

*Before the Board of Supervisors  
County of Monterey, State of California*

**Resolution 24- \_\_\_\_\_**

Adopt a Resolution designating ***July as***           )  
***Parks and Recreation Month in the***           )  
***County of Monterey***                                   )

**WHEREAS**, Parks and recreation are an integral and fundamental component to the well-being of communities throughout the country, including in the County of Monterey;

**WHEREAS**, Parks encourage physical activities by providing space for popular sports, hiking trails, and many other recreational venues that promote active lifestyles;

**WHEREAS**, Parks allow area residents to escape to unique outdoor settings, where they can commune with nature and slow down and de-stress from the rigors of modern life, which positively impacts mental health by increasing cognitive performance and well-being as well as alleviating illnesses, such as depression, attention-deficit disorders, and Alzheimer's;

**WHEREAS**, Parks help preserve the natural environment and ecology essential to the viability of area plants and wildlife;

**WHEREAS**, Parks are attributed with improving a community's economic prosperity through increased tourism, improved property values, expansion of the local tax base, attraction and retention of businesses, and crime reduction;

**WHEREAS**, in 2009, the United States House of Representatives designated July as **Parks and Recreation Month**, and the National Recreation and Park Association proclaimed July 21, 2024, as **Park and Recreation Professionals Day**; and

**WHEREAS** the County of Monterey recognizes the great benefits derived from our County Parks and Lakes and recreation resources and extends its thanks to our County Parks and Lakes Professionals who work daily to maintain and preserve these valuable resources.

**NOW, THEREFORE, BE IT RESOLVED THAT** the County of Monterey Board of Supervisors do hereby proclaim the month of July 2024, as ***Parks and Recreation Month in the County of Monterey*** and encourages all its residents to visit and acquaint themselves with our wonderful County Parks and Lakes and reap the benefits that they contribute to our health and quality of life.

**PASSED AND ADOPTED** on this day of June 25, 2024, by roll call vote:

AYES:

NOES:

ABSENT:

(Government Code 54943)

I, Valerie Ralph, Clerk of the Board of Supervisors of the County of Monterey, State of California, hereby certify that the foregoing is a true copy of an original resolution of said Board of Supervisors duly made and entered in the minutes thereof of Minute Book \_\_\_\_ for the meeting on June 25, 2024.

Dated: June 25, 2024,  
File ID: RES 24-  
Agenda Item:

Valerie Ralph, Clerk of the Board of Supervisors  
County of Monterey, State of California

By \_\_\_\_\_,  
Deputy