



*Monterey County
Area Agency on Aging
2018-2019 Area Plan Update*

April 24, 2018

"Assistance, Advocacy and Answers on Aging"

**What is
compelling
about the
issues
impacting older
adults?**



Can't keep up
with the cost of
living on a fixed
income?
Homelessness is
a growing
problem in
Monterey
County for older
adults.





**Work for life
and pay your
taxes. Get
Medicare when
you turn 65.**

**But it's not free
and doesn't
cover most
dental needs.**



**Limited income
means difficult
choices....**

**Pet food
OR...**



Food for myself

OR...



Utilities

OR...



Medicine

OR...



Medical care

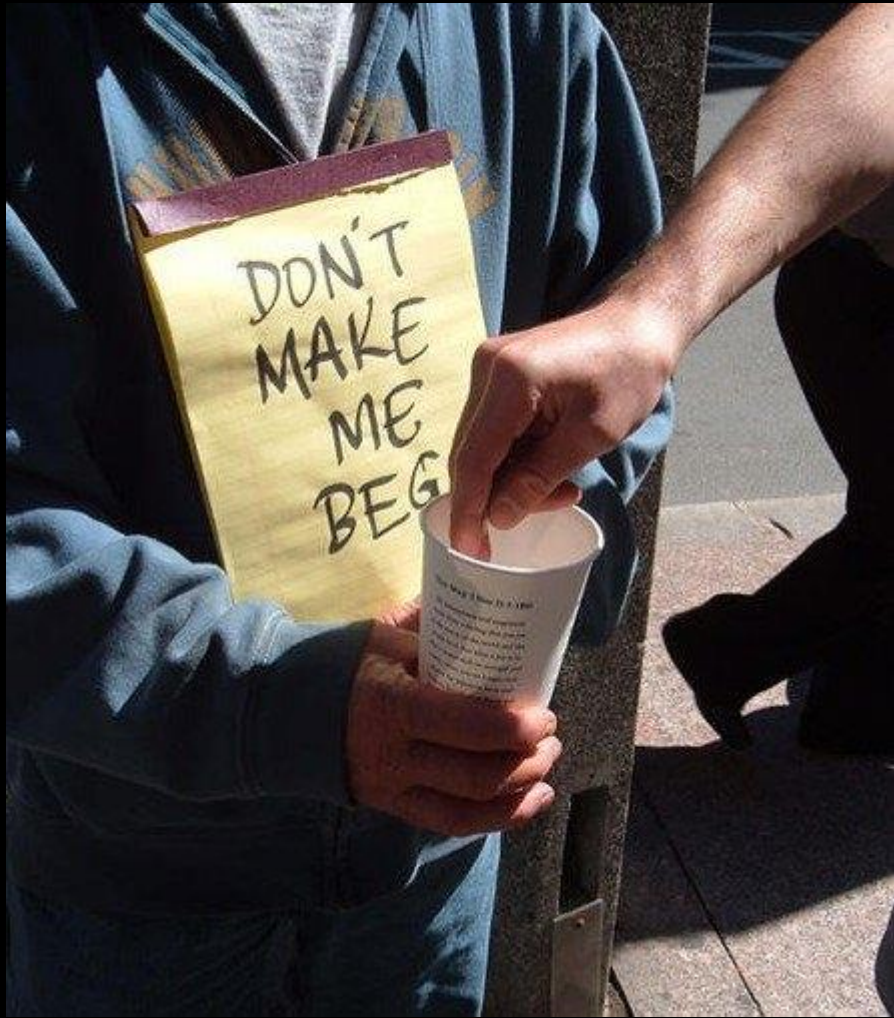
OR ...

**something else I
can no longer
afford?**



**Giving up the car
keys is hard to
do.....**

**... giving up
independence is
harder.**



**Ready to help
solve these
issues?**

**Looking forward
to your golden
years?**

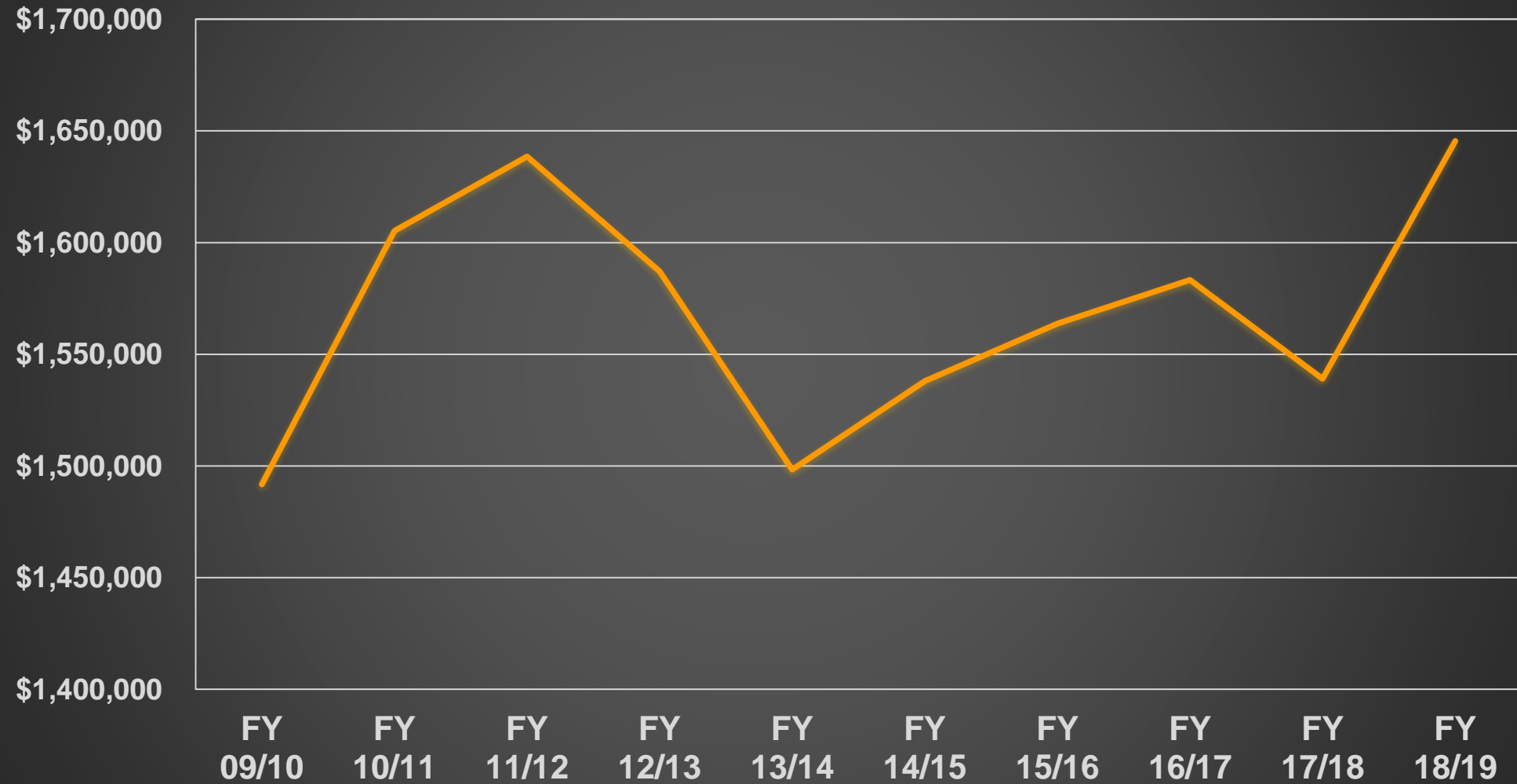


What is the Area Agency on Aging?

The AAA has several roles :

- A planning agency
- A funding organization
- An advocacy platform
- Administrative oversight

Monterey County AAA Funding



What's the update on Older Adult issues:

- AAA budget for FY 2018-19 up by \$106,529
- HICAP saved!
- Senior population continues to increase
- Senior poverty on the rise
- Homelessness

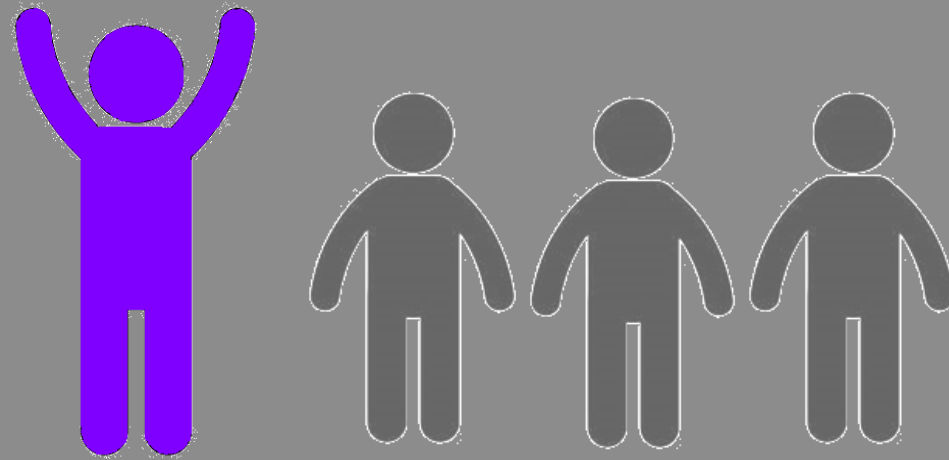
Older Adult Population continues to grow!

Currently, more than 1 in 6 Monterey County residents are Older Adults

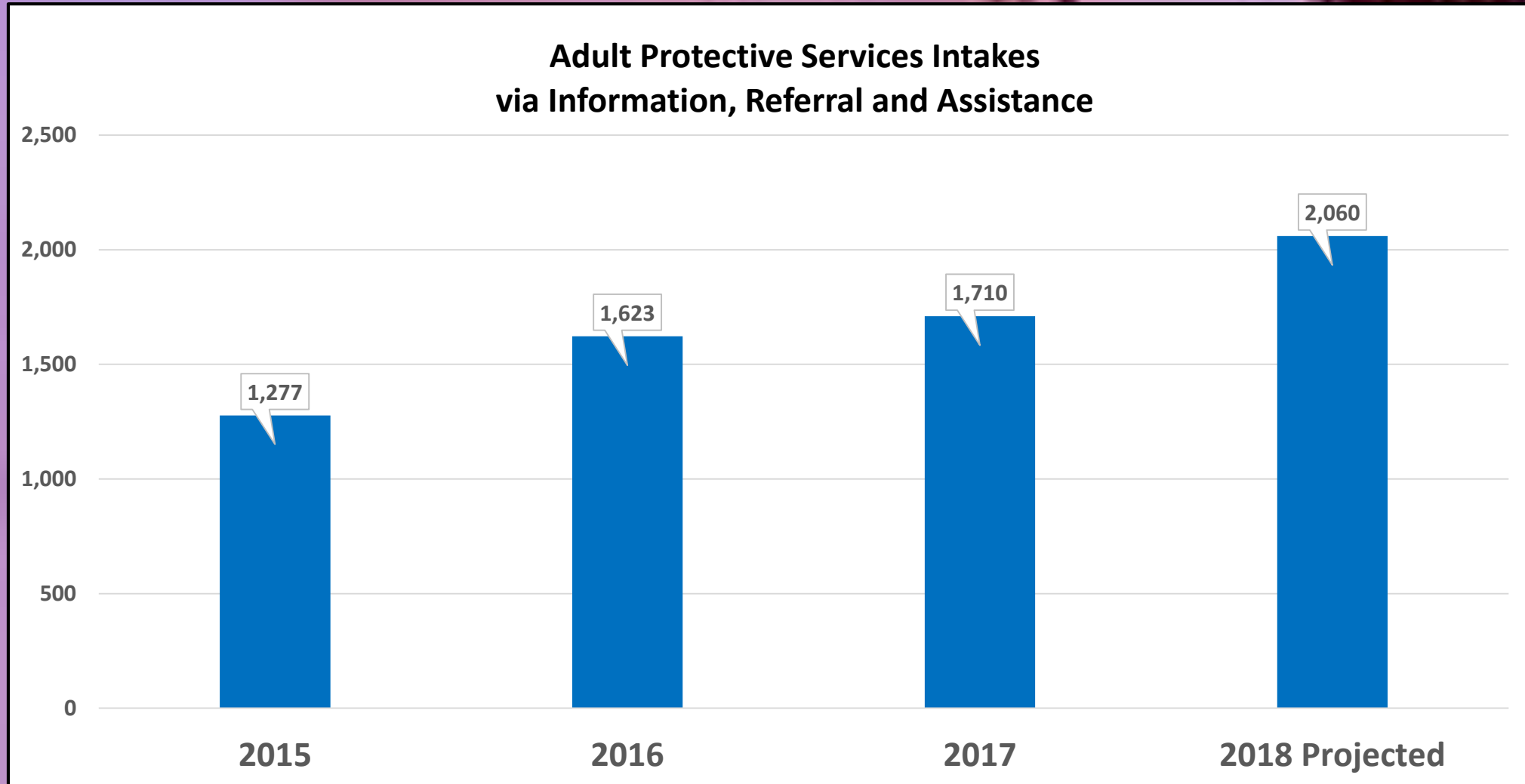
73,810 are 60+ years old

By 2020, 1 in 5 residents will be Seniors

By 2030, 1 in 4 residents will be Seniors



Rising Population = Rising Service Needs



What the AAA is doing:

- Continuing partnerships with local non-profits with OAA funding
- Keeping informed on national and state issues, legislation, and policy
- Supporting and educating others on emerging trends impacting Seniors
- AND.....

Expanding funding sources AND services at every opportunity

USDA Senior Farmers' Market Vouchers

USDA SNAP-Education for Seniors Nutrition and Exercise



Supporting Trainers, Coordinating Classes NOW:



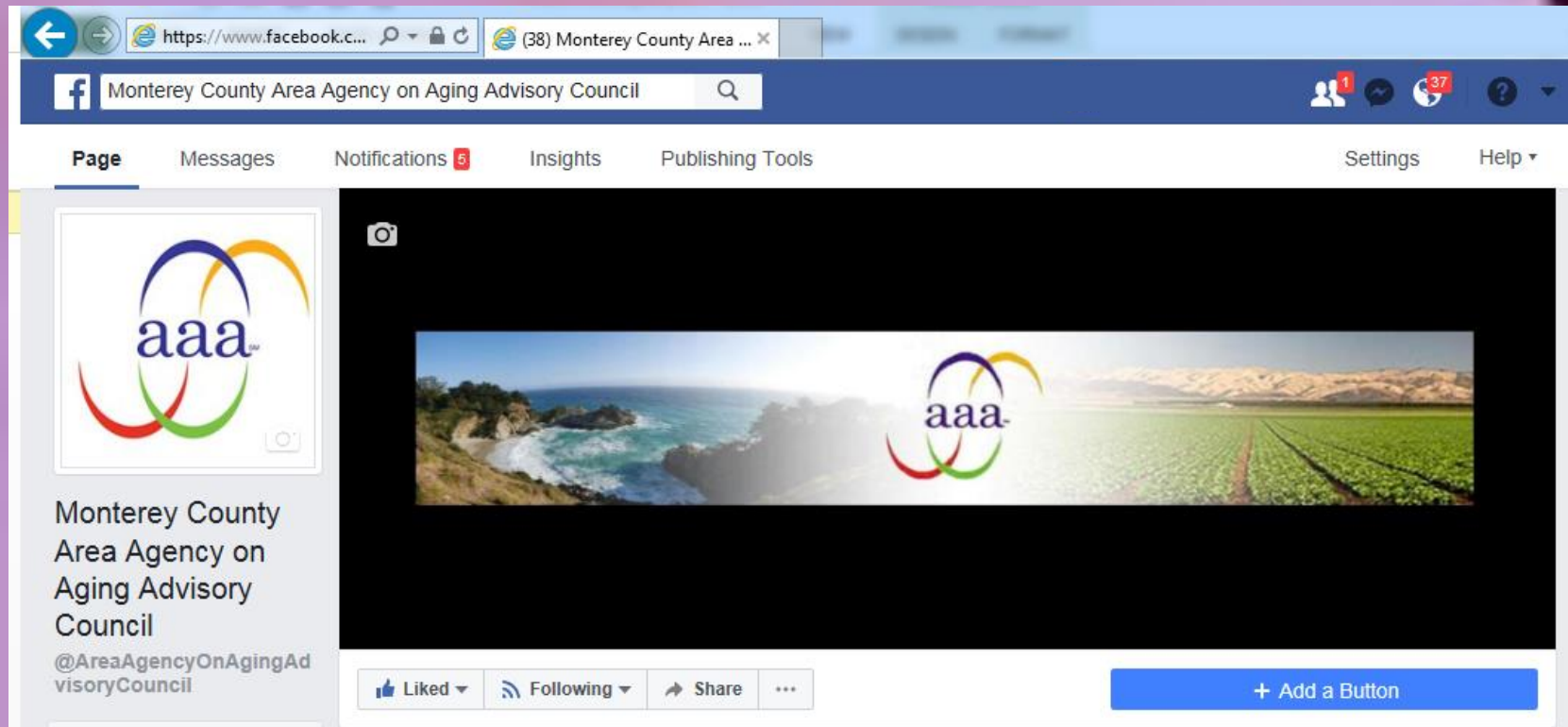
A MATTER OF BALANCE

Managing Concerns about Falls

Award-winning program designed to reduce the fear of falling and improve activity levels for older adults!

➤ Visit our Facebook:

Monterey County Area Agency on Aging Advisory Council



➤ Visit our website: www.co.Monterey.ca.us/aaa

Monterey County
Area Agency on Aging

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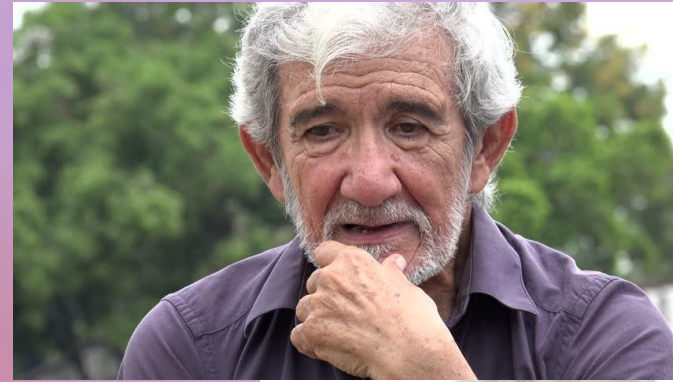
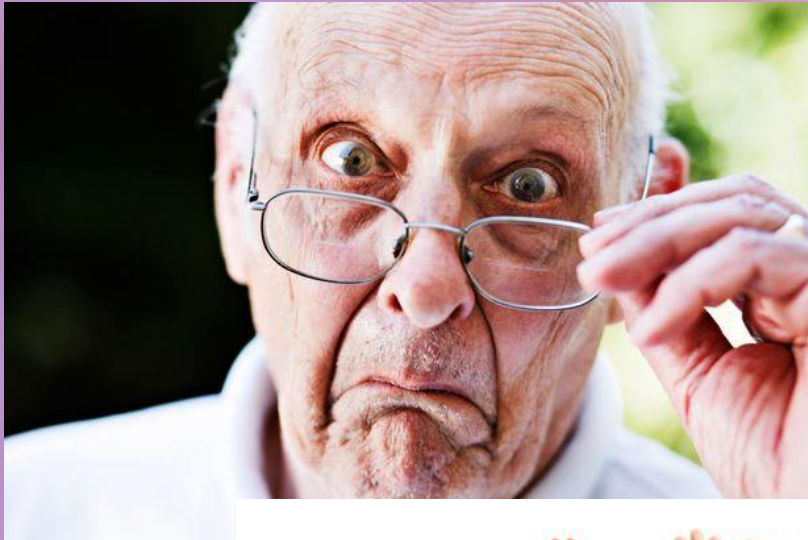


Assistance
Senior Helpline: (800) 510-2020
Information, assistance, and referrals for senior services.
Eldercare Locator:
(800) 677-1116 or www.eldercare.gov
Report Elder Abuse:
(831) 883-7565 or (800) 510-2020
Call **9-1-1** if anyone is in immediate danger.
2017 Senior Resource Guide [Click here](#)



Thank you for listening!

Questions???





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