



# County of Monterey

## Board Report

Legistar File Number: A 26-008

**Item No.**

Board of Supervisors  
Chambers  
168 W. Alisal St., 1st Floor  
Salinas, CA 93901

January 13, 2026

**Introduced:** 12/23/2025

**Current Status:** Agenda Ready

**Version:** 1

**Matter Type:** BoS Agreement

Approve and authorize the Director of Health Services or designee to execute Renewal and Amendment No. 2 to Mental Health Services Agreement A-17388 with PCH Treatment, Inc. for the provision of residential treatment services for treating obsessive compulsive disorder (OCD) and anxiety-related issues, retroactive to January 1, 2026, to extend the term by four months for a new full term of March 25, 2025 through April 30, 2026 and add \$268,000 for continued services, for a revised total Agreement amount not to exceed amount of \$881,000.

**RECOMMENDATION:**

Approve and authorize the Director of Health Services or designee to execute Renewal and Amendment No. 2 to Mental Health Services Agreement A-17388 with PCH Treatment, Inc. for the provision of residential treatment services for treating obsessive compulsive disorder (OCD) and anxiety-related issues, retroactive to January 1, 2026, to extend the term by four months for a new full term of March 25, 2025 through April 30, 2026 and add \$268,000 for continued services, for a revised total Agreement amount not to exceed amount of \$881,000.

**SUMMARY:**

PCH Treatment, Inc. will continue to provide residential behavioral health services for the treatment of obsessive compulsive disorder (OCD) and anxiety-related issues.

**DISCUSSION:**

The County of Monterey currently has Agreement No. A-17388 with PCH Treatment, Inc. who provides specialized residential treatment for adults, both male and female, with obsessive compulsive disorder (OCD) and anxiety-related issues. In addition to supportive housing, PCH Treatment, Inc. individualized treatment plans include Cognitive Therapy, Acceptance and Commitment Therapy (ACT), Exposure and Response Prevention (ERP), and OCD-specific group therapies, supported by medication management when appropriate. The Renewal and Amendment No. 2 adds four (4) OCD Treatment, Room & Board continuation cycles. This Renewal and Amendment No. 2 is retroactive to January 1, 2026 due to the need to extend treatment services for a client currently in the residential program.

This work supports the following County of Monterey Health Department 2025-2028 Strategic Plan Goal(s): 2). Provide Exceptional Person-Centered Care through Accessible, Community-Focused Health Services. It also supports one of the ten essential public health services, specifically: 5) Develop policies and plans that support individual and community health efforts.

**OTHER AGENCY INVOLVEMENT/COMMITTEE ACTIONS:**

County Counsel and Auditor-Controller have reviewed and approved as to legal form and fiscal provisions respectively.

**FINANCING**

This Agreement is funded by Realignment (100%). The funds for this Agreement are included in the Health Department's Behavioral Health (HEA012, Unit 8410) Fiscal Year FY 2025-26 Adopted Budget.

**BOARD OF SUPERVISORS STRATEGIC PLAN GOALS:**

This agreement will allow continued access to behavioral health services for all residents within the community, aligning with Strategic Plan Goal of Well-Being and Quality of life.

Check the related Board of Supervisors Strategic Initiatives:

X Well-Being and Quality of Life

- Sustainable Infrastructure for the Present and Future
- Safe and Resilient Communities
- Diverse and Thriving Economy

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Approved By: Elsa Mendoza Jimenez, Director of Health Services, 755-4526

Attachments:

- Board Report
- Renewal and Amendment No. 2
- Renewal and Amendment No. 1
- Board Order to Amendment No. 1
- Agreement
- Board Order to Agreement