## Before the Board of Supervisors in and for the County of Monterey, State of California

Resolution No.:	
Resolution proclaiming the month of May as	)
Mental Health Awareness Month in Monterey County	)

WHEREAS, Mental health is essential to everyone's overall health and well-being;

**WHEREAS,** it is estimated that 4.9% of Monterey County residents are suffering from serious mental illness;

**WHEREAS**, our Behavioral Health Adult System of Care, serving the most vulnerable members of our community who are suffering from psychotic disorders, bipolar disorders, severe anxiety and depressive disorders, many with co-occurring substance use, homelessness and chronic medical conditions, served 2,344 individuals last fiscal year;

**WHERAS,** our Adult System of Care has implemented an ambitious system redesign called "Reaching Recovery", helping those individuals they serve identify and achieve their hopes and dreams for a more fulfilling life in the community based on their unique gifts, talents and aspirations;

**WHEREAS,** in partnership with our contractor Interim Inc., we have approximately 250 individuals in transitional and permanent supported housing. This is often a first step on the road to recovery and avoiding homelessness;

**WHEREAS**, our Adult System of Care staff work tirelessly on a daily basis to help individuals avoid homelessness by assisting them in finding and/or maintaining housing with their families, in other independent living environments and within residential care facilities;

**WHEREAS**, in partnership with Interim Inc., we have integrated Supported Employment and Education Services staff onto the Adult System of Care Teams to provide more targeted supports for consumers to achieve their employment and educational goals;

WHEREAS, to promote recovery we have employed consumers as part of intensive treatment teams so individuals who are new to treatment can understand the hope that is possible. Additionally, in partnership with Interim, Inc., we have co-located consumer providers as Wellness Navigators in each clinic to connect consumers to community resources where they choose to live, learn, work, play and pray;

**WHEREAS**, in Monterey County, we have expanded crisis residential services capacity by 100 percent within the last two years that has served as an effective resource to prevent more serious crisis and provide support to individuals after experiencing a psychiatric crisis. This increased capacity has also provided additional opportunities to help individuals address their substance use disorders along with their mental health challenges; and,

WHEREAS, our consumer wellness center, the OMNI Resource Center, served over 800 individuals last year. The OMNI Center has provided an inclusive and welcoming place for any

member of the Monterey County community with mental health challenges to participate in daily programs, monthly celebratory events, meals and most of all caring.

**NOW, THEREFORE BE IT RESOLVED** that the Monterey County Board of Supervisors, on behalf of the County and all its citizens thereof, hereby proclaims the month of May as **Mental Health Awareness Month**.

PASSED AND ADOPTED o	on this day of May 2019.
AYES:	
NOES:	
ABSENT:	
that the foregoing is a true copy of a	of Supervisors of the County of Monterey, State of California, hereby certify in original resolution of said Board of Supervisors duly made and entered in the for the meeting on
Dated:	Valerie Ralph, Clerk of the Board of Supervisors
	County of Monterey, State of California
	Ву
	, Deputy