



# County of Monterey

Board of Supervisors  
Chambers  
168 W. Alisal St., 1st Floor  
Salinas, CA 93901

## Board Report

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**File #:** A 23-025, **Version:** 1

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Approve and authorize the Director of Health or Assistant Director of Health to execute Amendment No. 1 to Standard Agreement A-15204 with Kristin Lynn Dempsey for the provision of training and consultation services to increase the amount by \$27,000 for a revised total Agreement amount of \$177,000 for the same term July 1, 2021, through June 30, 2024.

### RECOMMENDATION:

It is recommended that the Board of Supervisors:

Approve and authorize the Director of Health or Assistant Director of Health to execute Amendment No. 1 to Standard Agreement A-15204 with Kristin Lynn Dempsey for the provision of training and consultation services to increase the amount by \$27,000 for a revised total Agreement amount of \$177,000 for the same term July 1, 2021, through June 30, 2024.

### SUMMARY/DISCUSSION:

Kristin Lynn Dempsey, Ed. D, LMFT, LPCC (“Dr. Dempsey”), has provided training to clinicians in several evidence-based therapy practices including Motivational Interviewing, Cognitive Behavioral Therapy, Applied Suicide Intervention Skills Training, and the Neurosequential Model of Therapeutics. Dr. Dempsey also provides consultation to behavioral health systems seeking to improve their recovery-oriented, culturally responsive, and trauma-informed practices.

This Amendment No. 1 will allow Dr. Dempsey to continue providing introductory and advanced Motivational Interviewing (“MI”) training and consultation to the Monterey County Health Department staff.

This work supports the Monterey County Health Department 2018-2022 strategic goal: 4. Engage the MCHD workforce and improve operational functions to meet current and developing population health needs. It also supports the following of the ten essential public health services, specifically: 8. Assure a competent public and personal health care workforce.

### OTHER AGENCY INVOLVEMENT:

The Office of the County Counsel reviewed and approved as to form. Auditor-Controller reviewed and approved as to financial terms.

### FINANCING:

This Agreement is funded by Federal Funding Participation (FFP) and Realignment funds. The funds for this Agreement are included in the Health Department Behavioral Health Bureau (HEA012, Unit 8410) FY 2022-23 Adopted Budget. The funds for FY 2023-24 will be included in the Health Department Behavioral Health Bureau (HEA012, Unit 8410) respective Requested Budget.

### BOARD OF SUPERVISORS STRATEGIC INITIATIVES:

Check the related Board of Supervisors Strategic Initiatives:

Economic Development:

- Through collaboration, strengthen economic development to ensure a diversified and healthy economy.

Administration:

- Promote an organization that practices efficient and effective resource management and is recognized for responsiveness, strong customer orientation, accountability and transparency.

Health & Human Services:

- Improve health and quality of life through County supported policies, programs, and services; promoting access to equitable opportunities for healthy choices and healthy environments in collaboration with communities.

Infrastructure:

- Plan and develop a sustainable, physical infrastructure that improves the quality of life for County residents and supports economic development results.

Public Safety:

- Create a safe environment for people to achieve their potential, leading businesses and communities to thrive and grow by reducing violent crimes as well as crimes in general.

Prepared by: Pat Bass, Management Analyst II, 755-4538

Approved by:

Date: \_\_\_\_\_

Elsa Mendoza Jimenez, Director of Health, 755-4526

Attachments:

Board Report

Agreement

Amendment No. 1