



# County of Monterey

Board of Supervisors  
Chambers  
168 W. Alisal St., 1st Floor  
Salinas, CA 93901

## Legislation Details (With Board Report)

**File #:** 19-0293 **Name:** Employee Wellness Program Update  
**Type:** General Agenda Item **Status:** Scheduled AM  
**File created:** 4/18/2019 **In control:** Board of Supervisors  
**On agenda:** 4/30/2019 **Final action:** 4/30/2019  
**Title:** Receive an oral presentation from the Employee Wellness Program, outlining its history, progress, and plan for continuous improvement.

**Sponsors:**

**Indexes:**

**Code sections:**

**Attachments:** 1. Board Report, 2. Wellness BOS Presentation 2019, 3. 9. Completed Board Order

| Date      | Ver. | Action By            | Action   | Result |
|-----------|------|----------------------|----------|--------|
| 4/30/2019 | 1    | Board of Supervisors | received |        |

Receive an oral presentation from the Employee Wellness Program, outlining its history, progress, and plan for continuous improvement.

**RECOMMENDATION:**

It is recommended that the Board of Supervisors:

Receive an oral presentation from the Employee Wellness Program, outlining its history, progress, and plan for continuous improvement.

**SUMMARY/DISCUSSION:**

The Employee Wellness Program was created in 1985 as a partnership between management, unions, and employees to address three main areas: Employee health and safety, Health insurance costs, and Worker's Compensation claims. The mission of the Employee Wellness Program is to promote work environments, policies, and programs that preserve the health of employees and promote their ability to excel at their jobs while honoring the importance of family and community.

This presentation will address the program's history, progress, and plan to ensure continuation of success in providing County employees the education and tools necessary to improve their health and quality of life.

This work supports the MCHD 2018-2022 Strategic Plan Initiative (s): 1. Empower the community to improve health; Goal 2. Enhance public health and safety through prevention; and Goal 3. Ensure access to culturally and linguistically appropriate, customer-friendly, quality health services. It also supports the following of the ten essential public health services, specifically: Inform, educate, and empower people about health issues and assure competent public and personal health care workforce.

**OTHER AGENCY INVOLVEMENT:**

No other agency was involved in the development of this presentation.

**FINANCING:**

There is no impact to the General Fund from this presentation.

BOARD OF SUPERVISORS STRATEGIC INITIATIVES:

Check the related Board of Supervisors Strategic Initiatives:

☐Economic Development:

- Through collaboration, strengthen economic development to ensure a diversified and healthy economy.

☐Administration:

- Promote an organization that practices efficient and effective resource management and is recognized for responsiveness, strong customer orientation, accountability and transparency.

☒Health & Human Services:

- Improve health and quality of life through County supported policies, programs, and services; promoting access to equitable opportunities for healthy choices and healthy environments in collaboration with communities.

☐Infrastructure:

- Plan and develop a sustainable, physical infrastructure that improves the quality of life for County residents and supports economic development results.

☐Public Safety:

- Create a safe environment for people to achieve their potential, leading businesses and communities to thrive and grow by reducing violent crimes as well as crimes in general.

Prepared by: Melissa Pouch, Senior Health Educator, x4734

Approved by: Elsa Jimenez, Director of Health, x4526

Attachment:

PowerPoint presentation is on file with the Clerk of the Board