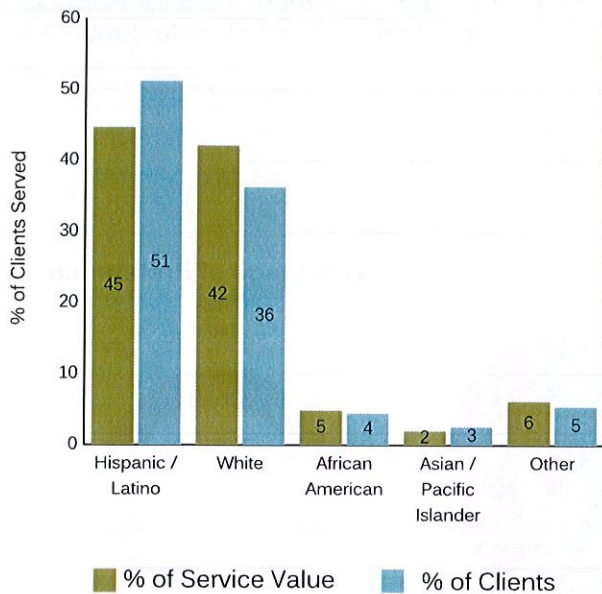
	Number of Services	% of Total Service Minutes	% of Clients
Assessment/Evaluation	52	1 %	4%
Group Counseling	5,931	42 %	35%
Linkage/Brokerage	1,819	8 %	10%
Mental Health Counseling	1,782	7 %	39%
Methadone Treatment	82,620	38 %	26%
Residence Bed Day	46,322	4 %	36%
Non Billable	4	0 %	0%
Other	1,423	1 %	1%
Total	139,953	100%	100%

Primary Insurance Source of Clients Served	% of clients served
Medi-Cal	64%
Others	36%
Private Insurance	0%

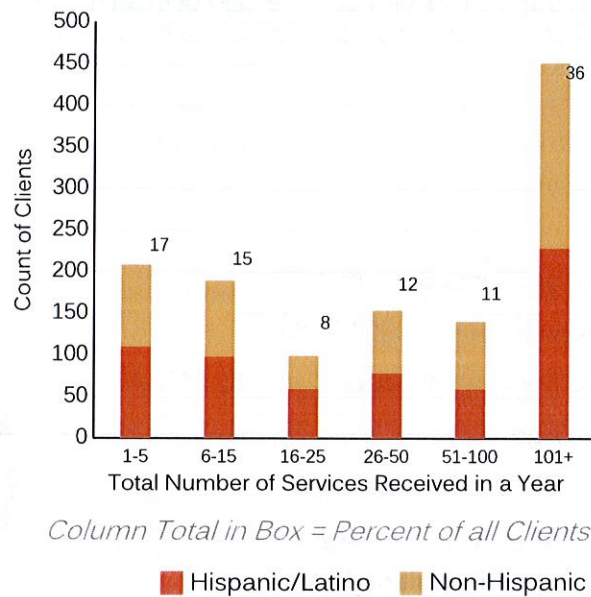


## Health Equities

Breakdown of Clients Served by Ethnicity

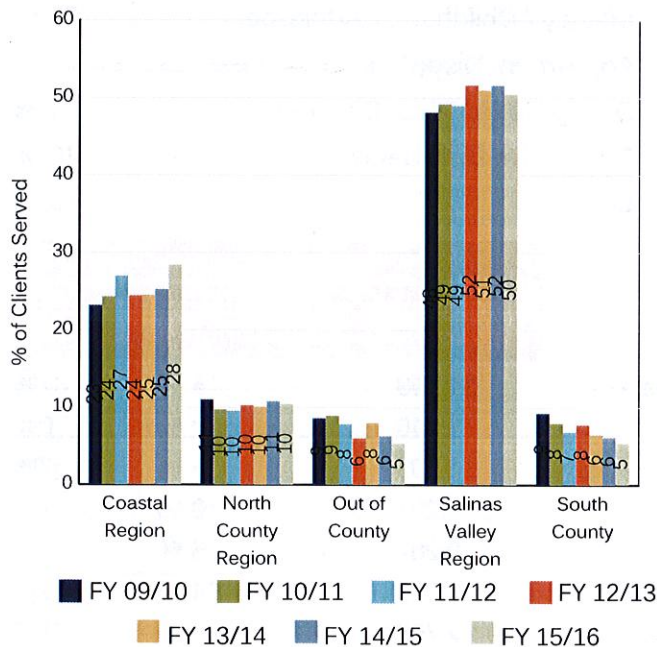


Clients Served Grouped by Number of Services Received During the Year

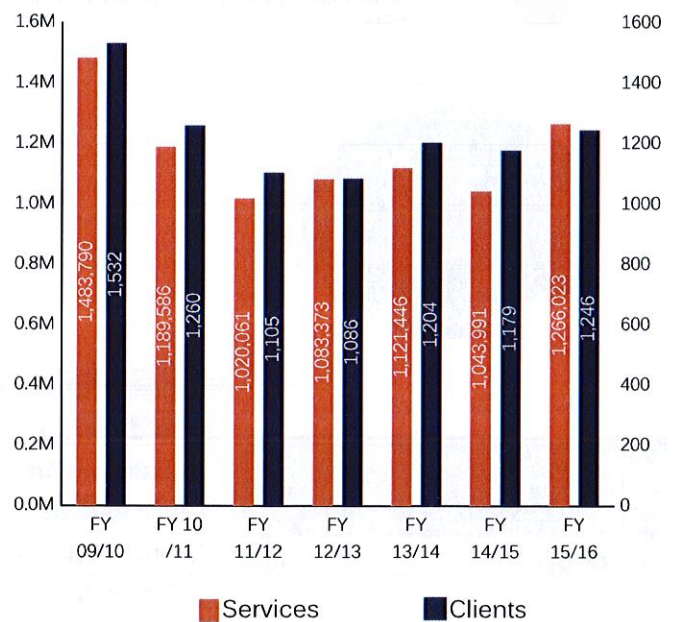


## Seven Year Service Trend

Percent of Clients Served by Region of Residence



Total Service Minutes Compared to Total Client Count





## System of Care: Children System of Care (CSOC)

County Behavioral Health staff provides services designed to strengthen families with children with serious mental health needs, ranging from assessment, individual, group and family treatment, and psychiatry services. Supportive services are also offered to parents/caregivers of children and youth ages 0 through 25 to better understand their child's mental health condition, which promotes optimal mental health treatment outcomes.

Number of Clients Served: 3,395

Total Service Value: \$36,539,641.79

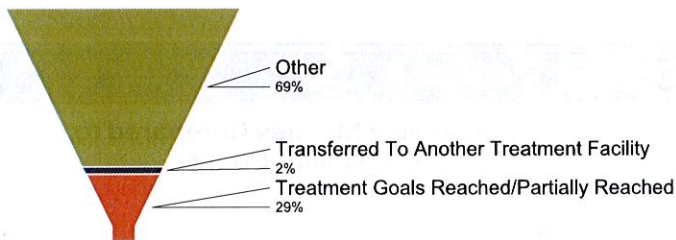
Average Service Value per Client: \$10,762.78

Average Age: 12

Number of New Clients: 1,476

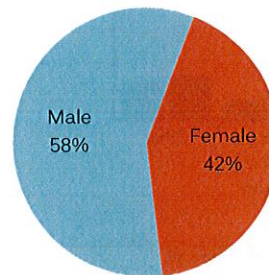
Number of Clients Discharged: 1,435

### Discharge Disposition/Outcome

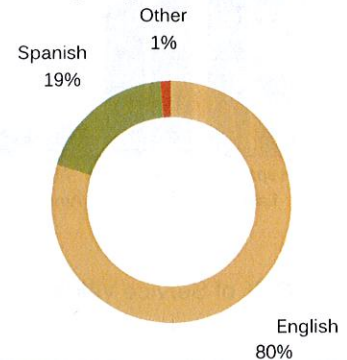


Of the Clients Served, 18 % had a Substance Use Diagnosis.

### Gender



### Language of Preference



### Top 5 Primary Diagnosis

Diagnosis Type	% of Clients with this Diagnosis Type
Infancy / Childhood / Adolescent	27 %
Adjustment Disorders	21 %
Disruptive Behavior Disorder	11 %
Depressive Disorders	10 %
OTHER	9 %

### Breakdown of Service Type

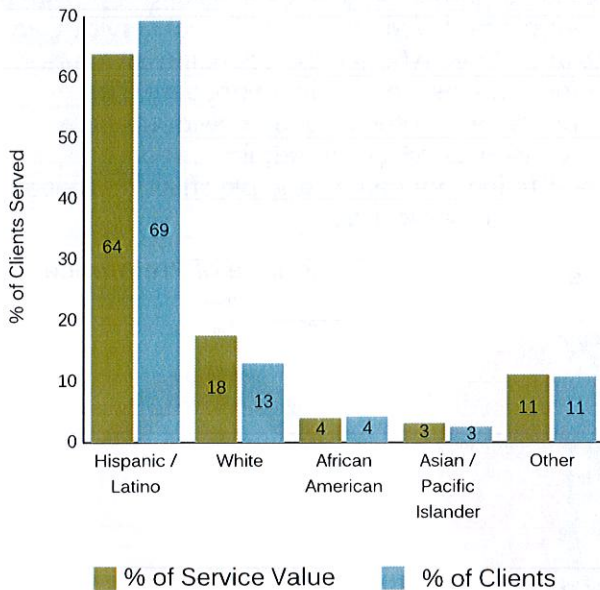
	Number of Services	% of Total Service Minutes	% of Clients
Assessment/Evaluation	14,708	15 %	81%
Board and Care	1,046	0 %	0%
Collateral/Family Therapy	11,608	9 %	52%
Crisis Intervention	237	0 %	2%
Group Counseling	9,287	5 %	14%
Linkage/Brokerage	25,029	14 %	77%
Medication Support	2,753	2 %	21%
Mental Health Counseling	51,178	47 %	70%
Non Billable	19,835	8 %	71%
Other	141	0 %	3%
Total	135,822	100%	100%

Primary Insurance Source of Clients Served	% of clients served
Medi-Cal	86%
Medicare B	0%
Others	0%
Private Insurance	4%
Self Pay	9%

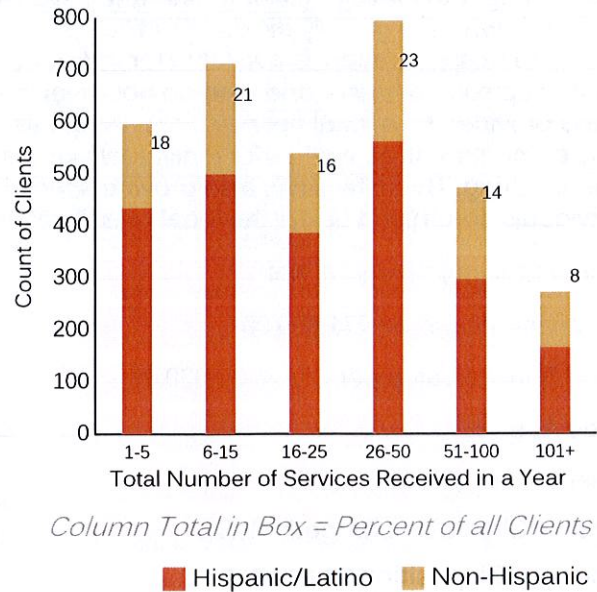


## Health Equities

Breakdown of Clients Served by Ethnicity

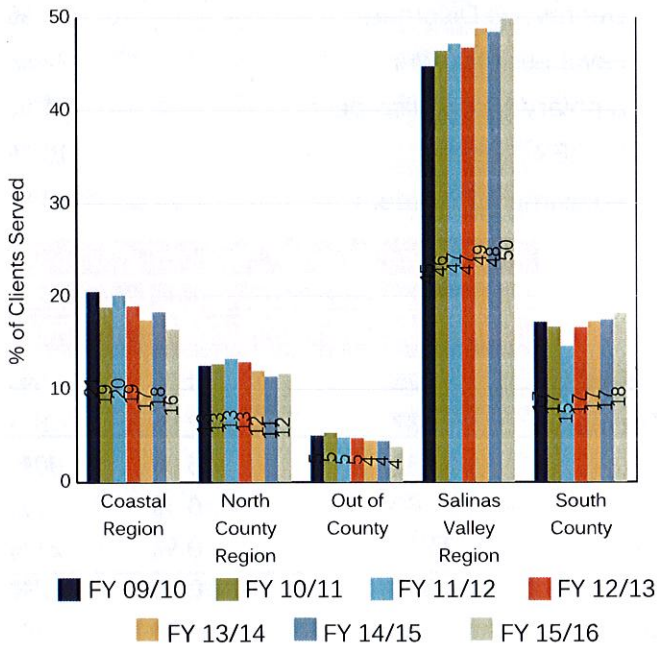


Clients Served Grouped by Number of Services Received During the Year

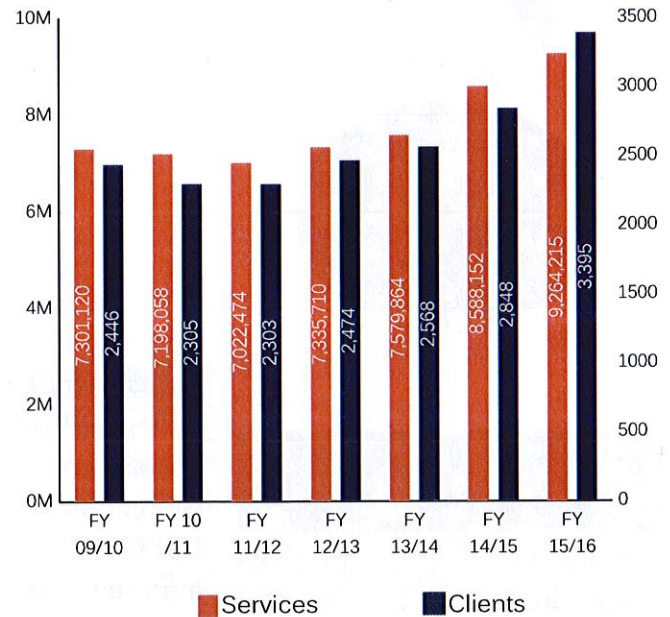


## Seven Year Service Trend

Percent of Clients Served by Region of Residence



Total Service Minutes Compared to Total Client Count





## System of Care: Crisis Hospital and TAR

Crisis intervention services are provided by a team of County Behavioral Health staff who intervene in situations where an individual's mental or emotional condition results in behavior that may pose an imminent danger to him/herself or to another. Psychiatric inpatient treatment in a hospital setting is provided to individuals who are gravely disabled or likely to do serious harm. Short-term crisis residential services, an alternative to hospitalization, is available for individuals age 18 and above who are experiencing an acute psychiatric episode or crisis, and who do not meet the criteria for acute psychiatric inpatient care. This service is provided by a local agency. State hospitals provide mental health services for individuals on a forensic commitment, as well as for individuals who are under conservatorship and require a secure treatment setting. These facilities also provide specialized rehabilitation, education, and psychiatric services for individuals committed under the legal classification Incompetent to Stand Trial.

Number of Clients Served: 1,784

Total Service Value: \$8,971,859.08

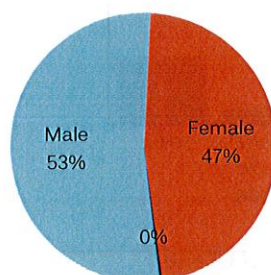
Average Service Value per Client: \$5,029.07

Average Age: 33

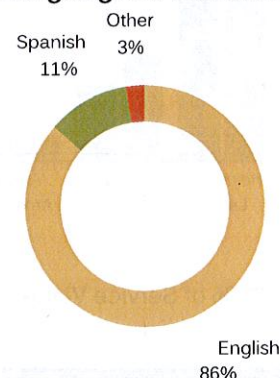
Number of New Clients: 1,135

Number of Clients Discharged: 1,723

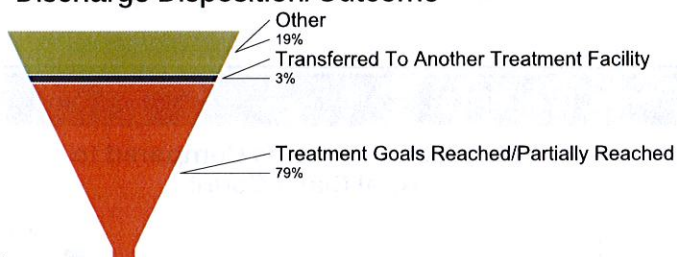
Gender



Language of Preference



Discharge Disposition/Outcome



Of the Clients Served, 48 % had a Substance Use Diagnosis.

Top 5 Primary Diagnosis

Diagnosis Type	% of Clients with this Diagnosis Type
Depressive Disorders	25 %
Psychotic Disorder	22 %
Bipolar / Mood Disorders	21 %
OTHER	10 %
Adjustment Disorders	8 %

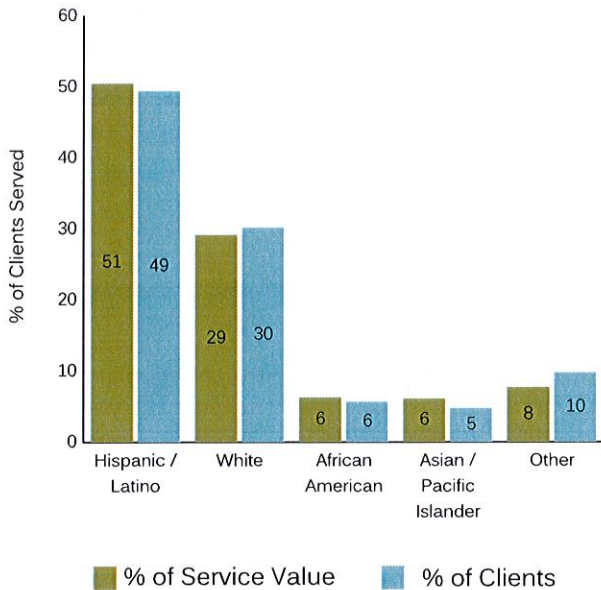
Breakdown of Service Type

		Number of Services	% of Total Service Minutes	% of Clients	
Primary Insurance Source of Clients Served	% of clients served	Assessment/Evaluation	326	4 %	5%
		Collateral/Family Therapy	337	2 %	5%
		Crisis Intervention	3,682	55 %	80%
		Group Counseling	60	0 %	1%
		Inpatient Care - Acute	2,381	0 %	21%
		Inpatient Care - Admin	579	0 %	2%
		Linkage/Brokerage	891	6 %	7%
		Medication Support	303	2 %	4%
		Mental Health Counseling	589	6 %	5%
		Non Billable	853	5 %	16%
		Other	4,884	20 %	45%
		Total	14,885	100%	100%

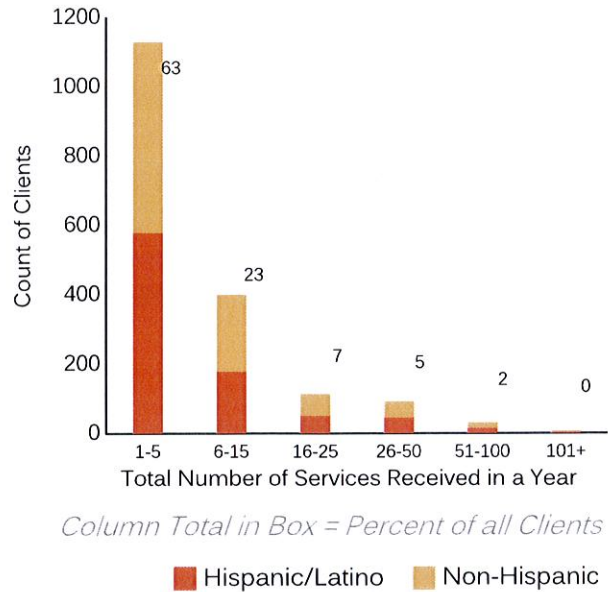


## Health Equities

Breakdown of Clients Served by Ethnicity

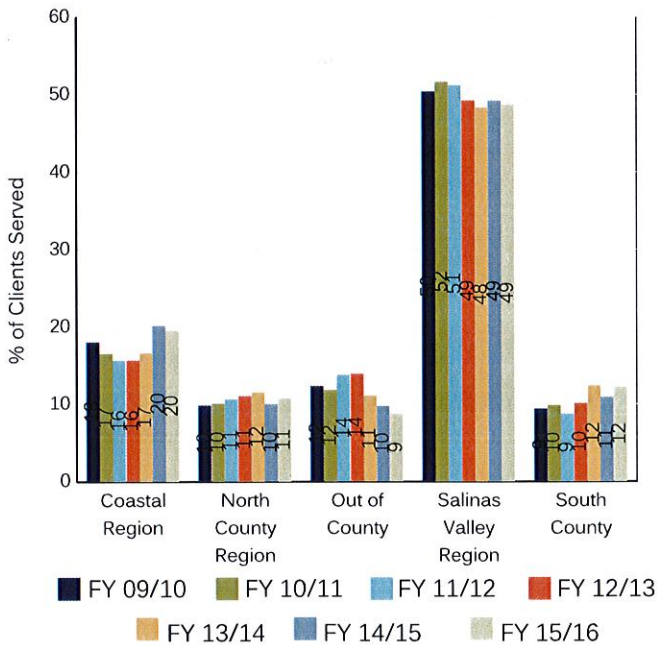


Clients Served Grouped by Number of Services Received During the Year



## Seven Year Service Trend

Percent of Clients Served by Region of Residence



Total Service Minutes Compared to Total Client Count

