



County of Monterey

Item No.20

Board Report

Board of Supervisors
Chambers
168 W. Alisal St., 1st Floor
Salinas, CA 93901

Legistar File Number: A 25-094

March 11, 2025

Introduced: 1/31/2025

Current Status: Health Department -
Consent

Version: 1

Matter Type: BoS Agreement

Approve and authorize the Director of Health Services or designee to execute Amendment No. 1 to Mental Health Service Agreement A-16989 with Castlewood Holding Company, dba Alsana An Eating Recovery, for the provision of youth residential services, day treatment services, and intensive outpatient mental health services adding \$49,900 for FY 2024-25, \$311,400 for FY 2025-2026 and \$320,400 for FY 2026-27 for a new total Agreement amount not to exceed \$5,135,795 for the retroactive term of February 1, 2025 through June 30, 2027.

RECOMMENDATION

It is recommended that the County of Monterey Board of Supervisors:

Approve and authorize the Director of Health Services or designee to execute Amendment No. 1 to Mental Health Service Agreement A-16989 with Castlewood Holding Company, dba Alsana An Eating Recovery, for the provision of youth residential services, day treatment services, and intensive outpatient mental health services adding \$49,900 for FY 2024-25, \$311,400 for FY 2025-2026 and \$320,400 for FY 2026-27 for a new total Agreement amount not to exceed \$5,135,795 for the retroactive term of February 1, 2025 through June 30, 2027

SUMMARY/DISCUSSION

The County of Monterey Health Department, Behavioral Health Bureau, currently has Agreement A-16989 for a current dollar amount of \$4,454,095 with Alsana to provide mental health services to residents with an eating disorder diagnosis. Alsana provides specialized and personalized residential services, day treatment services, and intensive outpatient services for both female and male adults with eating disorders as a primary diagnosis. This Amendment No. 1 adds \$681,700 to provide clinically needed Day Treatment services and Intensive Outpatient services to youth ages 12 to 17 years effective February 1, 2025.

This Agreement contains the County's standard 30-day "no cause" and termination for "cause" provisions (Section 5) and a defunding provision (Section 6), which provides the County the ability to amend or terminate the Agreement in the event of a reduction and/or termination of funding.

This work supports the following County of Monterey Health Department 2025-2028 Strategic Plan Goal(s): 2). Provide Exceptional Person-Centered Care through Accessible, Community-Focused Health Services. It also supports one of the ten essential public health services, specifically: 7) Link people to needed personal health services and assure the provisions of health care when otherwise unavailable.

OTHER AGENCY INVOLVEMENT

The Offices of the County Counsel-Risk Management and Auditor-Controller have reviewed and approved this Agreement as to legal form and fiscal provisions, respectively.

FINANCING

This Agreement is funded by Realignment fund (100%). The funds for this Agreement are included in the Health Department’s Behavioral Health (HEA012, Unit 8410) Fiscal Year FY 2024-25 Adopted Budget. The funds for FYs 2025-27 will be included in the Health Department’s Behavioral Health Requested budget for each of the respective Fiscal Years.

BOARD OF SUPERVISORS STRATEGIC INITIATIVES:

Check the related Board of Supervisors Strategic Initiatives:

Economic Development:

- Through collaboration, strengthen economic development to ensure a diversified and healthy economy.

Administration:

- Promote an organization that practices efficient and effective resource management and is recognized for responsiveness, strong customer orientation, accountability and transparency.

Health & Human Services:

- Improve health and quality of life through County supported policies, programs, and services; promoting access to equitable opportunities for healthy choices and healthy environments in collaboration with communities.

Infrastructure:

- Plan and develop a sustainable, physical infrastructure that improves the quality of life for County residents and supports economic development results.

Public Safety:

- Create a safe environment for people to achieve their potential, leading businesses and communities to thrive and grow by reducing violent crimes as well as crimes in general.

Prepared By: Rosie Mendoza, Management Analyst II, 262-1175

Approved By: Elsa M. Jimenez, Director of Health Services, 755-4526

Attachments:

Board Report

Agreement A-16989

Amendment No. 1 to Mental Health Service Agreement A-16989