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# Behavioral Health Commission Application Claudia Gomez

District: 4

Initialed Application: Yes

## **Applicant**

First Name: Claudia

Middle Initial:

Last Name: Gomez

## **Employment**

Occupation: Administrator/ Child Development Specialist

Job Title: Director of Family Services

Employer: Door to Hope

## Interests and Experiences

Able to attend meetings regularly and devote the time necessary to fulfill duties as a member?

#### Yes

Currently serving on a County of Monterey Board, Commission, Committee or other Community Advisory Group?

#### Yes

### **Behavioral Health Commission, Child Abuse Prevention Council**

Has served on an advisory group before?

#### Yes

#### **Bright Beginnings**

Please tell us about yourself and why you want serve:

My passion is serving families and assuring that all families in Monterey County can access the services they need to thrive. I work with families directly and want to share their experiences and perspectives with those that help shape our systems of care. I also come from a family in which mental health and substance use disorders are very prevalent and have impacted us deeply. I see how my family members struggle to get the support they need to be healthy and this is a way for me to bring forth their struggles and work towards a system that breaks down the many barriers they have in accessing services and treatment. This is my way of

helping and fighting for the wellbeing of my brother, my grandfathers, my uncles, and cousins.

Please state the reason you would like to be a member of this board committee/commission/district:

As a commissioner, the last two years have been incredibly educational and beneficial for my personal and professional development. I am learning about county systems and services and the fractures that need to be addressed. I want to be part of solving some of these issues to make it easier for more people to get the treatments they need to live a healthy and fulfilled life. I want to share what I see my own family struggle with as well as the hundreds of families I work with in my professional role.

How did you hear about the position?:

Co-worker from F5