

# **Monterey County**

# Item No.

Board of Supervisors Chambers 168 W. Alisal St., 1st Floor Salinas, CA 93901

November 16, 2021

## **Board Report**

Legistar File Number: A 21-537

Introduced:11/2/2021Current Status:Agenda ReadyVersion:1Matter Type:BoS Agreement

- a. Approve and authorize the Director of Health or Assistant Director of Health to execute a Standard Agreement with Behavioral Tech, LLC for the provision of training and consultation services for a total Agreement not to exceed \$234,000 for the term beginning Upon Execution through June 30, 2023; and
- b. Approve the modified insurance provision in the Agreement, as recommended by the Director of Health; and
- c. Authorize the Director of Health or Assistant Director of Health to approve up to three (3) future amendments that do not exceed ten percent (10%) (\$23,400) of the original Agreement amount and do not significantly alter the scope of services.

### **RECOMMENDATION:**

It is recommended that the Board of Supervisors:

- a. Approve and authorize the Director of Health or Assistant Director of Health to execute a Standard Agreement with Behavioral Tech, LLC for the provision of training and consultation services for a total Agreement not to exceed \$234,000 for the term beginning Upon Execution through June 30, 2023; and
- b. Approve the modified insurance provision in the Agreement, as recommended by the Director of Health; and
- c. Authorize the Director of Health or Assistant Director of Health to approve up to three (3) future amendments that do not exceed ten percent (10%) (\$23,400) of the original Agreement amount and do not significantly alter the scope of services.

#### SUMMARY/DISCUSSION:

Behavioral Tech, LLC provides Dialectical Behavior Therapy Skills (DBT Skills) training and consultation. DBT is an evidenced-based treatment model that is used with individuals who are dysregulated and have a difficult time engaging and staying with mental health and substance use treatment. Behavioral Tech, LCC are the developers of the DBT model and provide intensive training in DBT Skills, practical interventions that paraprofessional and professional (licensed) staff can use with all Monterey County Behavioral Health clients.

Learning to provide a new type of mental health treatment to a client is very difficult. It requires not only didact learning but also experiential learning with an instructor who can provide case examples and practice exercises in class that include the types of clients that the participant serves. Feedback with practice activities (role plays), examples of actual client encounters, and at least one year of consultation related to actual case work is needed to become proficient in DBT. Behavioral Tech can teach these skills to staff which will provide another treatment model for the clients we serve.

The Contractor has provided proof of Commercial General Liability ("GL") insurance, the GL Additional Insured and Primary, Non-Contributory endorsements, Professional Liability, Workers Compensation, and Automobile Liability as required by the County. The Health Department recommends the modification to the County's Automobile insurance endorsement requirements as Contractor will not be providing direct client services nor transportation for clients or County staff while performing the services as described in this Agreement. All services will be either virtual, through telephone, or email.

This work supports the Monterey County Health Department 2018-2022 Strategic Plan Initiative: 4. Engage MCHD workforce and improve operational functions to meet current and developing population health needs. It also supports the following of the ten essential public health services, specifically: 8. Assure competent public and personal health care workforce.

### **OTHER AGENCY INVOLVEMENT:**

The office of the County Counsel, Risk Management, and the Auditor-Controller have reviewed and approved the Agreement as to legal form, insurance requirements, and fiscal provisions, respectively.

#### FINANCING:

This Agreement is funded by Federal Funding Participation (FFP) and Realignment funds, which are included in the Health Department's Behavioral Health Bureau (HEA012, Unit 8410) FY 2021-22 Adopted Budget.

#### BOARD OF SUPERVISORS STRATEGIC INITIATIVES:

Check the related Board of Supervisors Strategic Initiatives:

## ☐ Economic Development:

• Through collaboration, strengthen economic development to ensure a diversified and healthy economy.

#### ☐ Administration:

• Promote an organization that practices efficient and effective resource management and is recognized for responsiveness, strong customer orientation, accountability and transparency.

#### ☑ Health & Human Services:

• Improve health and quality of life through County supported policies, programs, and services; promoting access to equitable opportunities for healthy choices and healthy environments in collaboration with communities.

#### ☐ Infrastructure:

• Plan and develop a sustainable, physical infrastructure that improves the quality of life for County residents and supports economic development results.

## □ Public Safety:

 Create a safe environment for people to achieve their potential, leading businesses and communities to thrive and grow by reducing violent crimes as well as crimes in general.

Prepared by: Pat Bass, Management Analyst II, 755-4538

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Approved by:

Elsa Mendoza Jimenez, Director of Health, 755-4526

Attachment:

Agreement