



County of Monterey

Item No.

Board Report

Board of Supervisors
Chambers
168 W. Alisal St., 1st Floor
Salinas, CA 93901

Legistar File Number: A 26-008

January 13, 2026

Introduced: 12/23/2025

Current Status: Agenda Ready

Version: 1

Matter Type: BoS Agreement

Approve and authorize the Director of Health Services or designee to execute Renewal and Amendment No. 2 to Mental Health Services Agreement A-17388 with PCH Treatment, Inc. for the provision of residential treatment services for treating obsessive compulsive disorder (OCD) and anxiety-related issues, retroactive to January 1, 2026, to extend the term by four months for a new full term of March 25, 2025 through April 30, 2026 and add \$268,000 for continued services, for a revised total Agreement amount not to exceed amount of \$881,000.

RECOMMENDATION:

Approve and authorize the Director of Health Services or designee to execute Renewal and Amendment No. 2 to Mental Health Services Agreement A-17388 with PCH Treatment, Inc. for the provision of residential treatment services for treating obsessive compulsive disorder (OCD) and anxiety-related issues, retroactive to January 1, 2026, to extend the term by four months for a new full term of March 25, 2025 through April 30, 2026 and add \$268,000 for continued services, for a revised total Agreement amount not to exceed amount of \$881,000.

SUMMARY:

PCH Treatment, Inc. will continue to provide residential behavioral health services for the treatment of obsessive compulsive disorder (OCD) and anxiety-related issues.

DISCUSSION:

The County of Monterey currently has Agreement No. A-17388 with PCH Treatment, Inc. who provides specialized residential treatment for adults, both male and female, with obsessive compulsive disorder (OCD) and anxiety-related issues. In addition to supportive housing, PCH Treatment, Inc. individualized treatment plans include Cognitive Therapy, Acceptance and Commitment Therapy (ACT), Exposure and Response Prevention (ERP), and OCD-specific group therapies, supported by medication management when appropriate. The Renewal and Amendment No. 2 adds four (4) OCD Treatment, Room & Board continuation cycles. This Renewal and Amendment No. 2 is retroactive to January 1, 2026 due to the need to extend treatment services for a client currently in the residential program.

This work supports the following County of Monterey Health Department 2025-2028 Strategic Plan Goal(s): 2). Provide Exceptional Person-Centered Care through Accessible, Community-Focused Health Services. It also supports one of the ten essential public health services, specifically: 5) Develop policies and plans that support individual and community health efforts.

OTHER AGENCY INVOLVEMENT/COMMITTEE ACTIONS:

County Counsel and Auditor-Controller have reviewed and approved as to legal form and fiscal provisions respectively.

FINANCING

This Agreement is funded by Realignment (100%). The funds for this Agreement are included in the Health Department's Behavioral Health (HEA012, Unit 8410) Fiscal Year FY 2025-26 Adopted Budget.

BOARD OF SUPERVISORS STRATEGIC PLAN GOALS:

This agreement will allow continued access to behavioral health services for all residents within the community, aligning with Strategic Plan Goal of Well-Being and Quality of life.

Check the related Board of Supervisors Strategic Initiatives:

- X Well-Being and Quality of Life
- Sustainable Infrastructure for the Present and Future
 - Safe and Resilient Communities
 - Diverse and Thriving Economy

Prepared By: Katherine Bonilla, Management Analyst II, 796-1743

Approved By: Elsa Mendoza Jimenez, Director of Health Services, 755-4526

Attachments:

Board Report
Renewal and Amendment No. 2
Renewal and Amendment No. 1
Board Order to Amendment No. 1
Agreement
Board Order to Agreement