



# County of Monterey

Board of Supervisors  
Chambers  
168 W. Alisal St., 1st Floor  
Salinas, CA 93901

## Legislation Details (With Board Report)

<b>File #:</b>	A 17-044	<b>Name:</b>	YMCA Agreement
<b>Type:</b>	BoS Agreement	<b>Status:</b>	Passed
<b>File created:</b>	2/10/2017	<b>In control:</b>	Board of Supervisors
<b>On agenda:</b>	3/7/2017	<b>Final action:</b>	3/7/2017
<b>Title:</b>	a. Approve and authorize the Director of Health or Assistant Director of Health to execute a two year Facility Use Agreement for the term February 15, 2017 to February 28, 2019 with Central Coast Young Men's Christian Associations, DBA Central Coast YMCA (YMCA) to use office space on County-leased premises located in Seaside, Marina and Salinas, California to provide Diabetes Prevention Program sessions for eligible Clinic Services' patients at no cost.; and b. Approve and authorize the Director of Health or the Assistant Director of Health to sign up to three (3) future amendments to the this Agreement where the amendments do not significantly change the scope of work.		
<b>Sponsors:</b>	Ray Bullick		
<b>Indexes:</b>			
<b>Code sections:</b>			
<b>Attachments:</b>	1. Board Report, 2. YMCA Facility Use Agr (17-19).pdf, 3. Completed Board Order		

Date	Ver.	Action By	Action	Result
3/7/2017	1	Board of Supervisors	approved	

- a. Approve and authorize the Director of Health or Assistant Director of Health to execute a two year Facility Use Agreement for the term February 15, 2017 to February 28, 2019 with Central Coast Young Men's Christian Associations, DBA Central Coast YMCA (YMCA) to use office space on County-leased premises located in Seaside, Marina and Salinas, California to provide Diabetes Prevention Program sessions for eligible Clinic Services' patients at no cost.; and
- b. Approve and authorize the Director of Health or the Assistant Director of Health to sign up to three (3) future amendments to the this Agreement where the amendments do not significantly change the scope of work.

### RECOMMENDATION:

It is recommended that the Board of Supervisors:

- a. Approve and authorize the Director of Health or Assistant Director of Health to execute a two year Facility Use Agreement for the term February 15, 2017 to February 28, 2019 with Central Coast Young Men's Christian Associations, DBA Central Coast YMCA (YMCA) to use office space on County-leased premises located in Seaside, Marina and Salinas, California to provide Diabetes Prevention Program sessions for eligible Clinic Services' patients at no cost.; and
- b. Approve and authorize the Director of Health or the Assistant Director of Health to sign up to three (3) future amendments to the this Agreement where the amendments do not significantly change the scope of work.

### SUMMARY/DISCUSSION:

The YMCA manages a Diabetes Prevention Program that is part of the Centers for Disease Control and Prevention-led National Diabetes Prevention Program and is nationally supported by the Diabetes Prevention and Control Alliance ("Program"). The County of Monterey has suitable clinic space and equipment for provision of this Program and is willing to allow YMCA to utilize such facilities to educate the patient population in our community who are at risk of developing diabetes.

The YMCA's diabetes prevention program will include: (i) identification of individuals with prediabetes through prediabetes screening, including a hemoglobin A1C test; and (ii) participation in a number of educational sessions over a period of time and will be facilitated by a trained YMCA Lifestyle Coach covering nutrition, physical activity, and behavior modification. Currently, almost 40% of diabetic adult patients in Clinic Services have an HbA1c score >9, which is 10% more than the national average, so offering a Program available to patients on-site will be beneficial.

Approval of the recommended action will (1) allow the YMCA to begin offering health educational sessions directly to our at-risk patient population in locations that are familiar and accessible to them and (2) directly affect County of Monterey's efforts to prevent and reduce diabetes in our community.

This work supports the Monterey County Health Department 2011 - 2015 Strategic Plan initiative: 3) Ensure access to culturally and linguistically appropriate, customer-friendly, quality health services. It also supports one or more of the ten essential public health services, specifically: 3) Inform, educate and empower people about health issues, 4) Mobilize community partnerships and action to identify and solve health problems, and 7) Link people to needed personal health services and assure the provision of health care when otherwise unavailable.

**OTHER AGENCY INVOLVEMENT:**

County Counsel and the Auditor-Controller have reviewed and approved the Agreement. Risk has reviewed and accepts the non-standard provisions.

**FINANCING:**

There are no fiscal provisions included as part of this Agreement.

Prepared by: Sheena Morales, Management Analyst III, x1393

Approved by: Elsa M. Jimenez, Director of Health, x4526

**Attachments:**

Agreement is on file with the Clerk of the Board