



County of Monterey

Item No.

Board Report

Board of Supervisors
Chambers
168 W. Alisal St., 1st Floor
Salinas, CA 93901

Legistar File Number: A 26-101

April 21, 2026

Introduced: 3/24/2026

Current Status: Agenda Ready

Version: 1

Matter Type: BoS Agreement

Approve and authorize the Director of Health Services or designee to execute Amendment No. 3 to Mental Health Services Agreement A-17388 with PCH Treatment, Inc. for the provision of residential treatment services for treating Obsessive Compulsive Disorder (OCD) and anxiety-related issues, adding \$43,200 in additional funding for continued services in FY 2025-26 for a revised total Agreement amount of \$924,200 for the full term of March 25, 2025 through April 30, 2026.

RECOMMENDATION:

It is recommended that the County of Monterey Board of Supervisors:

Approve and authorize the Director of Health Services or designee to execute Amendment No. 3 to Mental Health Services Agreement A-17388 with PCH Treatment, Inc. for the provision of residential treatment services for treating obsessive compulsive disorder (OCD) and anxiety-related issues, adding \$43,200 in additional funding for continued services in FY 2025-26 for a revised total Agreement amount of \$924,200 for the full term of March 25, 2025 through April 30, 2026.

SUMMARY:

PCH Treatment, Inc. will continue to provide residential behavioral health services for the treatment of OCD and anxiety-related issues.

DISCUSSION:

The County of Monterey currently has Agreement No. A-17388 with PCH Treatment, Inc. who provides specialized residential treatment for adults, both male and female, OCD and anxiety-related issues. In addition to supportive housing, PCH Treatment, Inc. individualized treatment plans include Cognitive Therapy, Acceptance and Commitment Therapy (ACT), Exposure and Response Prevention (ERP), and OCD-specific group therapies, supported by medication management when appropriate. Amendment No. 3 adds an additional 28-day cycle of one (1) OCD Treatment at a lower level of care, stepping down to 3 full days per week, with transitional living, as recommended and agreed upon by PCH and Behavioral Health Bureau clinicians.

OTHER AGENCY INVOLVEMENT/COMMITTEE ACTIONS:

The Offices of the County Counsel and Auditor-Controller have reviewed and approved as to legal form and fiscal provisions, respectively.

FINANCING:

This Agreement is funded by Realignment (100%). The funds for this Agreement are included in the Health Department's Behavioral Health (HEA012, Unit 8410) Fiscal Year FY 2025-26 Adopted Budget.

BOARD OF SUPERVISORS STRATEGIC PLAN GOALS:

This Agreement will allow continued access to behavioral health services for all residents within the community, aligning with Strategic Plan Goal of Well-Being and Quality of life.

Mark a check next to the related Board of Supervisors Strategic Plan Goals:

- Well-Being and Quality of Life
- Sustainable Infrastructure for the Present and Future
- Safe and Resilient Communities
- Diverse and Thriving Economy

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Approved By: Elsa Mendoza Jimenez, Director of Health Services, 755-4526

Attachments:

Board Report

Amendment No. 3

Board Order (Renewal and Amendment No. 2)

Renewal and Amendment No. 2

Board Order (Renewal and Amendment No. 1)

Renewal and Amendment No. 1

Board Order (Agreement A-17388)

Agreement A-17388