



# County of Monterey

Board of Supervisors  
Chambers  
168 W. Alisal St., 1st Floor  
Salinas, CA 93901

## Board Report

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**File #:** A 21-300, **Version:** 1

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- a. Approve and authorize the Director of the Department of Social Services to sign an agreement with Meals on Wheels of the Monterey Peninsula for a total of \$438,791 to provide congregate and home-delivered meals, nutrition education, and health promotion services to seniors in the Peninsula region for the period July 1, 2021 through June 30, 2022; and
- b. Authorize the Director of the Department of Social Services to sign up to three (3) amendments to this agreement where the total amendments do not exceed 10% (\$43,879) of the original contract amount and does not significantly change the scope of work.

### RECOMMENDATION:

It is recommended that the Board of Supervisors:

- a. Approve and authorize the Director of the Department of Social Services to sign an agreement with Meals on Wheels of the Monterey Peninsula for a total of \$438,791 to provide congregate and home-delivered meals, nutrition education, and health promotion services to seniors in the Peninsula region for the period July 1, 2021 through June 30, 2022; and
- b. Authorize the Director of the Department of Social Services to sign up to three (3) amendments to this agreement where the total amendments do not exceed 10% (\$43,879) of the original contract amount and does not significantly change the scope of work.

### SUMMARY/DISCUSSION:

This agreement provides congregate meals for pick up during the COVID-19 pandemic, however this meal program may get back to group dining during the course of the fiscal year. It also provides home-delivered meals to older adults that are home-bound on a temporary or permanent basis. Both the congregate and home-delivered meal programs serve seniors living in the Monterey Peninsula area. Elderly nutrition program dining sites are the Sally J. Griffin Active Living Center in Pacific Grove, the Monterey Senior Center in Monterey, the Oldemeyer Center in Seaside, and Junsay Oaks Senior Apartments in Marina.

In addition, this agreement funds health education and disease prevention services at the Sally J Griffin Senior Center in Pacific Grove. Specific interventions will be offered as advised during the COVID-19 pandemic and will resume in person at some point during the fiscal year after safe protocols are in place. Specific interventions include screening for the prevention of depression and coordination of other mental health services; gerontological and social service counseling; and education on preventative health services during COVID-19 pandemic restrictions to in-person sessions. Specific interventions to be offered will include Tai Chi for arthritis and Matter of Balance for fall prevention once in-person services resume.

### OTHER AGENCY INVOLVEMENT:

The Auditor-Controller and Purchasing have reviewed and approved this Agreement. County Counsel has approved the agreement as to form.

### FINANCING:

Funding is provided by the Federal Older Americans Act. Sufficient appropriations and estimated revenues for SOC010 are included in the FY 2021-22 Recommended Budget

### BOARD OF SUPERVISORS STRATEGIC INITIATIVES:

This Agreement correlates to the Health & Human Services Strategic Initiative adopted by the Board of Supervisors by working towards the goals of improving health and quality of life outcomes by providing nutrition and health promotion services to seniors in

Monterey County.

Mark a check to the related Board of Supervisors Strategic Initiatives

- ☐ Economic Development
- ☐ Administration
- ☒ Health & Human Services
- ☐ Infrastructure
- ☐ Public Safety

Prepared by: Ronald Lee, MAIII, x8493

Approved by: Lori A. Medina, Director, x4430

Attachment: Agreement

Proposed agreement is on file with the Clerk of the Board as an attachment to this Board Report