LADAP

Local Aging and Disabilities Action Plan
Monterey County Board of Supervisors

June 17, 2025

PROJECT AREA

North County: **Aromas, Castroville, Las Lomas, Moss Landing, Pajaro, Prunedale and Royal Oaks**

Greater Salinas Area: Salinas and surrounding area

South County: Arroyo Seco, Bradley, Chualar, Gonzales, Greenfield, King City, Lockwood, San Ardo and Soledad
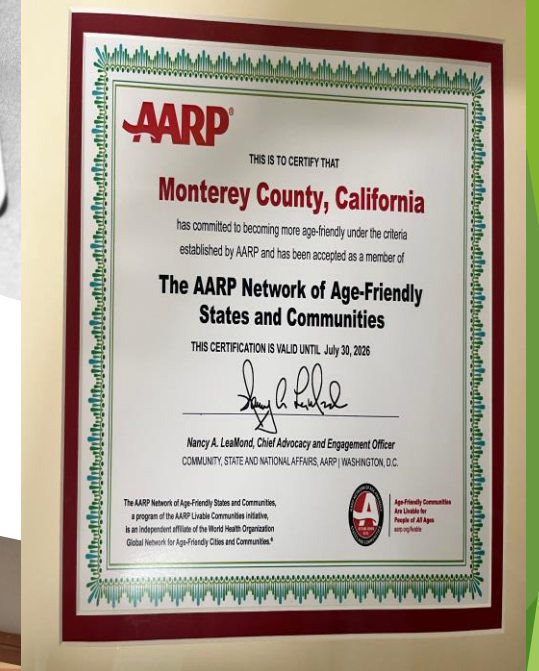
Domains of Livability

Adapted from the California Master Plan on Aging and AARP Domains of LIvability

LADAP Process

- *Convened Advisory Council*

- *Conducted Asset Inventory*

- *Conducted Community Assessment*

- *Conducted Solutions Summits*

- *Convened Work Groups*

- *Created the LADAP*

*AARP Network of Age Friendly Cities & States

Priority Goal Recommendations

- *Civic Participation*

Establish a community-based group that reflects the diversity of each project area to spearhead increased interaction and communication with city/county representatives.

- *Employment*

Create and distribute a resource list (guide) for older adults and individuals with disabilities in project areas so they have access information related to employment, education, training, and volunteer resources. Collaborate with key employment and training partners to ensure they meet the needs of older adults and people with disabilities.

- *Communication & Information*

Develop a communication strategy that increases awareness, understanding and access to services, resources, and benefits that impact the lives of diverse older adults, people with disabilities, family members and caregivers, focusing on rural areas.

Priority Goal Recommendations (cont.)

- *Disaster Preparedness & Services*

By December 2025, develop a communications strategy for disaster preparedness and response pertaining to the aging and disability populations. (language, learning style, and grade level considerations)

- *Health Services*

Improve access to healthcare specialists in rural areas for older adults and people with disabilities, starting in South Monterey County. Long wait times for appointments and lack of transportation ists pose health risks and significant challenges in accessing necessary and timely healthcare.

- *Community Supports*

Ensure the continuation of mobile models (i.e.SOCOS, NOCOS and SASOS) to positively impact isolation, access to resources, nutrition, health and wellness and overall quality of life for older adults, caregivers and people with disabilities.

Priority Goal Recommendations (cont)

- *Housing*

To address the need for affordable housing for older adults and people with disabilities, promote the option of creating Accessory Dwelling Units (ADU's) for older adult homeowners, family members, caregivers, and prospective tenants.

- *Outdoor Spaces*

To improve accessibility and safety for older adults and people with disabilities via sidewalk and traffic control repairs and improvements. Start with City of Salinas to model process for other areas. Throughout the LADAP community input process all communities have noted the condition of sidewalks specifically being an impediment.

While the issues are known by civic leaders, establishing a plan and priority for addressing them that meets the expectations of the community is difficult It is the objective of this recommendation to facilitate that process with LADAP community groups.

- *Social Participation*

Increase senior programming activities , social activities, walking, exercise and education

- *Transportation*

To improve community member's transportation access to get to health care visits through education and collaboration with local health care providers and community support organizations in rural areas of Monterey County (North and South County).

LADAP

Themes

Leadership Role

- *Integrate LADAP into county decisions and policies that impact the lives of older adults & people with disabilities.*

- *Promote and support civic participation opportunities for older adults and people with disabilities.*

- *Collaborate with the senior network and other sectors in communicating information that benefit older adult and people with disabilities.*

Thank you!