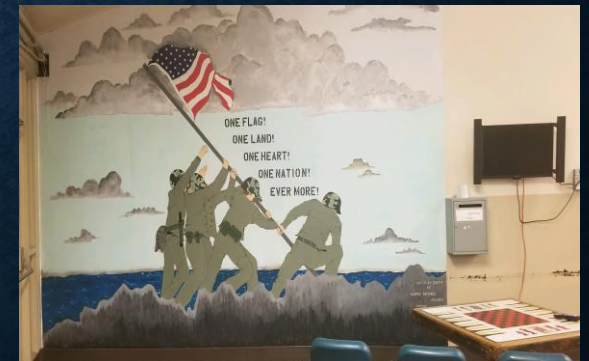




# MCSO EDUCATIONAL PROGRAMS UNIT

By: Charles DaSilva  
Corrections Program Manager





# PROGRAMS MISSION STATEMENT

## MISSION

The mission of the Monterey County Sheriff's Programs Unit is to provide the highest quality of educational services, opportunities and personal development possible for the inmate community.

## VISION

The Monterey County Sheriff's Programs Unit is committed to the achievement of quality educational services and opportunities by providing assessment and educational groups to those inmates achieving individual improvement with the goal of the inmates returning to society. We accept the challenge of providing banner quality programs to inmates within a custody setting. This requires an educated, motivated, and dedicated staff employing a collaborative and mutually supporting approach dedicated to each inmate and their programs.



# EDUCATIONAL PROGRAMS UNIT:

The MCSO Educational Programs Unit provides programs with the following focus:

- A safe and structured environment for inmate student creativity, and positive experiences.
- Evidence based and best practices educational modalities designed to enhance the inmate students ability to understand and implement adaptive positive patterns of social behavior.
- Educational modalities focusing on the inmate student, understanding the need for positive resources and supportive services available outside in the community setting.
- Evidence based educational programs focusing on understanding and modifying substance abuse behaviors, incorporating educational, supportive, and relapse prevention approaches.
- Re-entry planning for inmate students to transition successfully into the community. Re-entry planning will address resource information and planning at the group level as well as the individual level.

# GOALS FOR EDUCATIONAL PROGRAMS

- Promote learning through group participation and education
- Improve opportunities in education and community
- Improvement in socialization within a classroom and community
- Improvement in ability to manage stressors and barriers
- Improvement in familial coping
- Provide more opportunities for our inmates to interact with the community such as Job/Resource Fair, Community Leaders presenting in a monthly town hall providing motivational topics, and stories.



# GOALS FOR OUR INMATES:

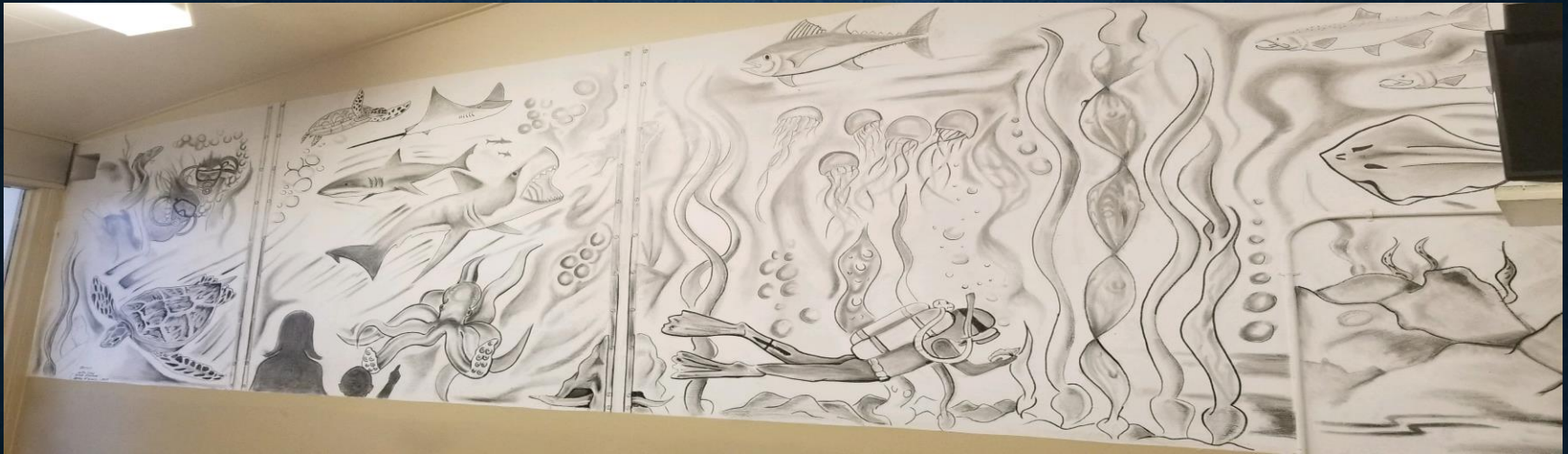
- Understand the rules of Society
- Provide Positive Social Interactions
- Understanding Barriers and how to overcome them
- Reach short and long term goals
- Feel safe
- Feel heard
- Have a sense of belonging
- Reduce distrust and fear
- Positive and successful transition to the community
- Be Productive Citizens



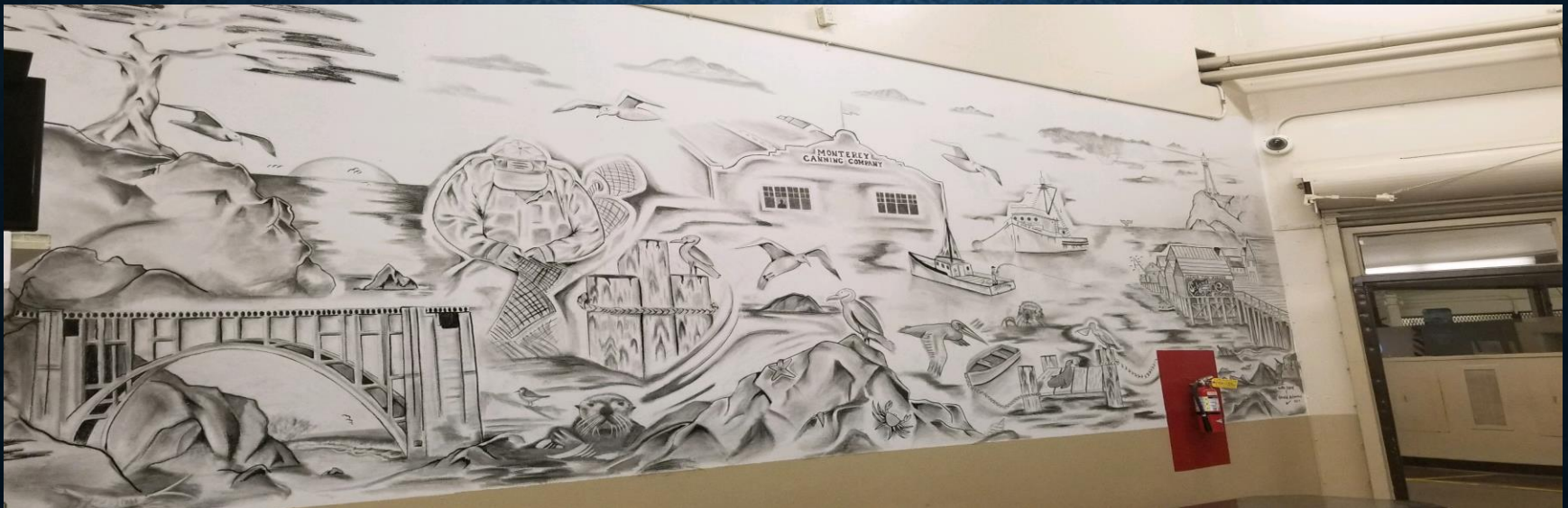
# RESPONSIBILITY OF THE PROGRAMS UNIT

- To provide quality educational services, opportunities, and personal development possible for the inmate to succeed in the community.
- Help manage inmates addiction(s), maintain recovery, create positive self-esteem, changing the criminal mindset, and restoring inmates self-respect.
- Will help provide critical parenting skills that are necessary to be a successful parent despite being incarcerated.
- Our purpose is to restore, remediate or rehabilitate in order to improve daily functioning and independence of our inmate population, so that they become productive citizens in our community.
- Utilizing evidence-based programs to explore and learn about essential basic life skills.
- Programs Unit will provide resources and opportunities in order to improve the well being of the inmate student for a successful transition to the community.
- SO HOW DO WE DO THIS?????





# **CURRENT EDUCATIONAL CLASSES/COURSES**





# GEO GROUP

Moral Recognition Therapy (MRT) is a systematic treatment approach that seeks to decrease recidivism, or the tendency of a convicted criminal to re-offend, among juvenile and adult offenders by increasing moral reasoning. MRT takes the form of individual and group counseling, and uses prescribed homework assignments and structured group exercises to address seven basic treatment issues:

- Confrontation of beliefs, behaviors, and attitudes
- Reinforcement of positive behavior and habits
- Assessment of current relationships
- Positive identity formation
- Enhancement of self-concept
- Development of higher stages of moral reasoning
- Decrease in hedonism and development of frustration tolerant

<https://www.geogroup.com/>



# GEO DATA REPORT

## ENROLLMENT/COMPLETION

MONTH/YEAR	MRT PROGRAM	OTHER CLASSES	<b>GRADUATED/COMPLETED</b>  <b>65 M.R.T.</b> <b>28 ANGER</b> <b>24 1<sup>st</sup> STEP OF SUBST. ABUSE</b> <b>9 EMPLOYMENT</b> <b>10 FEELINGS COURSE</b> <b>16 COURAGE TO CHANGE COURSE</b>
AUGUST 2017	31	76	
SEPTEMBER 2017	34	62	
OCTOBER 2017	30	62	
NOVEMBER 2017	37	42	
DECEMBER 2017	27	41	
JANUARY 2018	35	37	
FEBRUARY 2018	30	36	
MARCH 2018	31	54	
APRIL 2018	40	33	
MAY 2018	38	41	
JUNE 2018	25	46	
JULY 2018	25	43	
TOTAL:	383	575	



# GEO CONT'D

GEO provides a continuum of educational programming and services targeted to each participant's individually assessed criminogenic needs.

GEO Courses will include:

- Substance Abuse Education/Classes.
- Anger Management.
- Cognitive and Life Skills Development.
- Parenting Skills and Family Reintegration.
- Budgeting and Money Management.
- Employment Preparation Skills.
- Community Transition preparation and resources
- Providing comprehensive case management and a continuum of care approach that includes all applicable internal and external supervising personnel involved in a participant's case.
- Treating all involved inmates in a fair, honest, and respectful manner.



# PARENT PROJECT/WHY'D YOU STOP ME

# WYSM

The MCSO has teamed up with Partners4peace, to bring new and exciting topics and classes to our inmate population:

## 1. The Parent Project, Sr.® - Changing Destructive Adolescent Behavior

- For parents only - of difficult or out-of-control teens, 11-17 years of age
- 10-12 week program
- The Changing Destructive Adolescent Behavior curriculum provides concrete solutions and skills to help parents gain control over their household.
- This is the only program in the country that tackles the most destructive of adolescent behaviors (gangs, truancy, violence, drugs, runaways, bullying)

2. Between 2016 and 2018 Partners 4 Peace will be coordinating presentations of the **Why'd You Stop Me Class**. These timely, FREE Multi-Media Events will give event participants an opportunity to increase their understanding of police procedures and answer the question, "Why'd You Stop Me?" We have had two successful events with both the male, and female population.

<http://www.partners4peace.org/>



# **HARTNELL COLLEGE**

Fall Semester 2017/ Fall Semester of 2018

## **COUNSELING- STUDENT SUCCESS SEMINAR**

- COU-1(3)units

Course to assist first-time college students create greater success in college and in life. Develop awareness, self-responsibility and self-empowerment.

Spring Semester 2018

## **ALCOHOL & OTHER DRUGS – FUNDAMENTALS OF CHEMICAL DEPENDENCY**

- AOD-1(3)units

This course provides students with the academic preparation needed for employment in the substance abuse field. Career opportunities for certified Alcohol and Drug Counselors.

<https://www.hartnell.edu/>

# HARTNELL DATA 2017 FALL SEMESTER AND 2018 SPRING SEMESTER

2017 FALL SEMESTER COU-1 COURSE	ENROLLED	PASSED
MALES	7	7
FEMALES	9	9

2018 SPRING SEMESTER AOD - 1 COURSE	ENROLLED	PASSED
MALES	11	11
FEMALES	6	6



# **SALINAS UNION ADULT SCHOOL**

October of 2014 we started the HiSET Prep. and Exam Educational Course:

- High school equivalency (HiSET) exam are for adults without a high school diploma.
- We offer free HiSET test preparation classes and testing at the jail. HiSET classes prepare students to sit for five tests required for the California High School Equivalency (HiSET) Certificate.
- We offer High School Equivalency class in English and Spanish.

1. How to Take the HiSET Exam?

2. Students will take the CASAS Reading and Math test assessment.

3. A teacher reviews the results with the student before registering for a class or fast track to the HiSET Exam.

4. Students follow an individualized course of study to review subject content and test-taking skills. They will also learn to use the scientific math calculator and complete practice exams.

# SALINAS UNION ADULT SCHOOL

## CONT'D:

**Number of Students enrolled and passed all 5 tests and graduated..**

SCHOOL YEAR	ENROLLED	PASSED
2015-2016	5	1 student (2015)
2016-2017	35	6 students (2016)
2017-2018	142	23 students (2017) 14 students (2018)



# KICKSTART WORKSHOP:

This Workshop is offered to the Jail by the Workforce Development Board. The fact is, many ex-offenders have a hard time reentering the workforce. It's difficult convincing employers to give you a chance if you have a record. Using a motivation-based service model, Kick Start's Award-Winning\* workshop helps participants to identify barriers to employment, create obtainable success markers and teach them the best ways to find jobs, get interviews and get hired.

KICKSTART WORKSHOP ATTENDEES	
YEAR 2016	47
YEAR 2017	58

# JOURNALING PROGRAM

- The Journaling Program is purchased through The Change Companies, and incorporates Evidenced-Based Practices structured for inmates to explore and resolve a multitude of topics to help with self-change, and having tools to help them while incarcerated in applying effective, evidence-based strategies to make changes in their thinking, feelings, and behaviors. The journals are self-guided, and are currently available to sentenced and un-sentenced male and female inmates who qualify for participation.

YEAR	PARTICIPANTS
2016	40
2017	84
2018	184



# VIDEO PROGRAM

- Video program for Men's/Women's Holding.
- Provide substance abuse, religion, anger courses, any information we want to deliver to the inmates, etc.
- Keeps inmates busy doing something, and it's a unique offering other avenues for programming

YEAR	PARTICIPANTS
2017	269
2018	131

# PAPA'S:

Group Facilitation of Supporting Father Involvement (SFI) Curriculum. The class length is 2 hours per week and has a 16 week cycle. Enrollment is open, meaning that participants can begin the cycle at any point. This is a evidence based course. <http://www.papassfi.org/index.php>

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## Monterey County Office of Education (MCOE)

MCOE Alternative Education

High School Equivalence testing, proctoring and instruction for our individuals at the MCSO.

On-Site programming such as High School Diploma, Career Technical Education, and Transitional Services.

MCOE helped us become a HiSET certified Testing Center.

<http://www.monterey.k12.ca.us/>



# PARENTING COURSE

**Partners For Peace** 10 week program. The Loving Solutions® curriculum is specifically designed for parents raising difficult, strong willed or highly impulsive children. With special application to ADD/ADHD issues, our hope is that Loving Solutions will bring about change in the home.

<http://www.partners4peace.org/>

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## **FREEDOM *LIVE*** EXPERIENCING GOD THROUGH MUSIC

The heart of Freedom Live is to create an opportunity for ALL to come together in a casual atmosphere to meet new friends, enjoy live music and connect with God. The hope of this class is for inmates to encounter the love of Christ in a very powerful and tangible way!

# THE BRIDGE PROGRAM

- The Bridge Restoration Ministry in Monterey County offers a stable and sober living environment to begin resident's journey of reintegration.
- The program is a (1) one-year commitment with a two month work phase. The program focuses on the following areas:
  - Christian Discipleship
  - Anger/stress management
  - Family reconciliation
  - Personal finance management
  - Vocational training and career guidance
  - Relapse prevention

\*In the past six months, The Bridge Program has successfully transitioned 8 males and 4 females from our inmate programs to the Bridge Program.



# THE BIKE SHOP

This program is going to help our inmates develop the following skills:

- Giving our inmates the opportunity to grow as leaders, giving back to the community, working together, and see themselves taking ownership, and responsibility in completing a project.
- Inmates will work to build a strong, supportive, and inclusive community, during their time at The Bike Shop.
- Staff will facilitate and encourage the inmates to believe that we are all teachers and learners, and we strive to be in a place where we can work, learn, and grow together.
- The Bike Shop will foster creativity, critical thinking skills, curiosity and cooperation amongst each other.
- The Bike Shop program is committed to making bikes accessible, to our children in our community who are in need, and to help parents who cannot afford to purchase a bike for their children. Our bikes will be accessible to children of all backgrounds, who are in need of help.
- The inmates will practice and encourage waste reduction and reuse, prolong the life of bicycles, and teach environmental stewardship.



# **RJP/VICTIM IMPACT PROGRAM FOR INCARCERATED WOMEN**

Victim Impact: Listen and Learn consists of 13 units, built around 10 core crime topics: property crime, assault, robbery, hate and bias, gang violence, sexual assault, child abuse and neglect, domestic violence, drunk and impaired driving, and homicide.

The basic precepts of the Victim Impact curriculum are—

- Victims and the impact of crime on them are the focus.
- Victims' personal experiences are the centerpiece.
- Victims deserve to have their rights enforced and their voices heard.
- Anyone can become a victim of crime.
- Victimization creates a “ripple effect” throughout the community.
- Offenders have the opportunity to change their thinking and their behavior.
- Offenders have an obligation to make amends to their victims, directly and indirectly.



# ANGER INSIDE OUT PROGRAM SERVICES

## DOMESTIC VIOLENCE INTERVENTION & COUNSELING SERVICES

The Goal is to raise awareness by educating the participants to domestic violence behaviors on the power and control wheel and , teaching them alternatives to domestic violence so that they can make a choice to stop the behavior. This course will take approximately 8 weeks or less depending on how the participants process and understand the information.

Skills learned in class is not a guarantee the participant will not be involved in domestic violence behavior. Anger Inside Out will not be held liable for any domestic violence episodes that are committed during the time the participant is taking the classes, or after the participant has completed this course.

**Power and Control Wheel hand out**—The similarity between abusive behaviors and the use of power and control- Material Adapted by Lenore Walker.

### Topics:

Using Intimidation and fear

Using Emotional abuse and isolation

Using Lying Minimizing Blaming Denial

Using Children to hurt mom or dad

Using Economic abuse

Using Gender privileges to dominate

Using Coercion and Threats





# SERVICES OFFERED AT JAIL

## Alcoholics Anonymous English and Spanish

Alcoholics Anonymous is an international fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

## Narcotics Anonymous English and Spanish

N.A. is a nonprofit Fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean.

## Religious Services

The Religious Services Coordinator ensures that our inmate population receive their religious rights. Our Religious Coordinator will facilitate religious programs and in addition to providing pastoral care, spiritual guidance, and counseling. Religious Services are facilitated by agency coordinator contracted by Prison Ministries of America, and trained community volunteers.

## AL-ANON

Al-Anon is a mutual support program for people whose lives have been affected by someone else's drinking. By sharing common experiences and applying the Al-Anon principles, families and friends of alcoholics can bring positive changes to their individual situations, whether or not the alcoholic admits the existence of a drinking problem or seeks help.



# SERVICES CONT'D

## “Books Inside” Book Exchange –

Books Inside's purpose is to ensure that quality books are available inside prisons and jails providing opportunities for incarcerated individuals to broaden their skills and knowledge, and to connect with other people, worlds, and experiences through the magic of reading and learning. We are especially looking for opportunities to work with jails and prisons that have few or no books. On the ‘outside’ old, dog-eared books may be worthless, but on the ‘inside’ they are priceless. Books are crucial to the political, spiritual, and educational development of all people. Our affiliation with Books Inside and our many sources of books to serve incarcerated people allows us to serve several hundred of our incarcerated every year. The books we exchange with inmates span from several genres and subjects. The inmates we serve say that books offer escape, entertainment, and practical information. We’ve also made special efforts to offer types of special practical books like dictionaries.

## Turning Point

*Turning Point Employment Program helps ex-offenders match their skills and aspirations with employers in the community. WHO PARTICIPATES?*

PROP 47 RECIPIENTS OR UNSURE?

INMATES WHO WILL BE RELEASED FROM MONTEREY COUNTY JAIL IN 6 WEEKS OR LESS?



# **//COMING SOON//**

## **MONTEREY COUNTY SHERIFF'S OFFICE**

### **THE MILITARY REHABILITATIVE ENVIRONMENT (MRE)**

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#### **PURPOSE AND SCOPE OF THE MRE UNIT**

- This Unit will establish respect, honor, integrity, accountability, and responsibility for our Veteran inmate population. The goal of the MRE Unit is to prepare incarcerated veterans for successful reentry to the community.
- The guiding principles that govern this unit reflect those incorporated in military life: Respect, Honor, Duty and Integrity. Participation in the MRE Unit is voluntary and is geared toward creating a community among former military service personnel by fostering an environment of shared experiences and common goals.
- Programs offered to those in this unit are tailored for veterans and include substance abuse treatment, vocational programming, employment readiness, an optional exercise regiment, and visits from the Department of Veterans' Services, a weekly speaker's series and transitional assistance.
- The unit is open to both sentenced inmates, and un-sentenced inmates who have served in any capacity for the US military or foreign recognized military.
- The MRE Unit will be a barracks-style layout, with structure, combined with wellness and treatment, and to be able to share military experiences, and to address the challenges which have led to their incarceration. This Unit will help those who have served our nation find their way back to a productive life in their communities. This unit will provide programs that will address the needs of the incarcerated veterans.



# **MONTEREY COUNTY JAIL CLASSES**

## **PROGRAMS**

1. GEO
2. MCOE
3. BRIDGE PROGRAM
4. PARTNERS 4 PEACE
5. ANGER INSIDE OUT PROGRAM (DOMESTIC Violence)
6. JOURNALING PROGRAM

## **PROGRAMS**

1. RESTORATIVE JUSTICE PARTNERS (VICTIM IMPACT PROGRAM)
2. THE BIKE SHOP
3. FREEDOM/LIVE
4. VIDEO PROGRAM
5. KICKSTART WORKSHOP
6. PAPAS
7. TINY HOUSE PROJECT

## **SERVICES**

1. NARCOTICS ANONYMOUS
2. ALCHOLICS ANONYMOUS
3. RELIGIOUS SERVICES
4. AL-ANON
5. BOOKS INSIDE
6. TURNING POINT
7. TRANSITIONAL COUNSELING

# A DAY OF EDUCATIONAL PROGRAMMING AT THE MONTEREY COUNTY JAIL

## Classes and Educational Program's Schedule

### MONDAY

TIME	HSNG UNIT	Class/Program Name	Location
0830-0930	K-5	GEO – MRT Class	Rotunda Classroom
0830-1030	C-Wing	HISET	G-Wing Classroom #3
0930-1115	Q, T & U POD	Hartnell AOD-1 Class	V-POD Classroom
0945-1045	B-Wing T1,2,3	GEO Change Co. Class	G-Wing Classroom #1
1100-1230	B & C Dorm	HISET	Dorm Classroom
1130-1315	D, E & F Wing	Hartnell AOD-1 Class	G-Wing Classroom #1
1315-1415	D-Dorm	HiSET Class	Dorm Classroom
1330-1530	E & F Wing	GEO- MRT Class	G-Wing Classroom #1
1330-1430	A-Pod	CFMG – Mental Health	Rotunda Classroom
1400-1500	R-Pod	CFMG – Mental Health	V-POD
1730-1830	Q & U POD	AA	V-POD
1800-2100	C-Wing	Visiting	MJ Inside Visiting
1830-2100	Dorms	Commissary	Dorms
1830-1930	J-POD	Church	Rotunda Chapel
1830-1930	B-Wing T3	Church – Spanish 1 <sup>st</sup> & 4 <sup>th</sup> Mondays	H-wing
1830-1930	D-Wing	AA -Spanish	H-wing
2015-2130	K4	Church	Dorm Chapel
2100-2230	Women's Section	Commissary	Women's Section
2100-2200	G-Pod	Visiting	MJ Inside Visiting
Revised 4-17-18			



# TOTAL ATTENDEES IN PROGRAMS AND SERVICES FROM 2016-2017:

YEAR	MEN/WOMEN	EDUCATIONAL PROGRAMS	INMATE SERVICES
2016	MEN	1,971	2,220
2017	MEN	5,384	4,455
YEAR			
2016	WOMEN	684	746
2017	WOMEN	6,190	1,856

# COMMUNITY PARTNER PROGRAMS MEETING

- It is the optimal way to meet the requirements of re-entry and to ensure that needs are met.
- Our Programs Unit has been able to partner with state, county, and local organizations, seeking new partners to work with our team, helping us identify how to strengthen and expand existing relationships with our community-based service providers.
- It is important that we partner with community-based organizations so that we can connect our inmates from our jail directly to reentry work and to transition them successfully so that they can develop and sustain a partnership with our local community, to become productive citizens in our society.





# CONTACT INFORMATION:

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